

**VISCERAL  
LEISHMANIASIS  
&  
AFRICAN  
TRYPANOSOMIASIS**

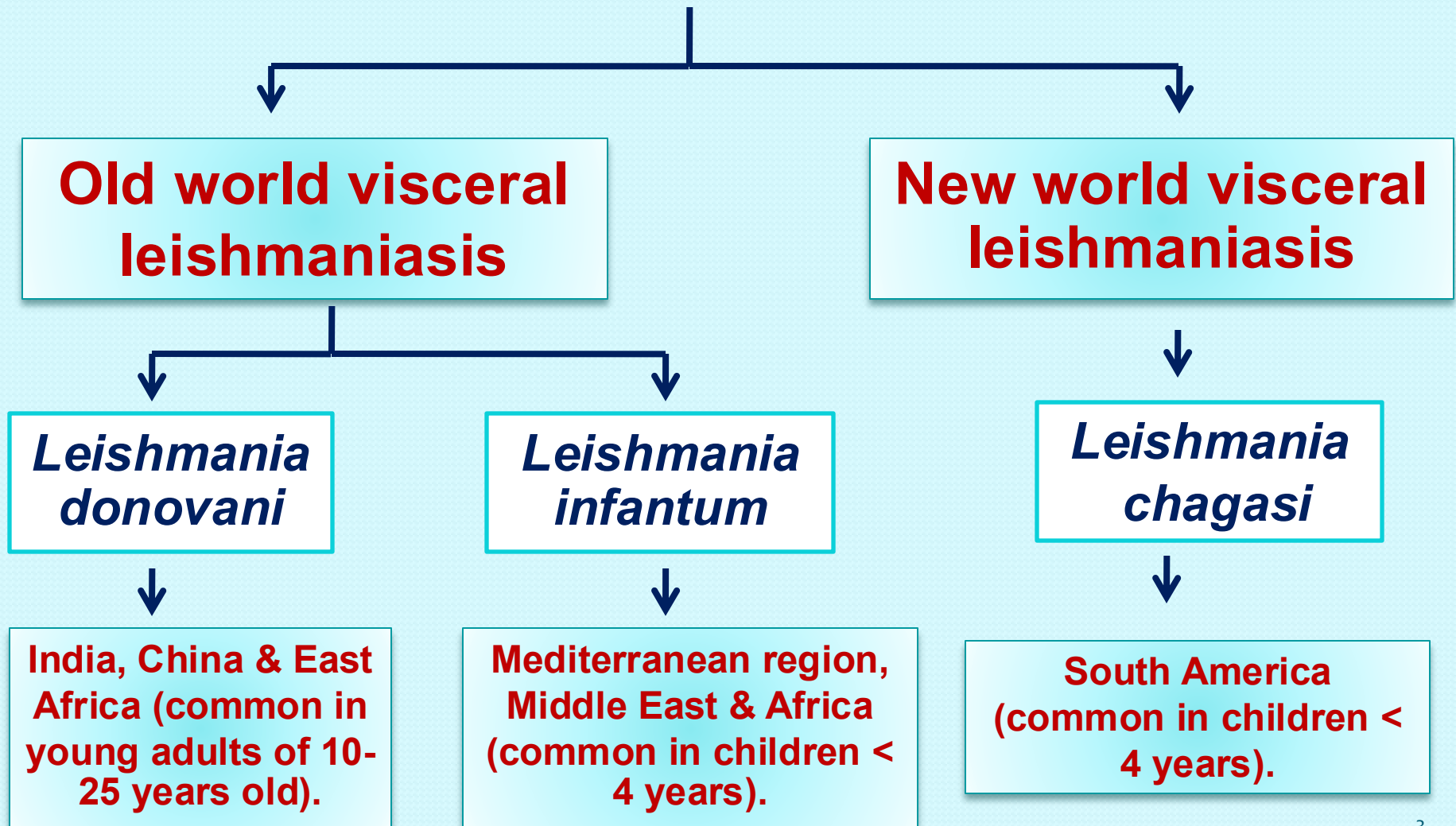
**By  
Prof. Dr. Eman Albataineh**

## **General Characters of Blood & Tissue Flagellates (*Leishmania* & *Trypanosoma* )**

- 1) Live in blood and tissues.**
- 2) Move by one flagellum.**
- 3) Need vector for transmission.**
- 4) Require 2 hosts (vertebrate and invertebrate).**

