

Viral Infections of the Urogenital Tract

Dr. Hala Mahmoud Altarawneh



Outlines

- Definition, Etiology, transmission, clinical features, diagnosis and treatment of :
 - Herpes simplex virus (HSV)
 - Human papilloma virus (HPV)
 - Molluscum contagiosum virus (MCV)

Genital herpes

Genital herpes: Introduction

2types.

• Herpes simplex virus (HSV) infections can be caused by herpes simplex virus type 1 (HSV-1) and herpes simplex virus type 2 (HSV-2).

Epidemiology:

• More than 90% of the world's population over the age of 40 years carries HSV.

Genital herpes: Etiology

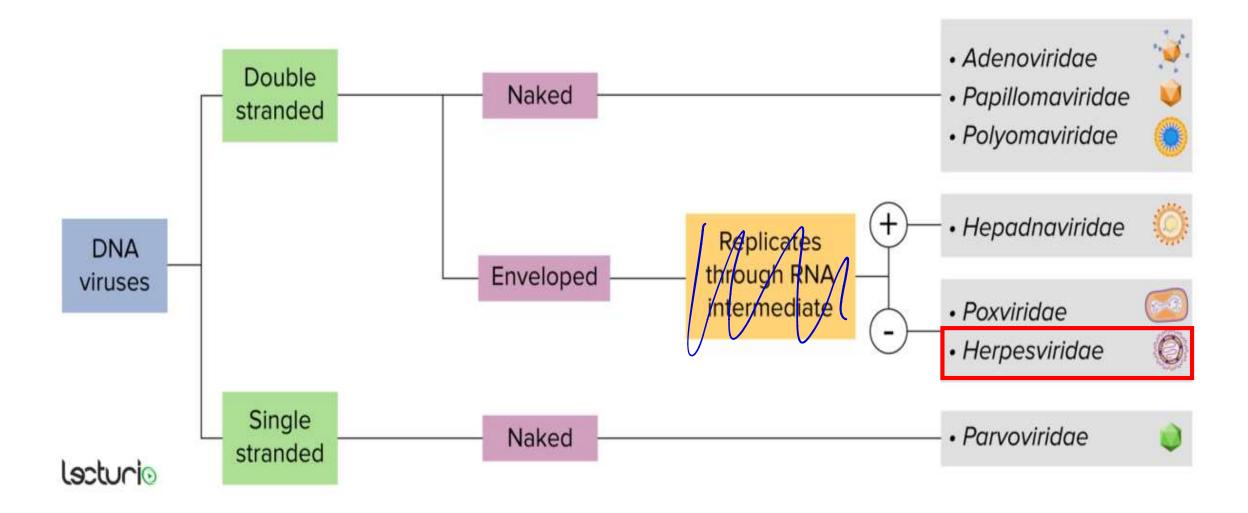
Basic features of herpes simplex virus:

- Family: Herpesviridae
- Double stranded DNA virus
- Envelope and glycoprotein spikes
- Icosahedral nucleocapsid

• Types:

- Herpes simplex virus type 1 (HSV-1), (tropism for oral epithelium)
- Herpes simplex virus type 2 (HSV-2), (tropism for genital epithelium)

Genital herpes: Etiology



Genital herpes: Etiology- Transmission

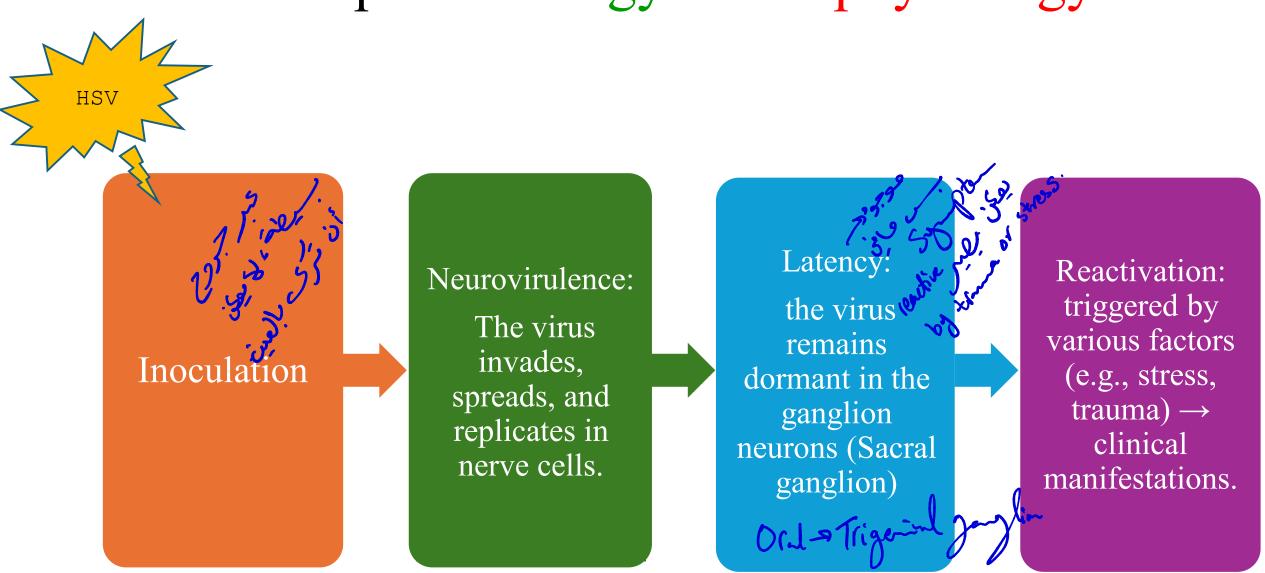
- Direct contact with mucosal tissue or secretions of another infected person
- Infection with HSV-1 usually is acquired in childhood via saliva.
- **HSV-2** is mostly spread through **sexual contact**



