

# Oral Microbiology

## Lecture 19

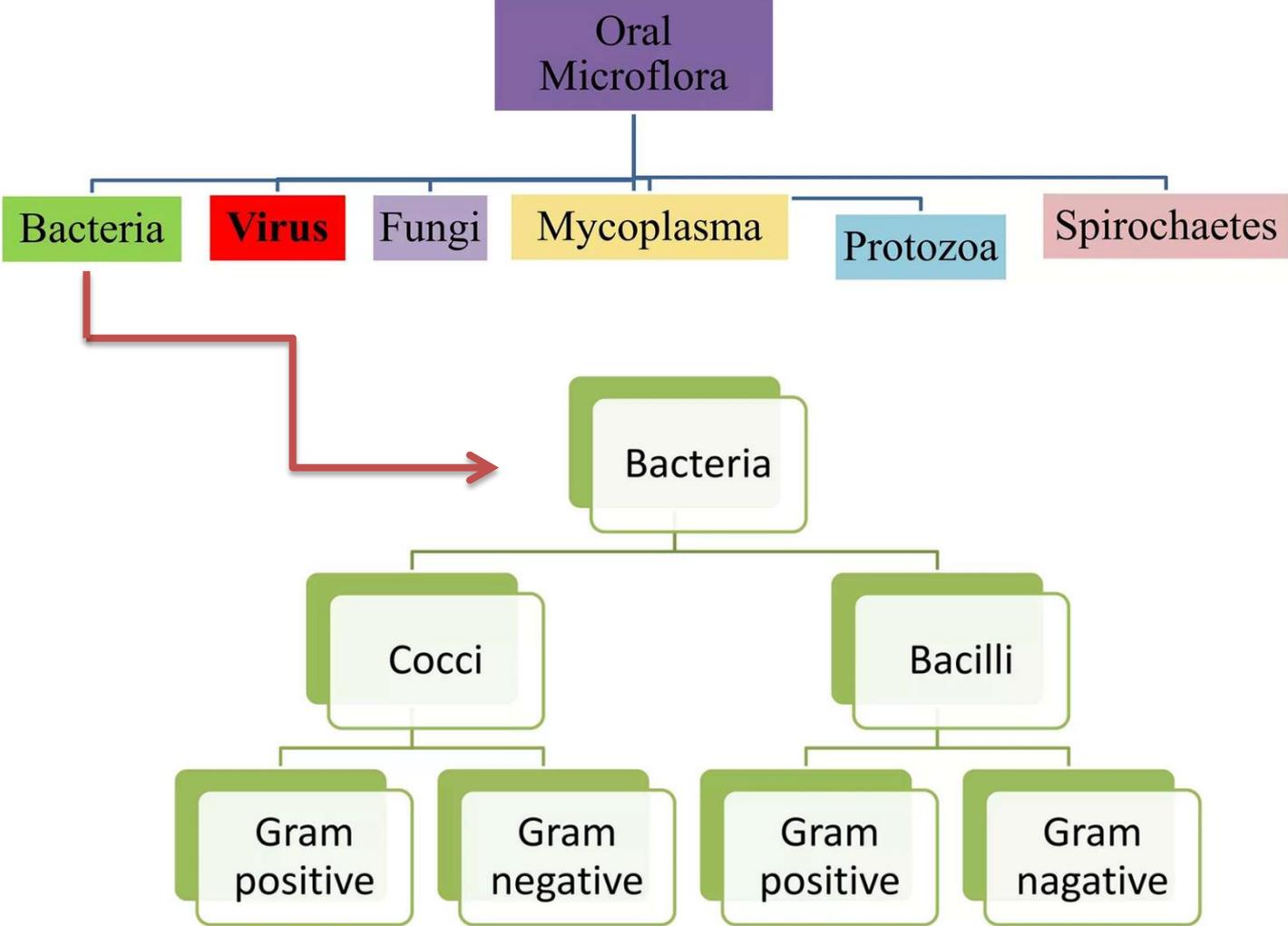
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# The properties of oral microbiota