# Visceral Leishmaniasis

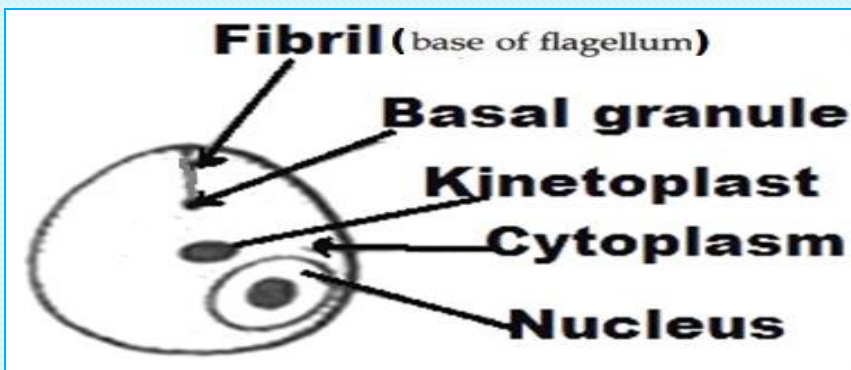
(Kala azar, Dum dum fever, Black sickness)



# Morphological characters

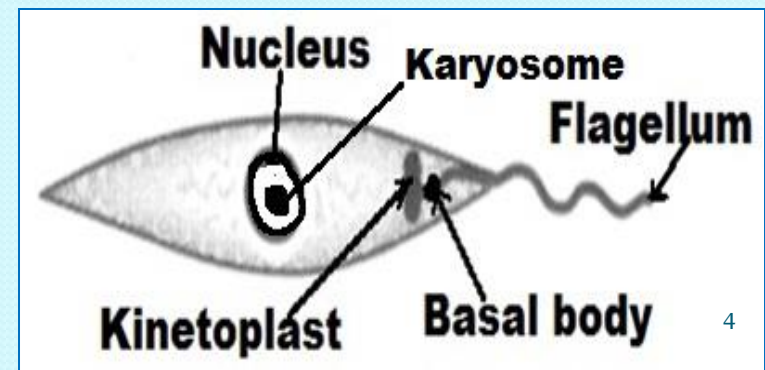
## 1- Amastigote

- Shape:** Oval
- Kinetoplast:** Beside the nucleus
- Flagellum:** Absent
- Nucleus:** -Eccentric with central Karyosome
- Habitat:** -Intracellular (macrophage)  
-Tissue culture



## 2- Promastigote

- Shape:** Fusiform or spindle
- Kinetoplast:** At the anterior end
- Flagellum:** Present
- Nucleus:** -Central with central Karyosome
- Habitat:** -Midgut of the insect  
-Culture media(NNN)



❖ **Definitive host:** Man.

❖ **Reservoir host:** Dogs & rodents.

❖ **Vector:** Female sand fly (*Phlebotomus* for OWVL & *Lutzomyia* in NWVL)

❖ **Infective stage:** Metacyclic promastigotes in the mouth parts of female sand fly.