Genital herpes: Etiology- Pathophysiology

- 1. Inoculation: The virus enters the body through mucosal surfaces or small dermal lesions.
- 2. Neurovirulence: The virus invades, spreads, and replicates in nerve cells.
- 3. Latency: After primary infection, the virus remains dormant in the ganglion neurons.
 - Trigeminal ganglion: HSV-1
 - Sacral ganglion: HSV-2
- 4. Reactivation: triggered by various factors (e.g., immunodeficiency, stress, trauma) → clinical manifestations

Genital herpes: Etiology-Pathophysiology



Genital herpes: Clinical features

- Affected individuals are often asymptomatic or have mild symptoms but may still be at risk of transmission.
- Primary infection:
- Prodromal symptoms: redness, swelling, tingling, pain, pruritus
 - Genital tract: skin lesions in the anogenital area, cervicitis, white, thick, and/or foul-smelling vaginal discharge
 - Grouped erythematous vesicles that progress to painful ulcers in the anogenital area
 - Associated symptoms: fever, headaches, myalgias, malaise, tender bilateral inguinal lymphadenopathy

Genital herpes: Clinical features

• Recurrent infection:

• Prodromal symptoms (lasting hours to days): pain or tingling in the genitals, legs, buttocks, and/or hips

• Skin lesions are usually unilateral, less painful, and of shorter duration than in

the initial infection.

Genital herpes: Diagnosis and Treatment

- Diagnostics: clinical diagnosis of HSV infection or reactivation.
 - Confirm diagnosis with PCR and/or viral culture in patients with suspected infection or reactivation regardless of symptoms.
- Treatment: Acyclovir
 - Antiviral treatment effect: Decrease in duration and severity of infection, Reduction of viral shedding, However, recurrence

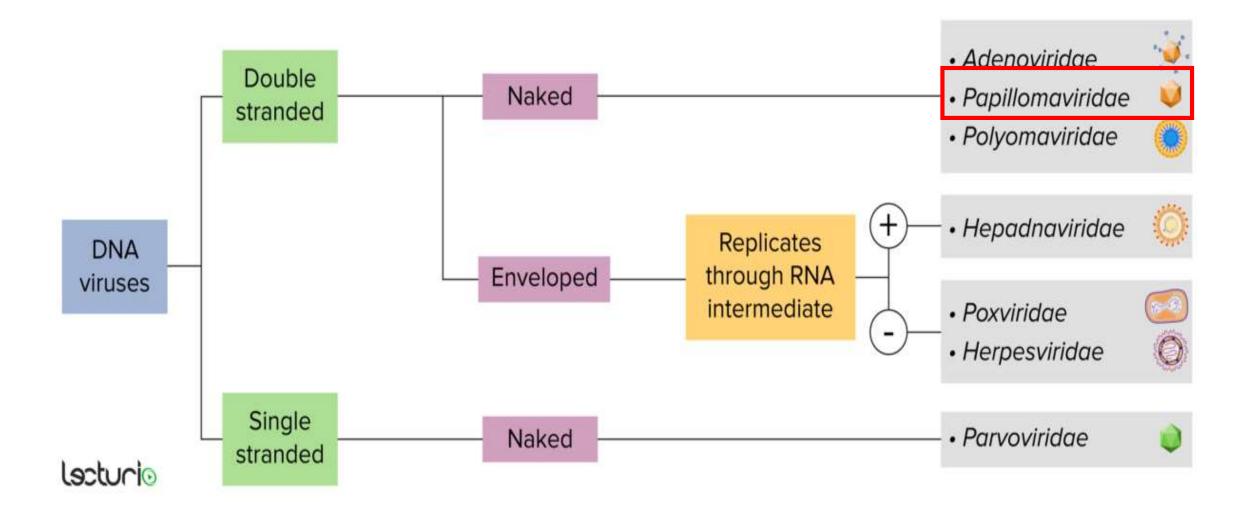
cannot be prevented.

