

# Psychology

---

Archive

Lecture 2

Corrected By :

Ahmad Qawasmi

Edited by :

Sura Qasem

Shaden Almatar



# Psychology

## Lecture 2

1. It's so unfair! My mum doesn't care how much I cry and scream, she won't get me a car. She doesn't even care about me! She hates me!". What defense mechanism does this demonstrate:

Select one:

- A. Rationalization
- B. Reaction formation
- C. Regression
- D. Repression
- E. Denial

Ans: C

2. Samira decides to go out and party the whole week before her midterm instead of study. She fails her midterm, and tells her parents that she ailed it due to being sick and not getting enough sleep. This is an example of what defense mechanism:

Select one:

- A. Rationalization
- B. Denial
- C. Repression
- D. Reaction Formation
- E. Regression

Ans: A

3. The way she spoke to me was completely unacceptable, but she's going through a tough time at the moment. I'd react the same way if my mother had just died." What defense mechanism am I expressing: Select one

- A. Regression
- B. Repression
- C. Displacement.
- D. Identification
- E. Reaction formation

Ans: D

4. Which of the following is an example of repression: Select one:

- A. stopping yourself from behaving the way you want to
- B. suppressing bad memories or current thoughts that cause anxiety
- C. suppressing your natural instincts
- D. stopping others from behaving inappropriately
- E. none of provided answers

Ans: B

# Psychology

## Lecture 2

5. Ali is a shop owner and a thief. He automatically accuses anyone who looks suspicious in his store of stealing. This is an example of what defense mechanism: Select one:

- A. Repression
- B. Reaction Formation
- C. Denial
- D. Projection
- E. Rationalization

Ans: D

6. A runner trains twice as hard after suffering from a big loss

- A. Compensation
- B. Denial
- C. Sublimation
- D. Projection
- E. Repression

Ans: C

7. super-ego:

- A. To live in perfection
- B. To live according to reality
- C. Basis of defense mechanisms

Ans: A

8. A nurse was fired from work, so she blamed her co-workers, this defense mechanism is:

- A. Rationalization
- B. Denial
- C. Displacement
- D. Projection
- E. Sublimation

Ans: C

# Psychology

## Lecture 2

9. Hassan drinks alcohol alot, so his friends alert him about that. However, he says that he has no problem of drinking:

- A. Rationalization
- B. Projection
- C. Displacement
- D. Reaction Formation
- E. Denial

Ans: E

10. Bakri took 10 minutes to recall something what's the mental operation?

- A. Ego
- B. Superego
- C. Preconscious
- D. Conscious
- E. Unconscious

Ans: C

11. Instead of taking out his anger on others, Nathan, when he gets really angry, plays the saxophone. This is an example of what defense mechanism?

- A. Repression
- B. Sublimation
- C. Denial
- D. Reaction Formation
- E. Projection

Ans: B

12. Betty is angry with Matt, but eventually she becomes friends and is nice to him. This is an example of what defense mechanism?

- A. Reaction Formation
- B. Denial
- C. Rationalization
- D. Sublimation

Ans: A

# Psychology

## Lecture 2

13. Bad things happened to me in my past, but I've unconsciously buried them deep in my mind." What defence mechanism am I demonstrating?

- A. Repression
- B. Identification
- C. Projection
- D. Denial

Ans: A

14. In psychoanalytic theory, \_\_\_\_\_ is the defense mechanism that involves expressing feelings toward a person who is less threatening than the person who is the true target.

- A. Regression
- B. Rationalization
- C. Projection
- D. Displacement

Ans:D

15. Tom was very angry with his boss, knowing he can't address it with him, he comes home and kicks the dog, defense mechanism being used is :

- A. Projection
- B. Sublimation
- C. Displacement
- D. Denial
- E. Reaction formation

Ans: C

16. Sara knows she drinks a lot but she denies it has negative effects on her and says she can stop whenever she wants, defense mechanism she's using :

- A. Rationalization
- B. Denial
- C. Projection
- D. Suppression
- E. Displacement

Ans: B

# Psychology

## Lecture 2

17. Freud's pleasure principle is related to:

- A. Ego
- B. Superego
- C. Conscious
- D. Preconscious
- E. Id

Ans: E

18. Tom has a strong attraction to his colleague but is aware that acting upon these feelings is inappropriate, so he channels this energy into working out in the gym. The defense mechanism he's using :

- A. Displacement
- B. Suppression
- C. Projection
- D. Denial
- E. Sublimation

Ans: E

19. After experiencing a traumatic event, Jessica can't recall what happened and insists that nothing significant actually happened, what defense mechanism is she demonstrating?

- A. Repression
- B. Projection
- C. Suppression
- D. Rationalization

Ans: A

20. The transfer of feeling from one target to another less threatening or neutral:

- A. Projection
- B. Displacement
- C. Rationalization
- D. Sublimation
- E. Denial

Ans: B

# Psychology

## Lecture 2

21) A girl was upset with her friend because she did not invite her to a party, but when she met her, she showed her kindness and love.

what the defense mechanism ?

- A. Intellectualization
- B. Reaction Formation
- C. Fantasy
- D. Compensation
- E. Isolation

Ans: B

22) Response to stress by retreating to an earlier level .

- A. Regression
- B. Repression
- C. Projection
- D. Rationalization
- E. Denial

Ans: A

23) A girl failed the exam and told her friends that she did not study seriously and that the exam was very difficult even if she studied seriously.

What the defense mechanism?

- A. Denial
- B. Displacement
- C. Projection
- D. Rationalization
- E. Repression

Ans: D

24) An accident victim cannot remember anything about the accident. This defense mechanism is:

- A. Denial
- B. Suppression
- C. Repression
- D. Reaction Formation
- E. Regression

Ans: C

# Psychology

## Lecture 2

25) A person was fired from his job and then sat at home and imagined himself as a famous and respected person, What the defense mechanism?

- A. Fantasy
- B. Intellectualization
- C. Reaction Formation
- D. Conversion
- E. Undoing

Ans: A

26) Which part of Freud's personality structure is responsible for morals and conscience?

- A. Id
- B. Ego
- C. Superego
- D. None of the above

Ans: C

27) In therapy, a man accuses his spouse of being unfaithful, it was later found out that he was the one being unfaithful, the defense mechanism likely used:

- A. Denial
- B. Sublimation
- C. Projection
- D. Displacement
- E. Rationalization

Ans: C

28) a man gets news that he's terminally ill, he starts discussing treatment options and speaking in technical terms instead of showing an emotional response, what defense mechanism is he using :

- A. Denial
- B. Reaction Formation
- C. Repression
- D. Intellectualization
- E. Displacement

Ans: D

# Psychology

## Lecture 2

29) What defense mechanism is a person using if they recount the details of a traumatic car accident in a detached manner, separating the emotions from the event?

- A. Isolation
- B. Suppression
- C. Projection
- D. Undoing
- E. Identification

Ans: A