### **Mode of transmission**

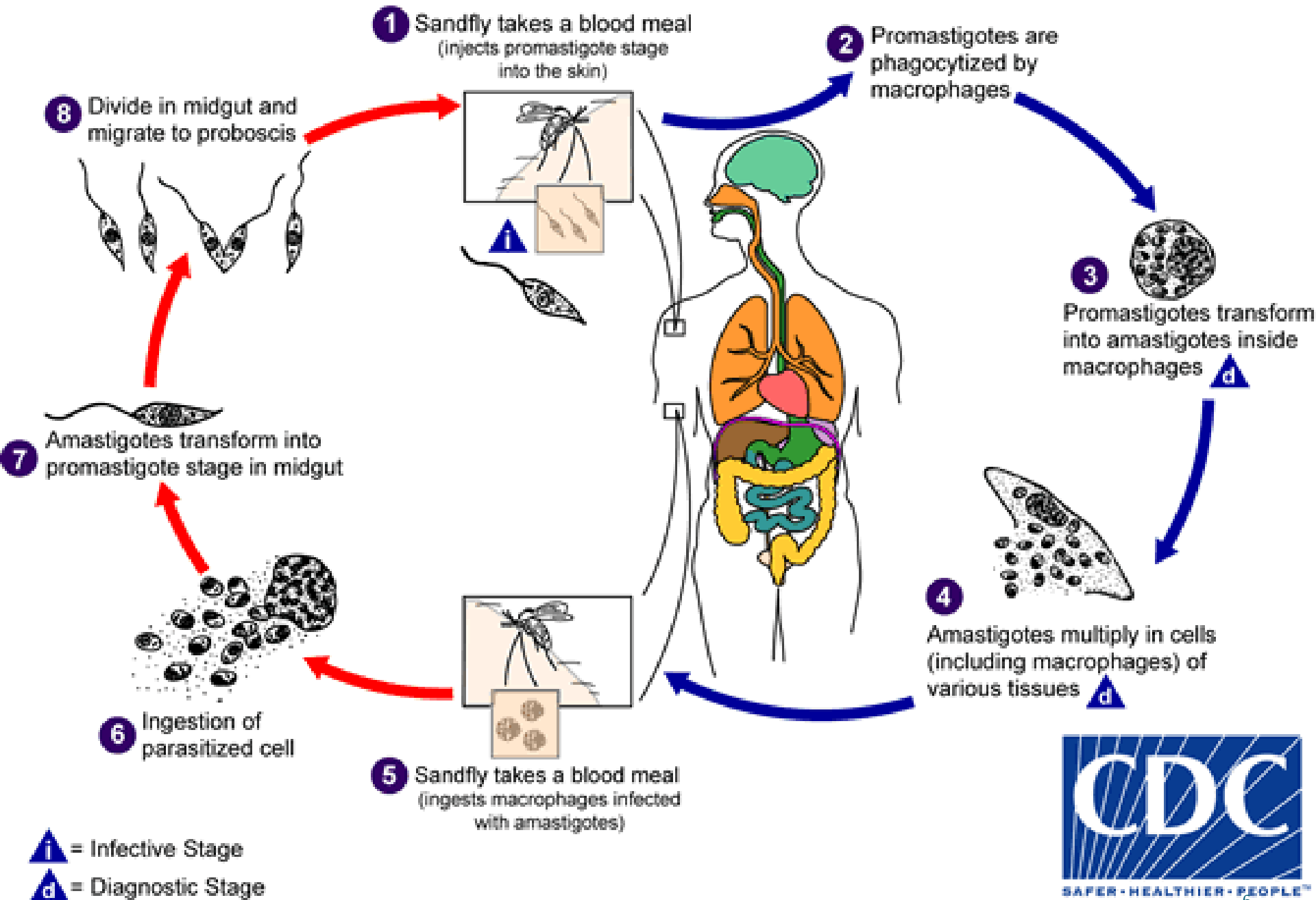
1-Bite of infected sand fly.

2- Blood transfusion.

3- Congenital transmission.

## Sandfly Stages

## Human Stages



# Pathogenesis

Amastigotes multiply inside the macrophages → the cells rupture → the organisms pass to the blood and reach viscera → invade and multiply in different organs (**ex. Spleen, liver, lymph nodes, bone marrow, skin & intestine**) → hyperplasia and enlargement of the affected organs.

❖ N.B: Visceral leishmaniasis is one of the **opportunistic infections** noted in AIDS patients.