## Gram-positive cocci

### 1. *Streptococcus*

#### Characteristics:

- Isolated from all sites in the mouth.
- A large proportion of the resident cultivable oral microbiota.
- In general, Alpha-haemolytic (partial haemolysis).
- **Streptococci** can be distinguished from **staphylococci** and **micrococci** by lacking the **enzyme catalase**

*Streptococcus* groups. *Mutans, Salivarius, Anginosus, Mitis*

# *S. mutans*

- Isolated from carious human teeth.
- **Nine serotypes** have been recognised (a-h, and k)( *S. mutans*, *S. sobrinus*, *S. cricetus*).
- Recovered from teeth or dentures.
- Opportunistic pathogens, being isolated from cases of infective endocarditis.
- Isolated from dental plaque at carious sites, but their prevalence is low on sound enamel.
- The main causative organisms in the enamel and root surface caries.
- Some people harbor more than one species of mutans streptococci in their mouth.



- The antigenic structure of mutans streptococci has been studied in detail. ???
- For the development of a prospective caries vaccine.
- **Antigens:** carbohydrate antigens, lipoteichoic acid, lipoproteins and cell wall or cell wall-associated proteins.
- A major **adhesin** protein involved in the initial adherence of *S. mutans* to the tooth surface are **antigen I/II** (also termed **antigen B, Spap or Pac**) target for vaccine.

## Why is *Streptococcus mutans* are cariogenic?

- ✓ Make extracellular soluble and insoluble polysaccharides (**glucan**, **mutan** and **fructan**) from sucrose that are associated with dental plaque maturation and cariogenicity.
- \* Glucosyltransferases
- \* Fructosyltransferases
- glucans and fructans are produced by glucosyltransferases and fructosyltransferases, respectively.
- Mutan is a highly insoluble glucan that is only produced by mutans streptococci.
- These polymers contribute to the characteristic colonial morphology of mutans streptococci when growing on sucrose-containing agar plates. (**Raised colonies**)

- Synthesize intracellular polysaccharides when there is excess sugar act as carbohydrate reserves.
- Scavenge dietary sugars very efficiently and rapidly convert them to acidic fermentation products (**mainly lactate**).
- Grow and survive under the acidic conditions they generate.
- Can communicate with other mutans streptococci by the release of diffusible signaling molecules that can induce genetic competence acid tolerance.

## *Salivarius* group

- Comprises *S. salivarius* and *S. vestibularis*.
- Commonly isolated from most areas of the mouth.
- Colonize mucosal surfaces, especially the tongue.
- Produces large quantities of an unusual extracellular **fructan** from sucrose.
- *Streptococcus salivarius* also produces extracellular soluble and insoluble glucans from sucrose;
- Some strains have **urease** activity. Generate **alkaline** condition
- Is not considered a significant opportunistic pathogen.

# *Streptococcus vestibular*

- Isolated mainly from the **vestibular** mucosa of the human mouth.
- **Do not** produce extracellular polysaccharides.
- Produce a **urease** (ammonia and hence raise the local pH).
- Produce **hydrogen peroxide** -- sialoperoxidase system (inhibit the growth of competing bacteria)

# Anginosus group

- *Streptococcus constellatus*, *S. intermedius*, *S. anginosus*
- Readily isolated from dental plaque and from mucosal surfaces.
- Causes of serous, purulent disease in humans, including maxillofacial infections.
- Produce a cytotoxin, **intermedilysin**, which may also interfere with **neutrophil** function and enable the cell to evade the host defenses during abscess formation.
- Does not make extracellular polysaccharides from sucrose.

