

# Psychology

---

Archive

Lecture 10

Medical card .

Name \_\_\_\_\_

Date of b

Gender \_\_\_\_\_

Address \_\_\_\_\_

Date of call \_\_\_\_\_

Corrected by :

Razan fawwaz

Edited by :



1-n the DSM-IV-TR diagnostic criteria for anorexia nervosa, which of the following is considered to be a risk factor:

- a) Disturbance in the way in which one's body weight or shape is experienced
- b) Undue influence of body weight or shape on self-evaluation
- c) Denial of the seriousness of the current low body weight
- d) All of the above

Answer D

2- Which of the following is a prominent characteristic of individuals with eating disorders

- a) High self esteem
- b) Low self esteem
- c) High levels of responsibility
- d) Narcissism

Answer B

3-n Bulimia nervosa, the nonpurging sub-type, a behavior which is used to compensate for bingeing is :

- a Exercise
- b. Controlling intake of certain food types
- c. Withdrawing from social interaction.
- d. Controlling carbohydrate intake.

Answer A

# Psychology

## Lecture 10

4- Which of the following is a diagnostic criterion for anorexia nervosa:

- a A refusal to maintain a minimal body weight
- b A pathological fear of gaining weight
- c A distorted body image in which, even when severely emaciated, sufferers continue to insist they are overweight
- d All of the above.

Answer D

5. Which of the following is not considered a diagnostic feature of

Anorexia Nervosa

- a Depressive symptoms
- b Significant Weight Loss
- c Body Image Distortion.
- d Fear of becoming fat.

Answer A

6- In Restricted Type anorexia nervosa, self starvation is NOT associated with which of the following?

- a Concurrent purging
- b. Socializing.
- c. Body dysmorphic issues.
- d Eating only certain food types.

Answer A

7-Which of the following is not considered a diagnostic feature of

Anorexia Nervosa.

- a Depreive symptoms
- b. Significant Weight Los
- c Body Image Distortion
- d Fear of becoming fat
- e Poor school performance

Answer E

8-The doctor is obtaining a history from a 16-year-old girl Which of the following might indicate that the client has symptoms of bulimia?

- a Binge eating and self-induced vomiting
- b Severe weight loss due to metabolic dysfunction
- c.Hypertension and hypergycaemia
- d Diaphoresis and vasodilatation
- e None of provided answer

Answer A

# Psychology

## Lecture 10

9-Which of the following is a characteristic of bulimia nervosa?

- a Vomiting, laxatives, or diuretics are used to lose weight.
- b. There are repeated attempts to lose weight by severe dieting
- c.It occurs equally in males and females
- d It is an adolescent growth phase that a few women go through and later disappears
- None of provided answer

Answer A

10-Samia has been diagnosed with bulimia nervosa. Based on the physical symptoms listed in your lecture, you should expect that Samia will show evidence of.

- a amenorrhea and low blood pressure
- b. erosion of dental enamel and heart problems
- c cardiac arrhythmias and osteoporosis
- d dental problems and elevated blood pressure
- e All of the provided answer

Answer B

1-14 year-old girl is being evaluated for anorexia nervosa Which of the following would indicate to the doctor that the teenager displays symptoms of anorexia nervosa?

- a She has episodes of overeating and excessive weight gain
- b. She expresses a positive body image.
- c She has had severe weight loss due to self-imposed dieting
- d She refuses to discuss food
- e. None of provided answer

Answer C

12-Of the following, which is the most accurate statement regarding eating disorders?

- a. Bulimia nervosa is a more life-threatening condition than anorexia nervosa
- b. Both bulimia nervosa and anorexia nervosa lead to death in 2-10% of patients
- c Anorexia nervosa is a more life-threatening condition than bulimia nervosa
- e While bulimia nervosa and anorexia nervosa are both serious conditions, neither is a life-threatening condition.
- d None of provided answer

Answer C

13-Gorging on food and then vomiting or taking laxatives to avoid gaining weight is called.

- a behavioural dieting
- b.fad dieting
- c purging
- d bulimia nervosa.
- e. anorexia nervosa

Answer C

purging type associated with bulimia nervosa

13-The "fear of becoming fat observed in patients with Anorexia Nervosa is best understood as.

- a. Paranoid delusion
- b. Somatic delusion
- c. Overvalued idea
- d. Obsessive idea
- e. Delusion of persecution

**Answer C**

14-Group therapy can be advantageous when an individual

- a. May need comfort and support from others.
- b. May acquire therapeutic benefit from observing and watching others.
- c. May need to work out their problem: in the presence of others (eg in the case of emotional problems relating to relationships, feelings of isolation, loneliness and rejection)
- d. May have financial issues
- e. All of the provided answers

**Answer E**

15- Family therapy is generally used to.

- a. Improve communications between members of the family.
- b. Resolve specific conflicts-for example between adolescents and their parents
- c. Attempts to understand the family as a social system.
- d. All of the provided answers
- e. Used to help treat an individual's problem that is affecting the entire family, such as an addiction and depression

**Answer D**

Which of the following symptoms is NOT characteristic of Body Dysmorphic Disorder (BDD)?

- a) Deformed body image
- b) Buying a lot of cosmetics
- c) Repeated weight measurement
- d) Avoiding social situations

Answer: d

In the restricting type of anorexia nervosa, self-starvation is NOT associated with which of the following?

- a) Concurrent purging
- b) Socializing
- c) Body dysmorphic concerns
- d) Eating only certain food types

Answer: a

# Psychology

## Lecture 10

What is the main difference between the purging type and the non-purging type of eating disorders?

- a) Purging type involves excessive exercise, while non-purging type involves fasting.
- b) Purging type includes the use of laxatives, diuretics, or self-induced vomiting, while non-purging type does not.
- c) Purging type is associated with weight gain, while non-purging type is not.
- d) Purging type has no body image disturbance, while non-purging type does.

Answer: b

اللهم إِنَّا نَسْأَلُكَ فَهْمَ النَّبِيِّينَ، وَحِفْظَ الْمُرْسَلِينَ وَالْمَلَائِكَةَ الْمُقَرَّبِينَ، اللَّهُمَّ اجْعَلْ أَسْنَتَنَا عَامِرَةً  
بِذِكْرِكَ، وَقُلُوبَنَا بِخَشْيَتِكَ، وَأَسْرَارَنَا بِطَاعَتِكَ، إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، وَحَسْبُنَا اللَّهُ وَنَعْمَ الْوَكِيلُ  
تَوَكَّلُوا عَلَى رَبِّنَا وَإِنْ شَاءَ اللَّهُ رَبَّنَا مَا بُضِعَ لَكُمْ تَعَبٌ ②②