

Archive

Head & Neck exam



DONE BY :

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1) A patient presents with a painless midline neck swelling that moves upward when he protrudes his tongue. What is the most likely diagnosis?

- A. Thyroid nodule
- B. Branchial cleft cyst-
- C. Dermoid cyst
- D. Thyroglossal duct cyst
- E. Lymph node



Answer: D. Thyroglossal duct cyst

2) Based on the previous diagnosis, at which anatomical level is this swelling most commonly located?

- A. Mandible
- B. Sternum
- C. Hyoid
- D. Cricoid
- E. Thyroid cartilage

Answer: C. Hyoid

3) Given the same condition mentioned earlier, how would you describe the surface of the lump on palpation

- A. Smooth
- B. Rough
- C. Butterfly
- D. Nodular
- E. Impossible to find

Answer: A. Smooth

4) During inspection of the anterior neck, what should the patient be asked to do?

- A. Slight flexion of the neck
- B. Slight extension of the neck-
- C. Ask him to elevate arms

Answer: b. Slight extension of the neck

5) What is the best method to examine for a retrosternal goiter?

- A. Tracheal deviation
- B. Percussion over the sternum
- C. Examine from behind
- D. Listen for bruits

Answer: B. Percussion over the sternum

6) All of the following are part of the neck examination EXCEPT:

- A. Uncover abdomen
- B. Neck from behind
- C. Hand tremor-
- D. Pulsation

Answer: A. Uncover abdomen

7) A 36-year-old woman presents with complaints of weight loss despite increased appetite, tremor, and heat intolerance. On inspection, her eyes show prominent protrusion of the eyeballs (proptosis). What is the most likely diagnosis?

- A. Hashimoto's thyroiditis
- B. Toxic multinodular goiter
- C. De Quervain thyroiditis
- D. silent thyroiditis
- E. Graves' disease with exophthalmos

Answer: E. Graves' disease with exophthalmos

8) Which of the following is a typical feature of cystic hygroma?

- A. Found in the anterior triangle of the neck
- B. Typically occurs in adults only
- C. Appears solid and non-translucent
- D. Causes overlying skin redness
- E. Brilliantly translucent

Answer: E

9) A patient presents with a cold, fluctuant swelling in the lower neck region. The swelling is painless and has developed gradually. What is the most likely diagnosis caused by acid-fast bacteria?

- A) Thyroglossal cyst
- B) Cystic hygroma
- C) Branchial cyst
- D) Collar stud abscess
- E) Submandibular sialadenitis

Answer: D) Collar stud abscess

10) False about carotid body tumor?

- .A) It is highly vascular
- B) Moves side to side but not up and down
- .C) Mass is fluctuant
- D) Located at carotid bifurcation
- .E) May be associated with pulsation

Answer: C