Human papillomavirus infection (HPV)

HPV: Introduction

- The human papillomavirus (HPV) is a nonenveloped DNA virus that **infects** the cutaneous and mucosal epithelium.
- Basic features of human papillomavirus:
 - Family: Papillomaviridae
 - Double stranded DNA virus, Circular genome
 - Structure: Nonenveloped, Icosahedral capsid

HPV: Etiology



HPV: Etiology

• Routes of transmission:

- Direct contact (e.g., sexual activity, autoinoculation)
- Fomites

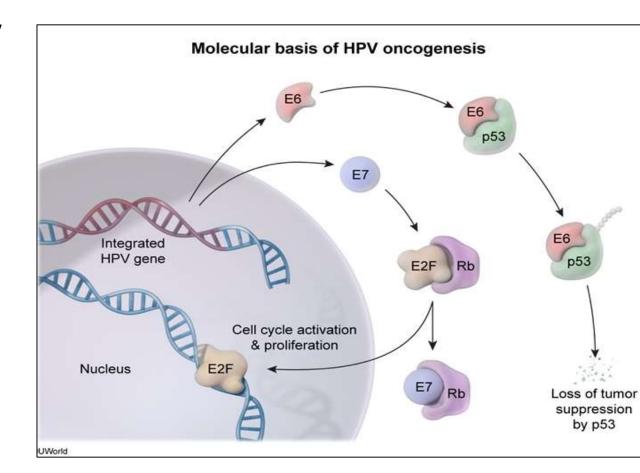
Clinically relevant species

• There are > 200 HPV serotypes, some infect the cutaneous epithelium, and others infect the mucosal epithelium.

HPV: Pathophysiology

- HPV DNA integrate into the host genome and subsequently produce viral proteins E6 and E7
- E6 and E7 interact with cell cycle regulatory proteins p53 and retinoblastoma protein (Rb), respectively
- Without p53, the cell is unable to stop cell growth to repair damaged DNA or trigger apoptosis when DNA is damaged beyond repair
- Similarly, E7 binds Rb promoting unregulated DNA replication.
- The collective effects of E6 and E7 lead to inhibition of cell cycle regulation and evasion of apoptosis, consequently increasing malignant potential.

High risk -integration with host DNA.



Human papillomavirus

- Low-risk HPV types 6 and 11:
 - Anogenital warts (condylomata acuminata)
 - Mild cervical cell abnormalities
 - Tumors of non-genital mucosal membranes (e.g., respiratory tract, oral cavity)
- High-risk HPV types 16, 18, 31, and 33
 - Cervical cancer (responsible for 70% of cases)
 - High risk of anogenital, oral, and oropharyngeal squamous cell carcinoma
- HPV types 1, 2, and 4: cause skin warts, such as common warts and plantar warts

Non-anogenital manifestations: well y le

• Common warts: Lesions are plaques or papules, Skin-coloured or whitish usually firm, often with a rough and scaly surface, located on the elbows, knees, fingers, and/or palms.

• Plantar warts: Rough, hyperkeratotic lesions on the sole of the foot often grow inwardly and cause pain while walking.

• Flat warts: Multiple small, flat patches or plaques localized on the face, hands, and shins.

Non-anogenital manifestations:





HPV: Diagnosis and Treatment

• **Diagnosis:** Cutaneous warts and anogenital warts are usually diagnosed clinically.

• Management:

- There is no cure for HPV infections.
- Most HPV infections in immunocompetent individuals resolve spontaneously within 2 years. will take time.
- Management is based on clinical manifestations of HPV; options include observation, topical pharmacotherapy, cryotherapy, laser therapy, and surgical excision.

HPV: Vaccination

- HPV vaccine: The human papillomavirus 9-valent vaccine protects against HPV types which cause anogenital warts and HPV-related cancers.
- All individuals between 11 and 12 years of age, preferably before first sexual intercourse in USA

Molluscum contagiosum

MCV: Introduction

• Molluscum contagiosum is a common skin infection caused by the molluscum contagiosum virus (MCV).

