

Third week

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Resting membrane potential (RMP)

RMP: potential difference between the sides of the membrane

= -70 mV in nerves

= -90 mV in muscles

* RMP occurs in excitable tissues (muscles and nerves) more than other tissues

ions distribution		inside	outside	} in polarized state (+ on one side and - in the other side)
Na ⁺		14	140	
K ⁺		140	4	

* the reasons behind the negativity of the inner side:
proteins, phosphate, sulfate

* the reason behind the positivity of the outer side:
Na⁺

Causes:

of RMP

1- selective permeability	93%	-65.1 mV	} these make inside more negative and outside more positive
2- (K- Na) pump	7%	-4.9 mV	

selective permeability:-

* K⁺ go out more than Na⁺ go inside, this is because:

1- concentration gradient for K⁺ is more than Na⁺

2- K⁺ leak channels are more than Na⁺ leak channels

3- Na⁺ channels are guarded by Ca²⁺

4- Na⁺ and K⁺ are covered by a jacket of water, but Na⁺ is thicker.

* negative ions inside remain inside

Action potential

1- Latent period the period between stimulation and starting of Depolarization

2- Depolarization → (-70 → -55): slow depolarization: opening few Na⁺ voltage channels

because of opening Na⁺ channels

- (-55): firing level: opening all Na⁺ voltage channels
- (0): isopotential depolarization: no potential difference between the sides of the membrane
- (0 → +35): reversal of polarity: inside becomes (+) and outside negative

→ -55 → +35 rapid depolarization

** at +35 Na⁺ channels are closed

3- Repolarization: Rapid repolarization is 70% of curve

* rapid depolarization and rapid repolarization are called spike potential

causes: closing Na⁺ channels and increase K⁺ outflow

* maximum K⁺ channels opening occur when Na⁺ channels closing *

at +35

* after potential: slow (30% of curve)

