

HLS-CM

Archive

Lecture 1-2

Anemia- Thalassemia

Medical card

Name _____

Date of b _____

Gender _____

Address _____

Date of call _____

Anemia occurs at all stages of the life cycle, but is more prevalent in?

- a. School age.
- b. Pregnant women.
- c. Preschool children and pregnant women.
- d. Men (above 15 years).
- e. Non pregnant women.

Answer: c.

Anemia is considered a severe public health problem if?

- a. Prevalence 20% or more.
- b. Incidence 20% or more.
- c. Incidence 40% or more.
- d. Prevalence 40% or more.
- e. Prevalence 50% or more.

Answer: E.

Prevalence of anaemia (%)	Category of public health significance
≤4.9	No public health problem
5.0-19.9	Mild public health problem
20.0-39.9	Moderate public health problem
≥40.0	Severe public health problem

Source: adapted from reference (2)

اعلى من 40 خطر، أقل من 5 ما في مشكلة

الجدول مهم وتكرر عليه أسئلة

One of the following is not helpful in anemia prevention:

- A. Children immunization
- B. Physical exercise
- C. Food fortification
- D. Medical iron tablets
- E. Breast-feeding

Ans: B

Choose the correct answer about iron deficiency anemia prevalence in Jordan:

- A. Accounts for 68% of anemic females in Jordan
- B. Is predominantly moderate in Jordan
- C. Accounts for severe pregnant prevalence of 65%
- D. Accounts for severe male prevalence of 81%
- E. No difference of prevalence among pregnant and non-pregnant women

Ans: A

B mild instead of severe
c-d mild instead of severe
E-ال في pregnant 65.2
non pregnant 57

Prevalence of Anemia in Jordan

prevalence of anaemia to be
4.9% in males,
19.3% in non-pregnant females, and
27.4% in pregnant females.

Anaemia was predominantly mild
males: 81%,
non-pregnant females: 57%, and
pregnant females: 65.2%.

Iron deficiency anaemia (IDA) accounted for
68% of an anemic females and
38% of an anemic male

The Percentage to consider as a moderate health problem :

- A)12%
- B)32.8%
- C)45%

ans: b

anemia as a health problem in Jordan :

- A)moderate
- B)mild
- C)severe
- D)no health problem

ans:b

Incorrect about alpha thalassemia :

- A)hemoglobin not produce alpha protein
- B)The number of gene mutations corresponds to the severity of the condition
- C)more common in southeast asia
- D)two genes mutated Cooley anemia
- E)caused by deletion

ans: d