# Mitis group

- *Streptococcus sanguinis* and *S. gordonii* :
- Early colonizers of the tooth surface,
- Both produce extracellular soluble and insoluble **glucans** from sucrose.
- Contribute to biofilm formation.
- *S. sanguinis* produces a **protease** that can cleave **IgA** (IgA protease)

- *S. gordonii* can bind salivary **a-amylase (ptyalin)** enabling these organisms to breakdown starch.
- **Amylase-binding** may also **mask** bacterial antigens and allow these bacteria to avoid recognition by the host defenses.
- *S. mitis* and *S. oralis* are able to take up **extracellular DNA**.
- This process is facilitated in biofilms like dental plaque.
- Members of the mitis group are opportunistic pathogens, particularly in infective endocarditis.

# GRAM-POSITIVE RODS AND FILAMENTS

- *Actinomyces*.
- *Eubacterium* AND RELATED GENERA.
- *Lactobacillus*.

# *Actinomyces*

- Form a major portion of the microbiota of dental plaque
- Gingival crevice
- Associated with root surface caries,
- Numbers increase during gingivitis
- Short rods, filamentous, fimbriated
- Most common Gram-positive bacillus in plaque is *Actinomyces naeslundii*,

- Produce an extracellular slime and a **fructan** from sucrose.
- **Levan-like structure monosaccharide** sugar, made up from fructose.
- Enzymes that can hydrolyse fructans.
- Produce **urease** (this enzyme may have a role in modulating pH in plaque).
- **Neuraminidase** (can modify receptors in the enamel acquired pellicle).

• Two types of fimbriae can be found on the surface, function:

1. cell-to-cell contact (coaggregation)
2. cell-to-surface interaction.

- Can cause disease called **actinomycosis** by the opportunistic *Actinomyces israelii*.
- Form granules aid in dissemination into the body.



## *Eubacterium* and related genera

- Obligately anaerobic.
- Filamentous.
- **Asaccharolytic.**
- comprise over 50% of the anaerobic microbiota of periodontal pockets and are common in **dentoalveolar abscesses**.
- Species were recovered from infected root canals.
- Some species were recovered from periodontal pocket



# *Lactobacillus*

- Commonly isolated from dental plaque and the tongue.
- Usually comprise less than 1% of the total cultivable microbiota in the healthy mouth.
- Highly **acidogenic** and **acid tolerant**.
- Proportions and prevalence increase in advanced enamel and root surface caries lesions.
- Producing either **lactate**, or **lactate and acetate** from glucose.
- *L. casei*, *L. rhamnosus*, *L. fermentum*, *L. acidophilus*, *L. salivarius*, *L. plantarum*, *L. paracasei*, *L. gasseri* and *L. oris*.
- **Oral probiotic**

# GRAM-NEGATIVE COCCI

## 1) *Neisseria*.

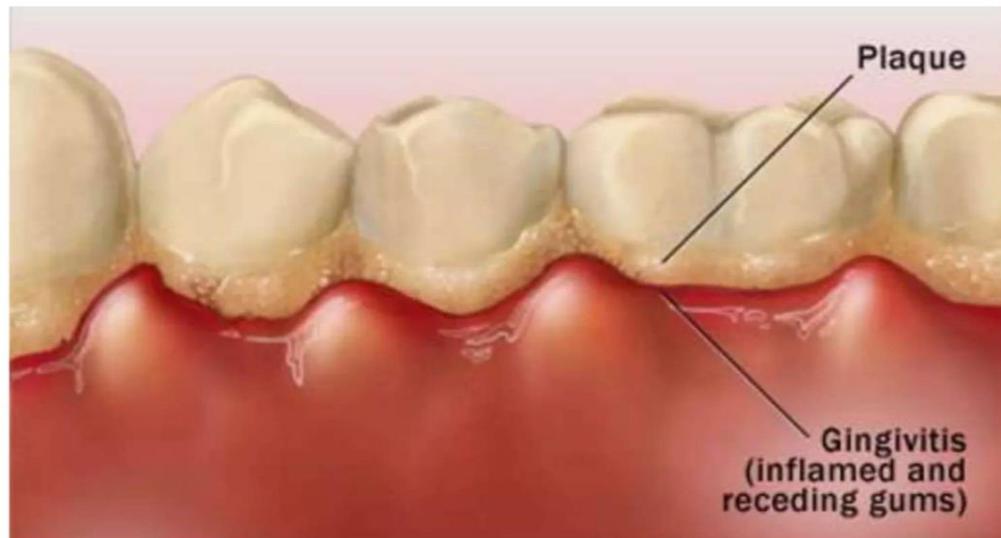
- Aerobic or facultative anaerobic.
- Gram negative cocci.
- Isolated in low numbers from most sites in the oral cavity.
- Among the earliest colonizers of teeth and make an important contribution to plaque formation by **consuming oxygen** and **creating** conditions that permit obligate anaerobes to grow.
- Some *Neisseria* species can produce extracellular polysaccharides, and some *streptococcal* strains can metabolize these polymers, effectively using them as external carbohydrate reserves.
- Species opportunistic pathogen

