

Family medicine

Introduction;

4 Skills of family physician

Dm:

Treatment of microalbuminuria: ACE, ARBs

Fasting blood glucose in diabetic :80-130

Post prandial: <180

Dyslipidemia

Patint with risk 12% and with persistent elevation ldl and triglyceride

Treatment?

Write another ASCVD risk enhancing factor

Dyspepsia

Case of burning sensation ...? GERD

TREATMENT: lifestyle modification and PPI

OSTEOPOROSIS

Picture of dowagerS hump

Headache

Case : most severe headache in my life?

Red flags/ when to suspect secondary cause of headache/ when to image a headache

Dizziness

Picture of positive head impulse test ..?

DDx: Peripheral cause mostly (vestibular neuritis)

Fatigue

Case of fatigue with snoring at sleep: obstructive sleep apnea

URTI

Case of bacterial pharyngitis and what is the centor score?



Chest pain

ECG of pericarditis

And write what do you see in ecg

..... Diffuse st elevation and t inversion and

Geriatric

Picture of frailty diagram

HTN

Patient with stage 2 hypertension

Management

Basic labs

Abdominal pain

45 years old female present with sudden abdominal pain at RIF and anorexia.

Differential diagnosis

Adult

NATIONAL GUIDELINES
RECOMMENDATIONS IN JORDAN FOR WOMEN AT NORMAL RISK

YEARS	SELF-BREAST EXAM	CLINICAL BREAST EXAM	MAMMOGRAM
25 - 39	MONTHLY	+1y ANNUALLY	NOT RECOMMENDED
40 +	MONTHLY	+1y ANNUALLY	+1y ANNUALLY



تقريباً مثل نظام هذا السؤال

9. according to the mammogram machine in the picture :

A) age for this test regarding Jordanian guidelines :

■ ... 40

B) mention other 2 screening test for normal conditions:

■ Monthly breast self examination, annual clinical breast examination , US , biopsy