# Clinical pictures

**1) Local lesion (leishmanioma):**  
A small papule at the site of insect bite.

**2) Systemic manifestations**

**1-Fever**

↓  
Intermittent with double or triple daily rise

**2- Hepatomegaly, splenomegaly and lymph node enlargement**

**3- Diarrhoea or dysentery with ulceration of the intestine → malabsorption**

**4- Oedema & ascites due to liver and kidney affection (decrease albumin).**

**5- Loss of weight & cachexia especially in thorax & shoulder girdle**

## 2) Systemic manifestations

### 6-Skin lesions

**Pigmented skin patches** early in the disease → the skin turns dark (so the disease is called **Kala azar or black sickness**).

**Depigmented macular, papular or nodular skin lesions** on the face, trunk & extremities (**Post-kala azar dermal leishmanoid**) It appears later (few months in Africa and several years in India) after successful treatment & recovery from the disease **without other systemic signs**. Its nodules may be mistaken for **lepromatous leprosy**.

### 7-Congenital transmission → abortion

**8-Pancytopenia: Anaemia (hypoplastic), leucopenia & thrombocytopenia** due to invasion and depression of bone marrow.



**Hepatosplenomegaly**



**Lymph nodes enlargement**



**Post kala azar**



**Pigmented skin**

❖ **Death occurs in untreated severe cases due to:**

➤ **Organ failure and wasting.**

➤ **Secondary bacterial infection as pneumonia, tuberculosis due to suppression of the cellular immunity by the parasite.**

➤ **Septicemia, severe anaemia and haemorrhage.**

✍ **N.B. Visceral leishmaniasis is followed by lifelong immunity.**

# Laboratory diagnosis

## Direct methods

Examination of blood, biopsy from (liver, spleen, LNs) or bone marrow puncture for detection of the parasite by:

- 1- Smear to detect amastigotes
- 2- Culture on N.N.N medium for 2-3 weeks → motile promastigotes.
- 3- Animal inoculation: Intraperitoneal inoculation of the specimen into hamster. Amastigotes are detected in smears from a splenic aspiration.

## Indirect methods

### Specific tests (immunodiagnosis)

- leishmanin or Montenegro test (IDT): -ve due to suppression of T.cells & +ve after recovery .
- Serological tests: CFT, IHAT, ELISA, to detect anti-leishmania antibodies.
- PCR

### Blood picture

Anaemia, leucopenia & thromocytopenia

# Treatment



## General (supported treatment)

- Proper diet rich in proteins, vitamins and iron.
- Blood transfusion for severe anaemia.
- Splenectomy.
- Antibiotics for secondary infection.

## Specific treatment



### Parenteral therapy

- Sodium stibogluconate (**Pentostam**).
- Pentamidine, Amphotericin B, Paromomycin

### Oral therapy

Miltefosine

# African Trypanosomiasis

(polymorphic trypanosomes)

*Trypanosoma gambiense*

Chronic West African  
sleeping sickness  
(Gambian trypanosomiasis)

Transmitted by  
*Glossina palpalis*  
(both male and female)

*Trypanosoma rhodesiense*

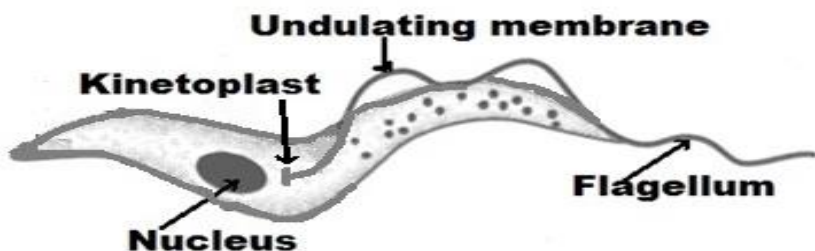
Acute East African  
sleeping sickness  
(Rodesian trypanosomiasis)

Transmitted by  
*Glossina morsitans*  
(both male and female)