# GRAM-NEGATIVE COCCI

## 2) *Veillonella*

- *Veillonella parvula*, *V. dispar*, *V. atypica*, *V. denticariosi* (more common in carious dentine), *V. rogosae* (more common in caries-free individuals).
- Small, anaerobic Gram-negative cocci.
- Isolated from most surfaces of the oral cavity, in highest numbers in dental plaque.
- **Lack glucokinase** and **fructokinase** ----- unable to metabolize carbohydrates.
- Utilize several intermediary metabolites, in particular **lactate**, as energy sources and, consequently, play an important role in the ecology of dental plaque and in the etiology of dental caries. **How??**
- Dissolution of enamel: *Veillonella* can convert lactic acid to weaker acids (predominantly propionic acid) and so ameliorate the potential damage of saccharolytic bacteria, such as **streptococci**

# Microflora of Dental Plaque



**Plaque:** A sticky, colorless biofilm that builds up on teeth, formed by bacteria, food particles, and saliva.

- **Dental plaque** is the microbial community that develops as a biofilm on the tooth surface, embedded in a matrix of polymers of bacterial and salivary origin.
- Plaque that becomes calcified is referred to as calculus or tartar.

## Composition of dental plaque

Bacteria + Intercellular matrix = Dental plaque

- Bacteria -- 70 to 80 per cent of total material.
- Mycoplasma, fungi, protozoa and viruses
- Intercellular matrix:
- Organic components

