



Tibifibular joints	
	Movements:- no
inferior tibiofibular	Articular parts: <ul style="list-style-type: none"> Fibular notch on lower end of tibia Rough area on medial side of lower part of fibula
	Type: fibrous
middle tibiofibular	the interosseous membrane(tibia & fibula)
superior tibiofibular	Articular parts: <ul style="list-style-type: none"> Fibular facet on lateral condyle of tibia Head of fibula
	variety: plane
	Type: synovial

JOINTS OF THE FOOT	
TALOCALCANEONAVICULAR joint	Articular parts: <ul style="list-style-type: none"> Socket: is formed by <ul style="list-style-type: none"> upper surface of the spring ligament, (which extends from sustentaculum tali to navicular bone it support head of talus) superior surface of the calcaneus sustentaculum tali navicular bone Ball: is formed by the head of the talus
	variety: Ball & socket
	Type: synovial
subtalar joint	Articular parts: <ul style="list-style-type: none"> upper surface of calcaneus lower surface of body of talus
	variety: plane
	Type: synovial
Movements	Everson <ul style="list-style-type: none"> It is done by <ul style="list-style-type: none"> Peroneus tertius Peroneus brevis Peroneus longus Lateral rotation of the foot so the sole looks outwards
	Inversion <ul style="list-style-type: none"> It is done by <ul style="list-style-type: none"> Tibialis posterior Tibialis anterior medial rotation of the foot so the sole looks inwards