# Morphological characters

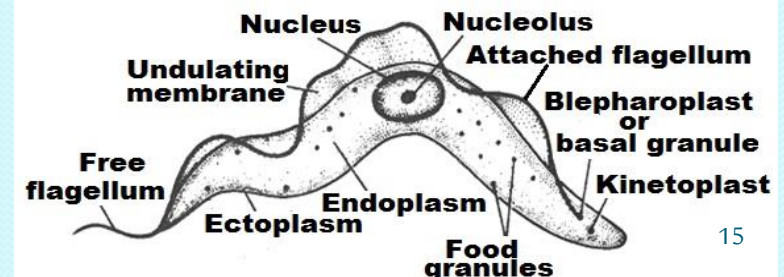
## 1- Epimastigote

- Shape:** Fusiform or spindle
- Kinetoplast:** Anterior to the nucleus
- Flagellum:** Present
- Nucleus:** - Slightly moved posterior
- Undulent membrane** -Short
- Habitat:** - In the salivary glands of vector  
- Culture media



## 2- Trypomastigote

- Fusiform or spindle
- At the posterior end
- Present
- Central with central Karyosome
- Long
- Blood and lymphatics
- In vector

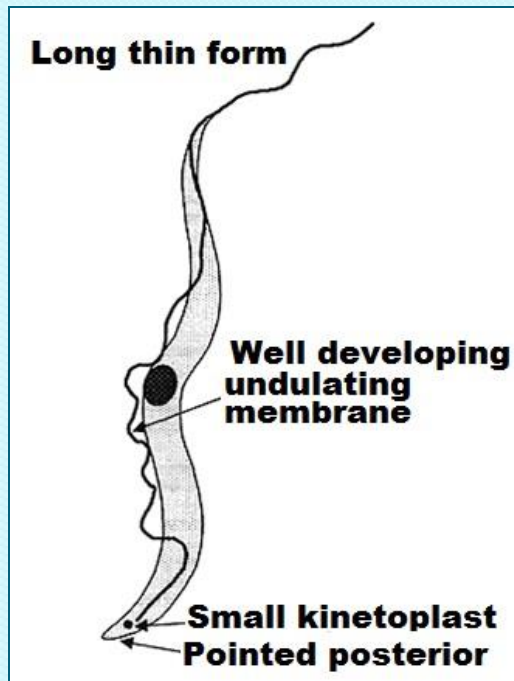


In the blood, trypomastigote (*Trypanosoma*) has different shapes:

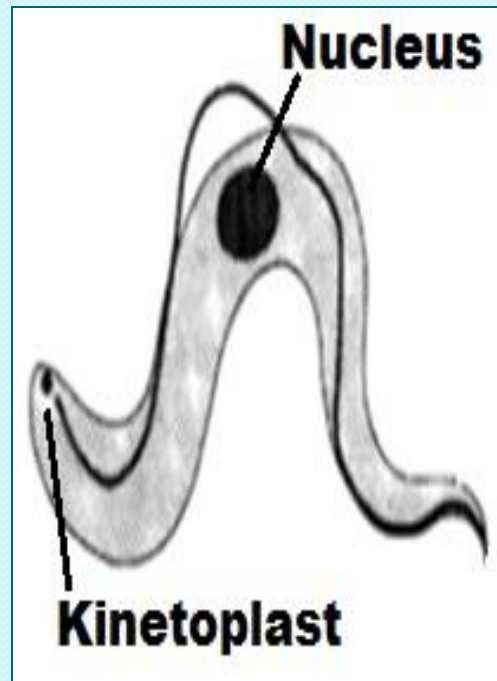
1- Long slender form (30  $\mu\text{m}$ ), active and with long free flagellum.

2- Short stumpy form (15  $\mu\text{m}$ ), sluggish in motility and without free flagellum.

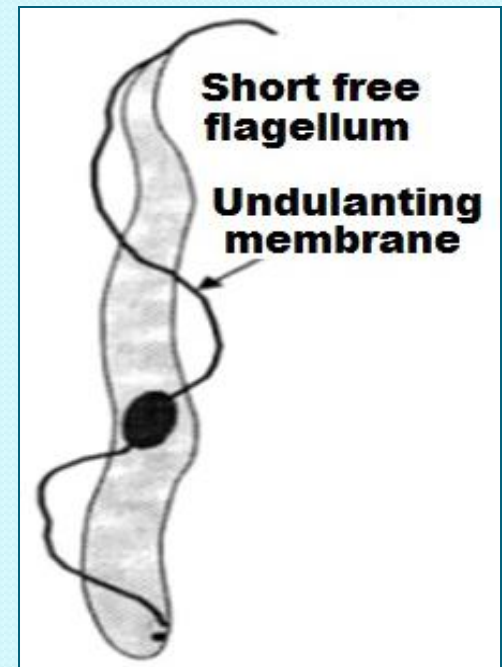
3- Intermediate form (20  $\mu\text{m}$ ), with a short free flagellum.