• Epidemiology:

• Age: most common in childhood (peak incidence < 5 years of age) and early adolescence

MCV: Etiology

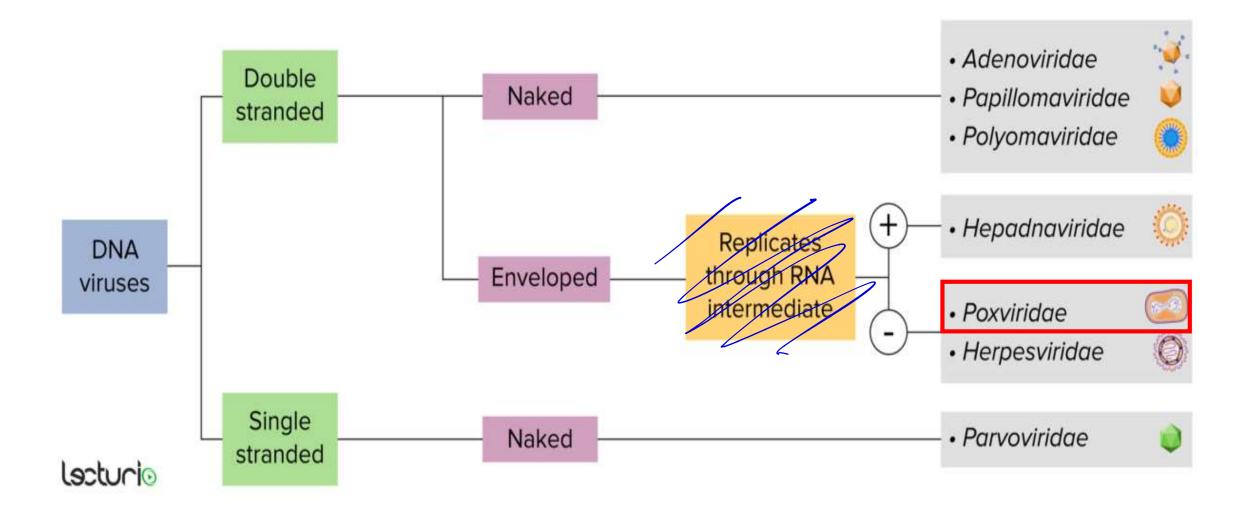
• Pathogen: Molluscum contagiosum virus (MCV) is an enveloped double-stranded, linear, DNA poxvirus.

• Transmission:

- Direct skin contact (e.g., through contact sports, sexual contact)
- Autoinoculation (from scratching, shaving, or touching)
 Fomites (e.g., on bath sponges or towels)

 - Incubation period: typically, 2–7 weeks

MCV: Etiology



MCV: Clinical features

• Appearance:

- Solitary or multiple nontender, skin-colored, pearly, dome-shaped papules with central umbilication
- Usually 2–5 mm in diameter

• Typical distribution:

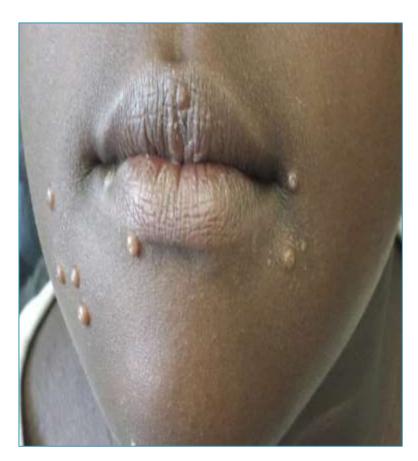
- In children: face, trunk, and extremities
- In adults or in sexually transmitted cases: lower abdomen, groin, genitalia, and proximal thighs



MCV: Clinical features suin Lesions on Children.







MCV: Diagnosis and Treatment

- Diagnosis: Clinical diagnosis is sufficient.
- Treatment:
 - No treatment is necessary for healthy individuals as it is a selflimiting disease. In Iting disease.

 May take long christion to cover, symptoms may recover a little.

 Complete resolution can take up to 1 year.

 - Management for cosmetic reasons or to reduce transmission:
 - Physical destruction: cryotherapy, curettage
 - Topical agents for chemical destruction: topical cantharidin

MCV: Infection control measures

• Measures that can reduce the possibility of spread to others include avoidance of:

Scratching, shaving over, or picking at lesions

• Sharing towels or bed linen

• Skin-to-skin contact (cover lesions during contact sports and swimming)