- Carbohydrates:
  - Levan
  - Glucan
  - Galactose
- Glycoproteins

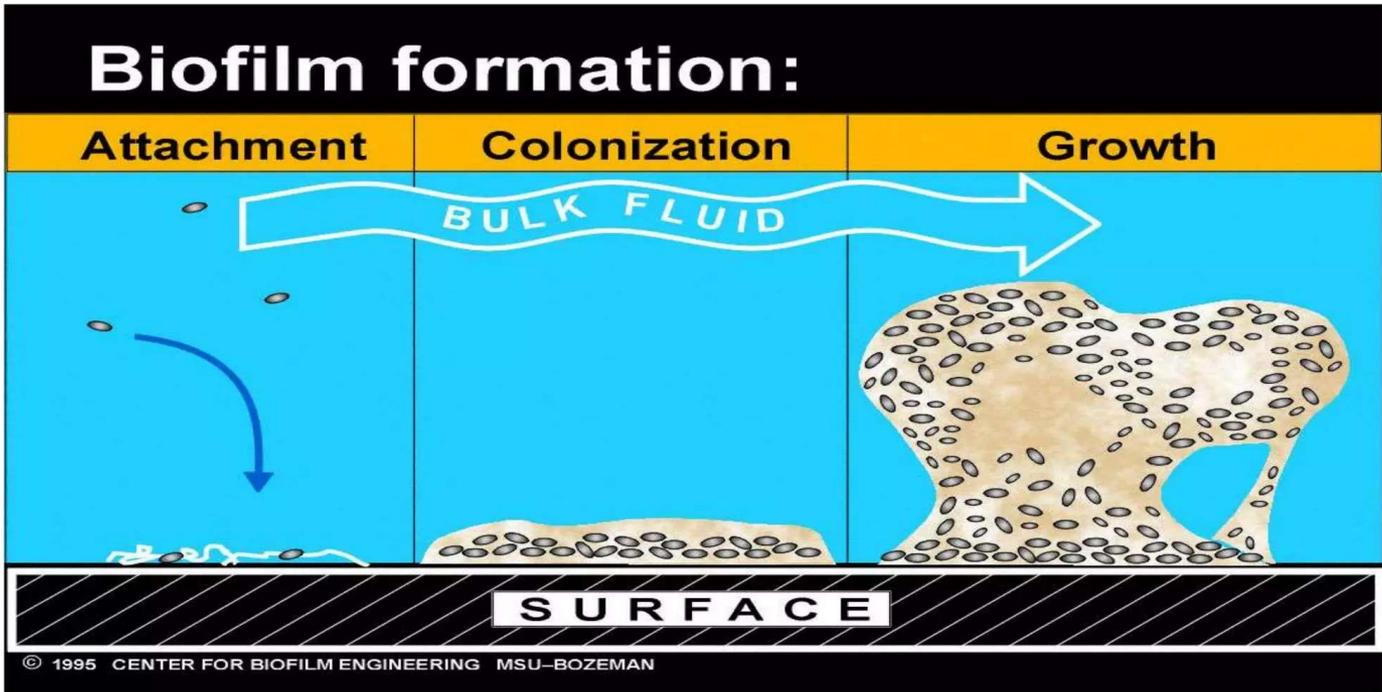
Inorganic components

- Calcium
- Phosphorus
- Magnesium
- Potassium
- Sodium



# What causes dental plaque in the first place?

- **Biofilms** are communities of microorganisms (like bacteria and fungus), held together by a slimy, glue-like substance.
  - A prime example in humans is dental plaque.
  - It can also be called dental biofilm, oral biofilm, or dental plaque biofilm.
  - In any environment where there is **moisture**, **microorganisms** (bacteria, and fungi among others) and a **surface** (this can be teeth, dentures, crowns, and implants), biofilm can exist.



## Stage 1 — Adsorption of molecules

- known as **dental pellicle** forms. This happens within minutes after tooth eruption, teeth cleaning or chewing.
- Involves the adsorption of salivary proteins to apatites surfaces **via electrostatic ionic interactions**.

## Stage 2 — Bacterial adhesion

- Transition between pellicle to plaque is rapid.
- The first constituents are **cocci** with small numbers of epithelial cells and **PMNL's** which initially adhere via electrostatic interactions.
- Bacteria stick (adhere) to the surfaces, with some species of bacteria adhering better than others. *S. mutans* and *S. Sanguis* produce glycans in the presence of sucrose.

## Stage 3 — Cellular growth

The bacteria multiply and the overall biofilm mass grows. The extracellular matrix (the sticky glue-like substance) also increases.

## Stage 4 — Maturation

- Detachment of cells from this biofilm into the saliva results in colonization of fresh sites.

# Factors which determine the ultimate composition and pathogenicity of plaque

## 1. Bacterial factors

- ✓ **Extra-cellular products:** eg. **glucans** produced by *S. mutans* are sticky and help in co- aggregation.
- ✓ **Bacterial interactions:** are important for bacteria that cannot attach directly to the tooth. Eg. *Vellionella* which of incapable of direct attachment accumulates on *A.viscosus*.

## 2. Host factors:

- ✓ Oral cleansing mechanism such as **salivary flow**, **movements of tongue** and **cheek** control the plaque formation rate.
- ✓ Saliva influences
  - The plaque pH by its buffering action and acid neutralization.
  - Inhibition of adherence by coating the surface receptors.
  - Inhibition of adherence via promotion of bacterial agglutination.

## 3. Immune response:

Main sources of immune components in oral cavity are:

- ✓ **IgA** and antibodies in saliva which compete with bacterial adherence and influences their metabolism, growth, and accumulation.
- ✓ Gingival Crevicular fluid (**GCF**) which contains antibodies, leukocytes, complement factors etc.