Long form



Short form



Intermediate form

## Tsetse fly Stages

## Human Stages

Epimastigotes multiply in salivary gland. They transform into metacyclic trypomastigotes.

8



1 Tsetse fly takes a blood meal (injects metacyclic trypomastigotes)



2 Injected metacyclic trypomastigotes transform into bloodstream trypomastigotes, which are carried to other sites.

2



3

3 Trypomastigotes multiply by binary fission in various body fluids, e.g., blood, lymph, and spinal fluid.

5 Tsetse fly takes a blood meal (bloodstream trypomastigotes are ingested)



4 Trypomastigotes in blood

4



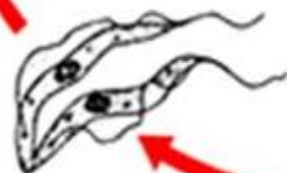
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7 Procyclic trypomastigotes leave the midgut and transform into epimastigotes.

7



6

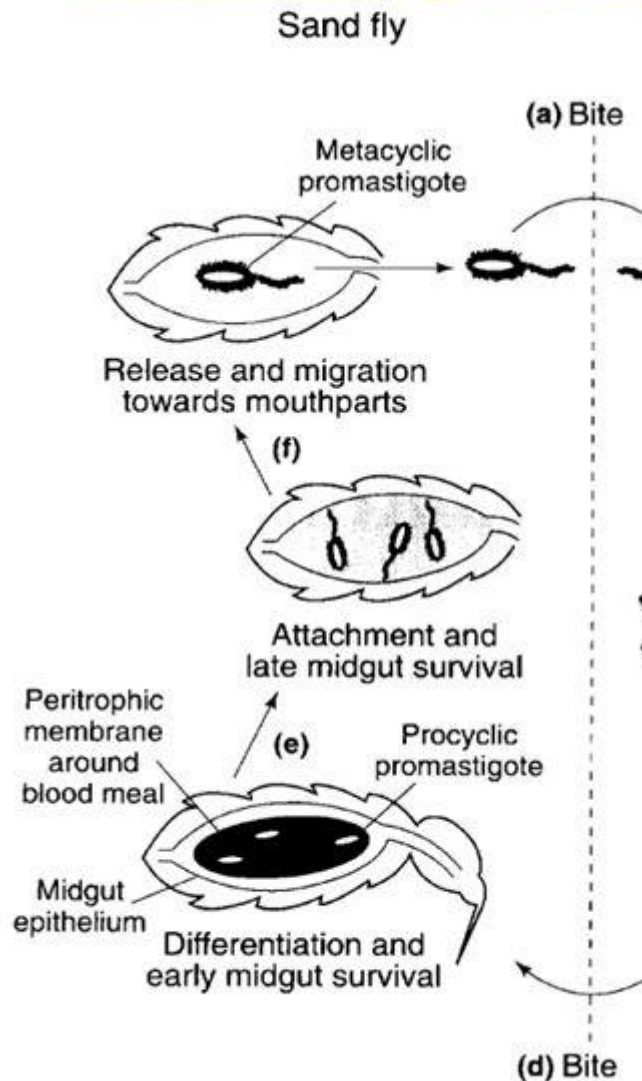


6 Bloodstream trypomastigotes transform into procyclic trypomastigotes in tsetse fly's midgut. Procyclic trypomastigotes multiply by binary fission.

i = Infective Stage

d = Diagnostic Stage

# procyclics and metacyclics



- ✂ Infected macrophages are taken up with the blood meal and amastigotes released by digestion transform into procyclic promastigotes which attach to the midgut epithelium
- ✂ Attached promastigotes divide rapidly
- ✂ Metacyclic promastigote detach and pass forward into the pharynx from where they are regurgitated into the bite site

# Mode of transmission

- Bite of infected *Glossina* (Tsetse fly).
- Blood transfusion.
- Congenital transmission.
- Sexual transmission may be possible.
- Accidental infections in laboratories due to pricks from infected needle.

