بسم الله الرحمن الرحيم

Drugs modifying noradrenergic transmission (Part 2) Adrenergic agonists Dr. Mohammad Salem Hareedy 2024

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Pharmacological actions

- > Vasoconstriction
 - **□**Decongestant effect
 - \square Increase blood pressure \rightarrow (baro-reflex) \rightarrow bradycardia.
 - □Decrease intraocular pressure (IOP)

ها الله العالم العقوا buffer

- > Mydriasis of dilutor pupill muscle
- Contract prostate and urinary bladder sphincter can cause urinary retention

Adverse effects of alpha 1 agonists

- 1. Vasoconstriction and elevation of blood pressure.
- 2. Urinary retention .
 - 3. Mydriasis (photophobia and blurred vision)
 - 4. Piloerection (goose pumbs)

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Ly act Localized decorgestion effect

Uses:

- 1. <u>Treatment of hypotension</u> (example: during spinal anesthesia). Used oral or IV.
- 2. To relief <u>nasal decongestant</u>. (oral) or topical preparation are available for treating common cold)
- Rectal suppositories to decrease congestion of <u>hemorrhoids</u>.
- 4. Occular uses:
- It is used as eye <u>decongestant</u>.
- To induce Mydriasis in the eye (for retinal examination or to diagnose Horner syndrome) Symphiles & supplied to the second of the second of the symbol of the second of the symbol of the second of the symbol of
- Injected into the eye to **stop bleeding** during operations in the eye globe.



Recently, the FDA issued a proposed order (مقترح) in November 2024 to remove oral phenylephrine from the list of drugs that drug-makers can include in over-the-counter products (OTC) monograph for the temporary relief of nasal congestion.





- ➤ In the absence of reflex bradycardia (due to a neuronal disease or a drug), a 10-fold lower dose of phenylephrine is required to produce a similar increase in blood pressure than normal individuals.
- Patients who have an impairment of autonomic function (such as diabetic autonomic neuropathy) may have exaggerated increases in heart rate or blood pressure when taking sympathomimetics.

Phenylephrine should be used cautiously in:

Hypertension

2-Hyperthyroidism

3- Raynaud's syndrome (vasoconstrictor disease) of hands

4- Diabetic patients with autonomic neuropathy.

5- Patients receiving MAO inhibitors

6- People with prostate problems.

II- Topical decongestants (zolines)

A- Xylometazoline & Oxymetazoline

☐ They can be topically as

decongestants in the nose.

■Both decrease nasal resistance during inspiration and expiration and 1 the volume of nasal airflow.

☐ xylometazoline had a slightly faster onset than oxymetazoline.

B- Tetrahydrozoline & Naphazoline

Used topically in the eye to relieve

congestion and redness.

■ Naphazoline may be used for nasal congestion.









hypotension wells agist

III- Vasopressor alpha agonists



Methoxamine

It was used I.V. in treatment of hypotension



- It is used <u>orally</u> for treatment of hypotension.
- >It is a pro-drug; the maximal effects need 1 hour after use.

Mephentermine

- Acts directly and indirectly (through releasing NE).
- It was used (IV, IM or orally) for treatment of hypotension and as decongestant.

Psycho-stimulation and misuse limited its use and availability in most countries (including USA), but still available in India

Metaraminol

It was used IV for treatment of <u>hypotension</u> and <u>priapism</u>. Acts <u>indirectly</u> & in higher doses acts <u>directly</u> also (mixed).

Selective \alpha_2-adrenergic agonists

It acts by direct stimulation of Presynaptic a2-receptors and suppressing sympathetic outflow from the brain leading to decrease in the Blood Pressure.

Clonidine may bind to central imidazoline receptors It produces marked sedation.

- It is Used to suppress narcotic and alcohol withdrawal manifestations and help in cessation of smoking.
- ➤ It is used to decrease the doses of general anesthesia and <u>analgesia</u>
- It decreases the incidence of menopausal hot flashes.
- ☐ It is rarely used now for treatment of severe hypertension. However, guanfacine, guanabenz are alpha 2 agonists that are useful in the treatment of hypertension Clonidine=

Side effects:

- 1-Dry mouth (xerostomia) and sedation.
- 2-Sexual dysfunction and bradycardia.
- 3-Sudeen Withdrawal causes hypertensive crisis.

2- α-methyl dopa = a ct as α 2 agonist fratheast types feation during proposing.

Mechanism of action:

It is metabolized in the neurons to α -methyl-dopamine then α -methyl NE which is a potent stimulator to the presynaptic α_2 -receptors in the CNS, so it decreases the sympathetic outflow.