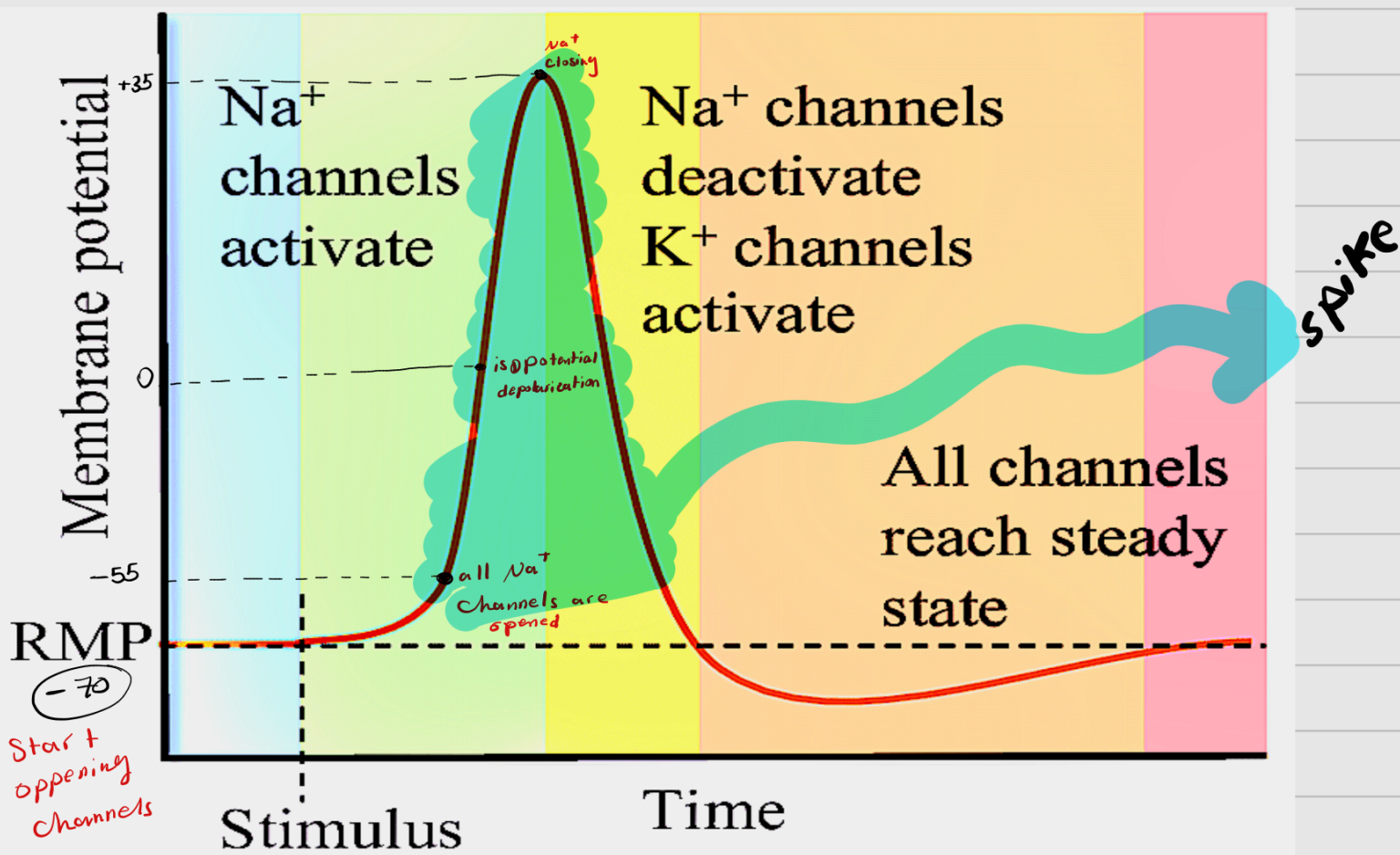
negative after potential

after depolarization: outer surface becomes less positive than in resting because diffusion of K⁺ is decreased due to concentration, electric gradient

positive after potential

after hyperpolarization: outer surface become positive more than in resting because of slow closer of K⁺ channels

RMP re-established again by Na⁺-K⁺ pump



Local Anesthetic

such as lidocaine and procaine

bind to receptor site on Na⁺ voltage channels and block ions movement

So ... Ap is stopped and signals can't reach CNS
 ↪ central nervous system

properties of cardiac muscle

1) Excitability

RMP = -90mV

the outside of the membrane is + due to Na^+ , Ca^{+2}

the inside of the membrane is - due to phosphate, sulfate, protein

AP \rightarrow 5 stages
0 1 2 3 4

- stage 0: ($-90 \rightarrow +20$)

rapid Depolarization: due to rapid influx of Na^+ through Na^+ voltage channels

- stage 1: ($+20 \rightarrow +10$)

initial repolarization: due to inactivating for Na^+ Channels and K^+ efflux

- stage 2: ($+10 \rightarrow 0$) plateau

due to balance between Ca^{+2} influx and K^+ efflux

it makes action potential time longer \rightarrow

it makes long absolute refractory period (ARP)

* importance of ARP:

1- Prevent tetanic contraction

2- Prevent the fatigue

- stage 3: ($0 \rightarrow -90$)

Repolarization: due to stopping Ca^{+2} influx because

the Ca^{+2} channels are closed, and K^+ efflux through

slow voltage K^+ channel

- stage 4: (at -90)

complete repolarization by K^+ efflux

** RMP is restored by Na-K pump

2) Autorhythmicity:

myogenic nerve supply can control rhythmicity

SA node: 90 - 105

AV node: 60 - 90

atrial muscle: 30 - 40

ventricular muscle: 30 - 40

SA node: the peace maker

because of its high rhythmicity

it has the highest rhythmicity due to its rapid recovery from AP

3) Contractility: ability to contract

factors affecting on it -

- All or none: the cardiac muscle contract maximally

or doesn't contract - - this is because the

ventricles act as one and the atrias act as one -

vagal tone: continuous inhibitory effect by vagi on the heart during rest

SA N 105 \Rightarrow 70
vagal tone

2- Frank-Starling law: with limits, this is direct proportion between initial length of fibers and contraction
Limitation & over stretch decrease force