**N.B.** Infective stage: **Metacyclic trypomastigotes** in salivary glands of the vector.

***Trypanosoma gambiense***

**G.D:**

West and Central Africa

**D.H:**

Man

**R.H:**

Cattle, pigs and goats

***Trypanosoma rhodesiense***

Eastern parts of Africa

Man

Wild animals

# Pathogenesis and symptomatology of gambian trypanosomiasis

The disease has 3 stages



**1-Chancer**  
(primary lesion at the site of bite)

- Firm painful nodule → ulcerate with oedema and erythema after few days of biting.
- After 3 weeks the parasite invades the lymphatic system and blood.



## 2-Haemolymphatic stage

Invasion of the blood

➤ Fever, headache, joint pains, muscle pain, malaise and itching (skin rash).

➤ Toxic depression of bone marrow ⇒ **anaemia** (hypoplastic), **leukopenia** & **thrombocytopenia**.

Invasion of lymphatic system

➤ LNs enlargement especially cervical lymph nodes in the posterior triangle of the neck (**Winterbottom's sign**).

➤ Hyperplasia ⇒ hepatomegaly & splenomegaly.

➤ Hypersplenism ⇒ anaemia and thrombocytopenia

### 3-Neurological stage (Sleeping sickness syndrome)

The parasite invades the CNS after one year or more by passing through the blood brain barrier → multiply there → petechial haemorrhage → atrophy of nerve cells → chronic meningoencephalitis

#### Manifested by



Fever, severe headache, nausea, vomiting, neck rigidity, mental dullness, apathy, reduced coordination, convulsion, paralysis and all day and night sleeping.

Without treatment, the disease is fatal with progressive mental deterioration leading to **coma and death** either from the disease or from intercurrent secondary infections as malaria & pneumonia

**N.B.** Damage caused in the neurological stage is irreversible.

## Rodesian trypanosomiasis

It differs from gambian trypanosomiasis in :

- Short incubation period ( in gambian, 2 ws to several months) .
- More acute and fatal course than Gambian sleeping sickness. The patient dies before the cerebral stage develops.
- Fever is more frequent, severe anaemia, **myocarditis** and jaundice.
- Lymph nodes involvement is less and **Winterbottom's sign may be absent.**
- Death occurs due to **arrythmia** and **heart failure.**



