

most important definitions of physiology



stroke volume	<i>the amount of blood pumped by the heart within one beat .. equals (EDV - ESV)</i>
heart rate	<i>the frequency of heart beating within one minute</i>
cardiac output	<i>the amount of blood pumped by each ventricle one minute (also called minute volume)</i>
cardiac reserve	<i>the difference between the resting cardiac power and the maximum cardiac power</i>
Ejection fraction	<i>the percentage of blood within the chamber that is pumped out with every heart beat</i>
Blood flow rate (BFR)	<i>volume of blood passing through blood vessels in one minute</i>
velocity of blood flow(VBF)	<i>blood flow rate / cross sectional area</i>
critical closing pressure	<i>the intraluminal pressure at which blood flow stops</i>
Active hyperemia (AH)	<i>increase in local blood flow in an active tissue</i>
Reactive hyperemia (RH)	<i>increase in LBF after temporary occlusion of blood supply</i>
Arterial blood pressure (ABP)	<i>the lateral force exerted by moving column of blood on the wall of lateral arteries</i>
systolic blood pressure (SBP)	<i>caused by rapid ejection of blood into aorta</i>
pulse pressure (PP)	<i>difference between SBP and DBP</i>
Mean systemic pressure	<i>average pressure of systemic arteries (93)</i>
Mean circulatory pressure	<i>average pressure of venules and veins (7)</i>
vasomotion (capillary tone)	<i>alteration of opened capillaries (10%) every few secs to few mins</i>

قوانين

$$SV = EDV - ESV$$

$$COP = SV \times HR$$

$$\text{Ejection fraction} = SV/EDV = (EDV - ESV) / EDV$$

Velocity of Bf = BFR / cross sectionnal area

$$PP = SBP - DBP$$

$$MSB = DBP + \frac{1}{3} PP$$

$$Re = 2rvp/\eta$$

$$\text{Compliance} = \Delta V / \Delta P$$

$$F = \text{PRESSURE GRADIENT}/R$$

$$\text{POISEUILLE HAGEN} = 8L\eta / \pi r^4$$

Influencing factor in heart rate

↑ Heart Rate } ↓ Heart Rate

Bainbridge reflex (↑ venous return, ↑ RT atrium p.)

Stimulating of chemoreceptors

Inpiration

Moderate emotions

Skeletal muscles contraction

Moderate painful stimuli

Hypoxia

Co₂ excess

Blood hormones (adrenaline, thyroxine)

Increased blood temperature (1 °C → 10 beats)

Mary's law (↑ arterial blood pressure)

Carotid sinus syndrome (shaving, tight collar)

Coronary chemoreflex (Bezold-Jarisch reflex)

Pulmonary chemo reflex (J receptor reflex)

Severe emotions

Severe painful stimuli

Decreased blood temperature

Quite sleep

Excitability - the ability of heart to respond to adequate stimulus

ARP

- excitability Zero
- Phase 0, 1, 2, $\frac{1}{2}$ 3
- Systole + early diastole
- Significance**:-
- Prevent tetanus and fatigue
- allows time for ventricular fill

RRP

- excitability starts to be restored but still less than normal
- occupy remaining Ph $\frac{3}{2}$ "diastole"

Bathmotropism

- Super normal
- excitability higher than normal can respond to subthreshold stimuli
- Ph 4
- end of diastole
- Vulnerable Period
 - arrhythmia
 - Ventricular fibrillation

chronotropism

- Rhythmicity - the heart beats regularly
- Automaticity - the ability of heart to initiate its own contraction independent of external stimuli
- Myogenic in Origin

Pacemakers

SA node	AV node	Purkinje
highest (90-110)	45/60	25/40
normal Pacemaker	SA blocked	AV block
sinus rhythm	Nodal rhythm	idioventricular

Inotropism

Contractility

The ability of heart to convert electrical energy into mechanical mech. opening of L-type Ca ch.

(in sarcolemma and T tubules) → entry of small amount of Ca → induce release of large amount of Ca (from SR) → bind troponin C → gliding of actin into myosin (Contraction)

Relaxation ★ active reuptake of Ca back to SR (Ca ATPase)
★ Na-Ca (exchanger) Na is restored by NaK pump

The ability of heart to transmit impulses through **Conductivity** **Excitable Conductive System**

SA node

Impulse → Lt Atrium
(anterior inter atrial Pathway)
→ AV node
ant. mid. post. inter nodal pathway

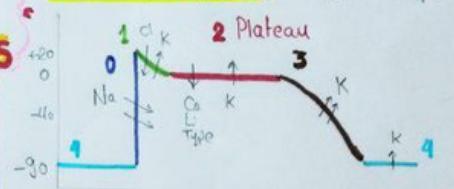
AV node + Bundle Hiss

- Slowest ★ 0.02-0.05 m/s
- due to: ↑ gap ↑ size ↑ RMP
- significance:
★ Prevent Ventricular fibrillation
★ allow atria to empty blood before ventricular contraction

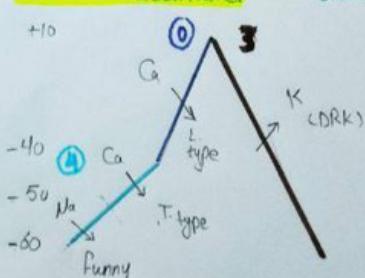
Purkinje

- Fastest ★ 1.5-4 m/s
- due to:
★★ gap Junc
● large fibers

AP of Cardiac ms • Fast response



AP of Pacemaker



Prepotential :-
Spontaneous
Slow
Diastolic depolarization