



QUIZ

Time

physiology 1

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physiology 1

1. What is the fundamental structural and functional unit of the human body?

- A. Tissue
- B. Organ
- C. Cell
- D. System

Answer: C. Cell

2. Which term describes the maintenance of a stable internal environment despite external changes?

- A. Metabolism
- B. Homeostasis
- C. Adaptation
- D. Equilibrium

Answer: B. Homeostasis

3. Which of the following is NOT an example of a homeostatically regulated factor in the body?

- A. Blood glucose levels
- B. Atmospheric pressure
- C. Body temperature
- D. Blood pressure

Answer: B. Atmospheric pressure

4. Which system is responsible for rapid, short-term responses to changes in the internal or external environment?

- A. Endocrine system
- B. Nervous system
- C. Immune system
- D. Digestive system

Answer: B. Nervous system

5. In a negative feedback loop, which component detects changes in the internal environment?

- A. Effector
- B. Control center
- C. Receptor
- D. Stimulus

Answer: C. Receptor

6. Which of the following is an example of a positive feedback mechanism?

- A. Regulation of blood glucose levels
- B. Regulation of body temperature
- C. Blood clotting
- D. Maintenance of blood pressure

Answer: C. Blood clotting

7. During childbirth, the release of oxytocin to intensify contractions is an example of which type of feedback mechanism?

- A. Negative feedback
- B. Positive feedback
- C. Neutral feedback
- D. Feedforward mechanism

Answer: B. Positive feedback

8. Which component of a feedback system carries out the response to return the variable to the set point?

- A. Receptor
- B. Control center
- C. Effector
- D. Stimulus

Answer: C. Effector

9. The hypothalamus plays a crucial role in regulating body temperature. In this context, what role does it serve in the feedback mechanism?

- A. Sensor
- B. Effector
- C. Control center
- D. Stimulus

Answer: C. Control center

10. If blood glucose levels decrease, which of the following responses would a negative feedback mechanism initiate?

- A. Decrease insulin secretion
- B. Increase insulin secretion
- C. Decrease glucagon secretion
- D. Increase glucose uptake by cells

Answer: A. Decrease insulin secretion