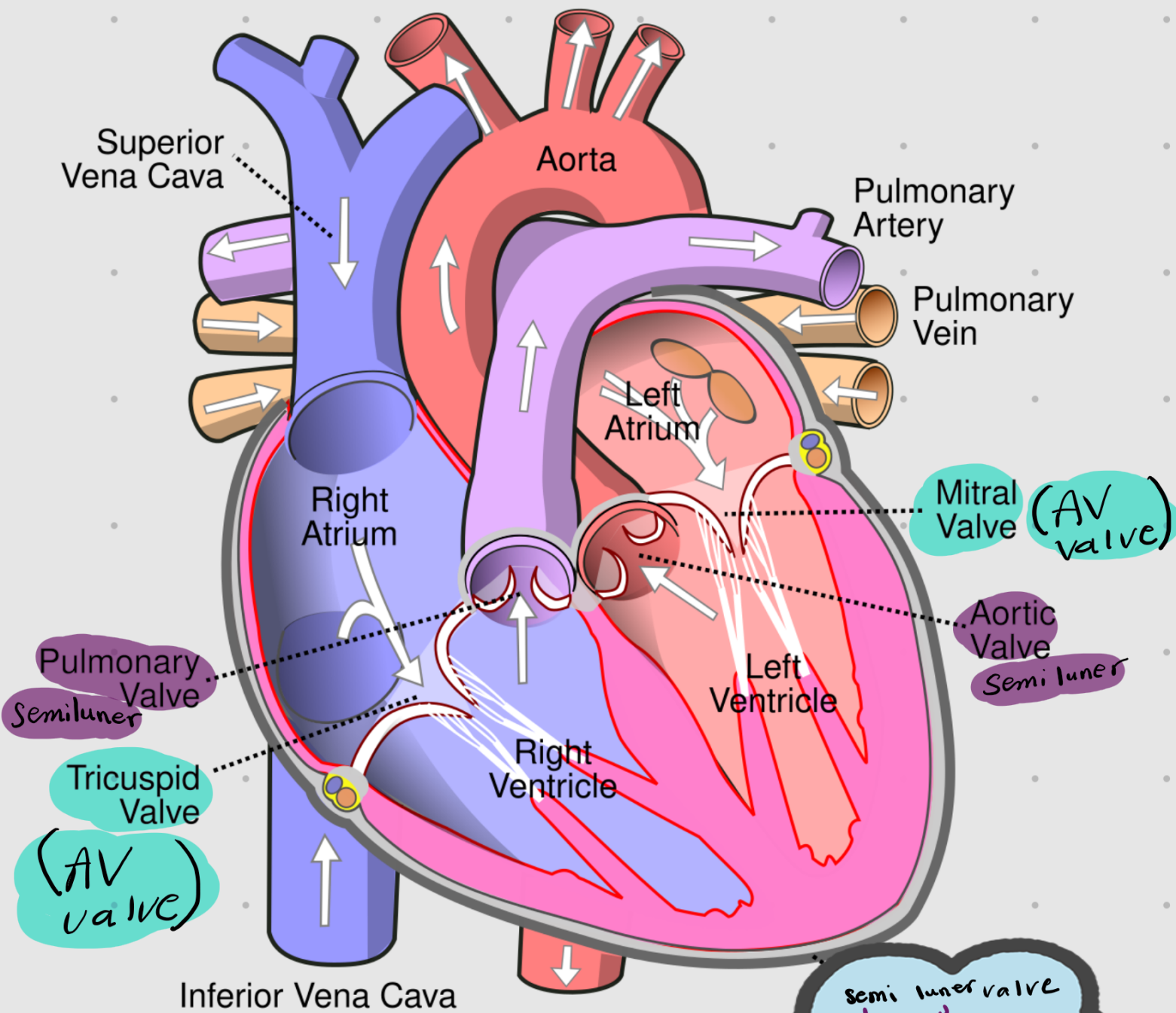
Because of intercalate discs

4) Conductivity: the ability of cardiac muscle

to transmit excitation wave from part to another

SA node \rightarrow AV node \rightarrow AV bundle \rightarrow Purkinje fibers

lecture 9



Semi lunar valve
 ↓ half moon
 AV valve
 ↓ atrium ↓ ventricle

● two atria contract and relax together, two ventricles contract and relax together