It is preferable in treatment of hypertension during pregnancy (preeclampsia) due to its effectiveness and previously known safety to the mother and the fetus.— So, NI addes e User

- 3-Dexmedetomidine: Prominent sedative effects and used in anesthesia and intensive care units.
- 4- Tizanidine: Used as a muscle relaxant
- 5-Apraclonidine and brimonidine: Used topically in glaucoma to reduce intraocular pressure (Alpha2 agonists increase the outflow of aqueous humor from the eye).

Brimonidine is used to decrease facial redness in Rosacea.

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Mechanism of action:

These drugs have relative specificity for β_2 -receptors, with **little** effect on the heart but this selectivity is lost with large doses.

So, can activate B1

So -stach cardia

Advantages:

- Less stimulant effect on the heart.
- They have good oral bioavailability.
- They have longer duration (They are not substrate for COMT)
- They are given in <u>small doses</u> by <u>inhalation</u> in **aerosol** form, so act mainly on lungs with little systemic adverse effects.
- They are effective in bronchial asthma, and used orally, inhalation or IV in emergencies.
- Salbutamol (albuterol) is used for treatment of bronchial asthma.

Ritodrine has selective action on uterus, It is used as a tocolytic agent (relax the uterus in pregnant females). It can be used to delay or prevent premature delivery.

Side effects of beta2 agonists:

- 1-Tremors (skeletal muscle contains beta 2 receptors), it is the most common side effect. It is not common with inhalation route.
 - 2-Tolerance (desensitization due to receptor down regulation, it occurs with chronic use).
 - 3-Tachycardia may occur due to stimulation of beta 1 receptors in high doses.
 - 4- <u>Hyperglycemia</u>: due to increased glucose production from the liver.
 - 5- Hypokalemia.

The regular use of these drugs for long time may cause **bronchial hyper-reactivity** with <u>failure to control bronchial asthma</u> (it can be avoided through using inhaled corticosteroids with them).

Indirect-acting sympathomimetics

- 1. Amphetamine-like or "displacers." if the drug enters the sympathetic nerve ending and displace stored catecholamine transmitter."
- 2. Reuptake inhibitors (Cocaine –like), they inhibit the reuptake of released transmitter by interfering with the action of the norepinephrine transporter.
- 3. MAO inhibitors and COMT inhibitors

It causes psycho-stimulation of CNS. □ amphetamine enters the CNS and displaces NE and dopamine. □ it has marked stimulant effects on mood (Euphoria) and alertness and a depressant effect on appetite. □ It causes Cardiovascular and respiratory stimulation. □ Amphetamine causes marked CNS stimulation, and addiction.

Uses of amphetamines

- 1- treatment of Narcolepsy: (attacks of sleep occur suddenly).
- 2- Treatment of Obesity as it has anorectic effect (\appetite).
- 3- Treatment of Attention deficit hyperactivity disorder (ADHD).

It occurs in children with excessive motor activity and difficulty in attention.

Now, methamphetamine and dextroamphetamine (derivatives of amphetamine) can be used.

Acute toxicity of amphetamine may cause Death of due to CNS stimulation and convulsions or hypertension.

- -Treatment of acute toxicity: < its basic drug so largerefed in wine
- a) Acidification of urine by NH₄C1 (as amphetamine is a weak base) to increase excretion.
- b) Symptomatic treatment: as the use of sedative, anticonvulsive or antihypertensive drugs.
- (2) Methamphetamine is used for treatment of ADHD; it is widely abused drug (high risk of addiction).

 It causes euphoria and \(\tau\) the ability for mental and physical work.

 It causes teeth loss (Meth mouth)