**Sleeping sickness**



**Winterbottom's sign.**

# Laboratory diagnosis

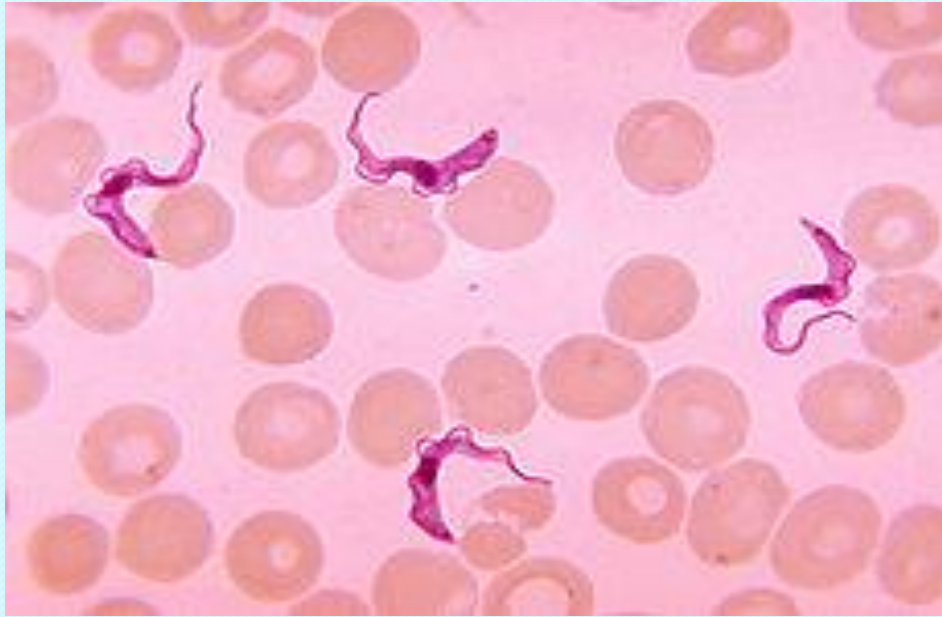
## Direct methods

Detection of trypomastigotes in blood, lymph nodes aspiration, fluid aspirated from chancre, bone marrow puncture (sternum) and CSF by:

- 1- Microscopic examination of stained and unstained films.
- 2- Culture on NNN medium → epimastigotes.
- 3- Animal inoculation: susceptible to *T. rhodesiense*

## Indirect methods

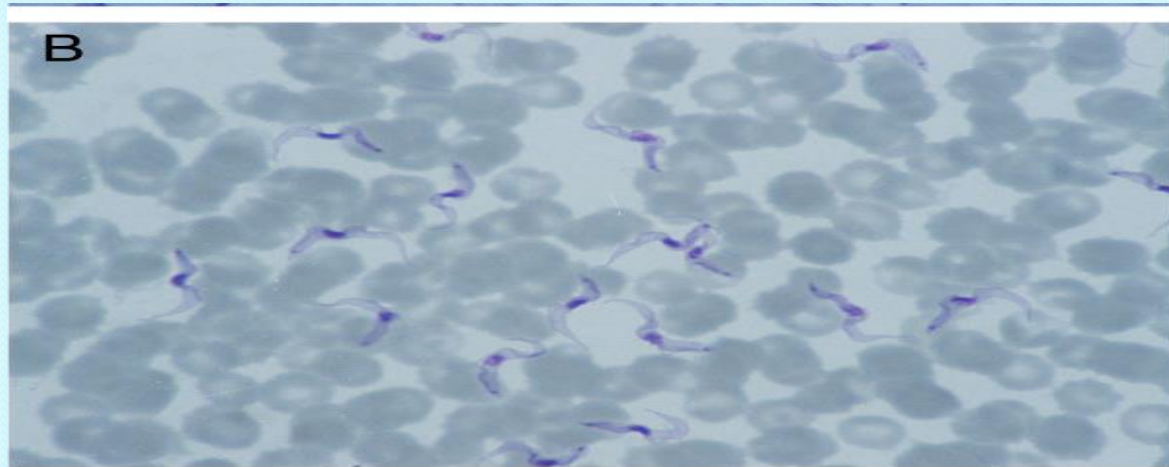
- **Serological tests: ELISA.**
- **Serum IgM:** Always elevated in the blood and CSF due to antigenic variation of the trypanosome (changing its antigenic coat) to escape from host immune response (**evasion**).
- **Blood examination:** Anaemia, leucopenia and thrombocytopenia



**Polymorphic trypanosomes**



**Chancer**



***T. rhodesinse***

# Treatment

## 1- Early stage treatment (haemolymphatic stage)

**Suramin.**  
**Pentamidine.**

**N.B. *T. rhodesiense* is more resistant to treatment**

## 2- Late stage treatment (Cerebral stage)

- **Melarsoprol.**
- **Tryparsamide.**
- **Eflornithine (New drug): It is effective in the treatment of *T. gambiense* only.**

Thank You

The image features the words "Thank You" in a large, 3D, pink, sans-serif font. The letters are arranged in a slightly staggered, horizontal line. Two monarch butterflies with orange and black wings are perched on the letters: one on the 'n' and one on the 'o'. The base of the letters is decorated with a cluster of bright green, textured foliage. The entire graphic is set against a light blue background with a decorative, wavy blue border at the top.