● systole = blood flows out (ejection) (contraction)

● diastole = blood flows in (filling) (relaxation)

● ventricular systole + atrial diastole → occur together
 ventricular diastole + atrial systole → occur together

Cardiac cycle (.8 sec)

events from the beginning of one beat to the beginning of the next beat

= events in one beat

Phases

- ventricular systole (atrial diastole)
- ventricular diastole (atrial systole)

* right side of the heart has deoxygenated blood

* left side of the heart has oxygenated blood



* 2 atria → يتغلاوع بوج

2 ventricles → يتغلاوع بوج

عند انقباض atria تنقبض ventricles و العكس صحيح

ventricle contraction = pressure increase (systole) volume increase

1- isometric contraction

1- تفتح كل الأبواب فيتحول ال ventricle إلى حجيرة مغلقة

- valves are closed
- Blood volume is constant (ventricular volume) (لا زاد ولا قل)
- Ventricular pressure increased
- aortic pressure decreased

2- Rapid ejection

ventricles contract maximally

Semilunar valves open

2- تفتح الأبواب التي تفتح الدم إلى الأمام Left → aorta

right → pulmonary

عند فتح الأبواب تفتح كمية كبيرة من الدم **rapid ejection** 70%

- * ventricular pressure greater increased
- * ventricular volume greater decreased
- * semilunar valves open & AV valves closed

3- slow ejection

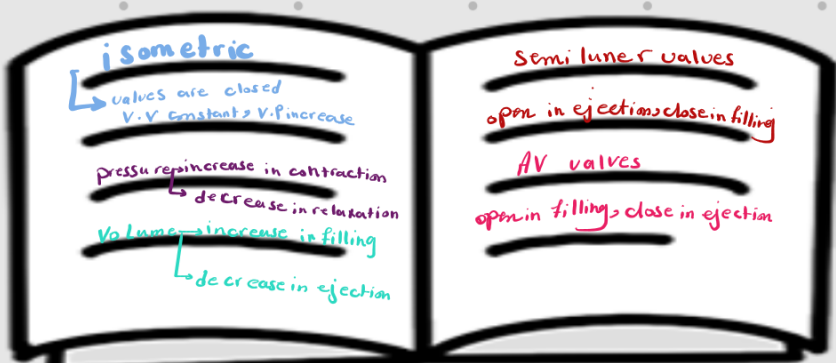
semilunar valve is open

30% وطرحه التي بعد لها (بعد فتح الأبواب بفترة) تكون أضعف **Slow ejection** مقارنته بها فتتغير

بعد لها تغير في اتجاه الأبواب ويبدأ ج استقبال الدم {filling}

(Blood flow with force less than the previous phase)

- * ventricular pressure starts to decrease
- * ventricular volume decreased
- * semilunar valves open & AV valves closed



ventricle relaxation = pressure decrease volume increase

1- isometric relaxation

ventricles relax without change in fibers length

1- تفتح كل الأبواب فيتحول ال ventricle إلى حجيرة مغلقة

- valves are closed
- Blood volume is constant (لا زاد ولا قل)

- Ventricular pressure decreased
- atrial pressure increased

2- Rapid filling

AV valve is open

تفتح AV valve بينما semilunar valve يبقى مغلقة

يحدث rapid filling 60% ثم slow filling 10%

- * atria are relaxed
- * ventricular pressure decreased
- * ventricular volume gradually increased

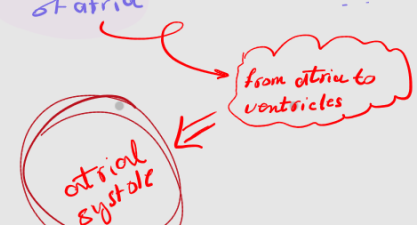
3- slow filling

AV valve is open

- * ventricular pressure greater increased
- * ventricular volume greater increased

4- Atrial systole 30%

انقباض البطين من الدم الذي يتصل به contraction of atria



- * atrial pressure increased
- * ventricular pressure slightly increase
- * ventricular volume increase