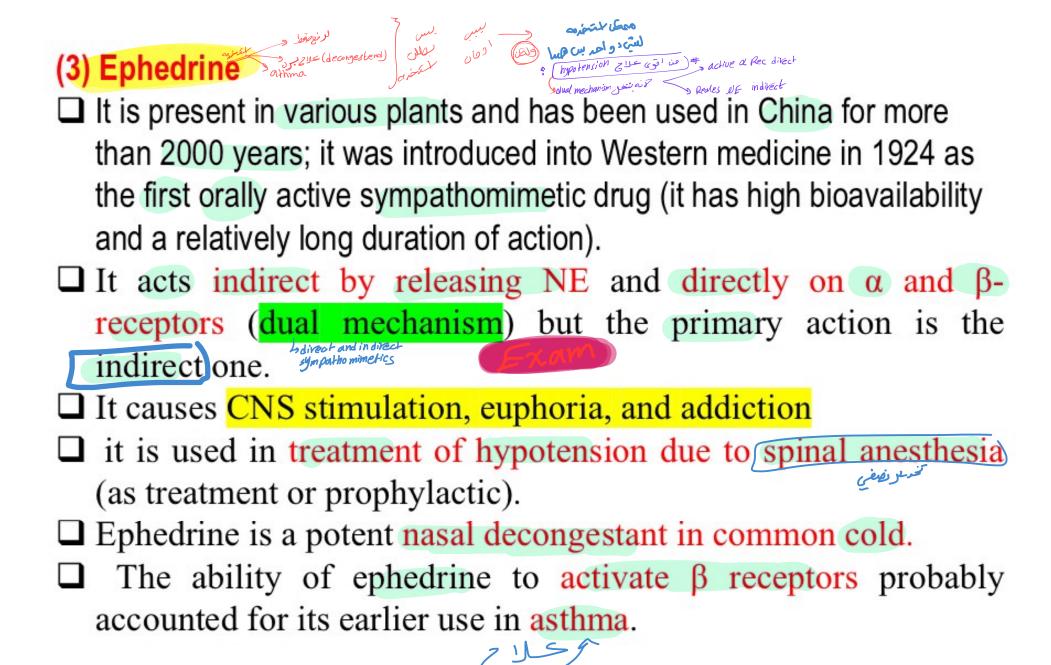
 It causes weight loss (due to anorexia).

 It causes mydriasis (due to increased NE).

 It causes vasoconstriction and may cause arrythmias.

 It causes marked CNS stimulation, agitation and even psychosis.

 Acute toxicity may cause convulsions, cerebral hemorrhage, and even



4) Pseudoephedrine on cross BBB

- Pseudoephedrine acts by releasing NE from nerve terminals and by direct activation of alpha receptors. Dual mechanism
- It can cross to the brain less than amphetamine and CNS stimulation is limited.
- Now, <u>pseudoephedrine</u> is used in treatment of common cold (OTC) instead of ephedrine to avoid addiction.
- Pseudoephedrine has been restricted in some countries due to a potential for use in the illicit synthesis of methamphetamine.

 | Methamphetamine | Methamphe

Phenylephrine is used as an alternative to pseudoephedrine as a decongestant.

Congestal

For Common Cold and Flu

Paracetamol 650 mg, Chlorpheniramine maleate 4 mg
Pseudoephedrine hydrochloride 60 mg

20 Tablets



It is not a drug but presented in fermented foods (as cheese, beer and wine), chicken liver, creams and chocolate.

It is ineffective orally as it is metabolized by MAO A in GIT but if the patient used MAO-inhibitors, then tyramine will be absorbed orally and cause severe increase in the BP (cheese reaction).

Tyramine has no powerful effects on CNS. # MAO inhibitor allows Absorbsion

(6) Cocaine prevent reuptable of NE

MAO Inhibitor allows Absorbsion

Of Tyramine

Tyramin nede Of Jet hypertension [chaese reaction]

- Cocaine is a local anesthetic (block Na channels) and an indirect sympathomimetic (increase the release of NE and inhibits its neuronal reuptake)
- it causes potent CNS stimulation, euphoria, and addiction.
- ➤ It causes increased sympathetic activity (tachycardia, vasoconstriction, hypertension and mydriasis).
- Not used therapeutically due to high risk of addiction.
- Tricyclic antidepressants:

They inhibit its neuronal reuptake of NE (cocaine-like effects).

Foods Containing Tyramine

High	Moderate	Low
Aged cheese	Red wine	Avocados
Aged and fermented meats	White wine	Bananas
	Canned beer	Bouillon
Broad bean pods		Chocolate
Spoiled meats and fish		Fresh cheeses
Soy sauce		Fresh meats
Tap beer		Peanuts
•		Soy milk
Yeast extract		

Side effects and toxicity of indirect sympathomimetics:

- 1- CNS stimulation:, anxiety, insomnia, tremors, convulsions & vomiting (due to stimulation of chemoreceptor trigger zone). thallucinations and suicidal or homicidal tendencies (in high toxic doses).
- angina pectoris. 10 eve bral hemotrage
 - 3- Tachyphylaxis or Rapid tolerance (pharmacodynamic due to depletion of the NE). اهنات العلى المعلى المعل
 - 4- Physical dependence and addiction on prolonged use. Sudden withdrawal occurs if the dug stopped suddenly.
 - 5- The use of MAO inhibitors with these drugs causes high elevation of NE and hypertensive crisis (like cheese reaction).

Tyramine