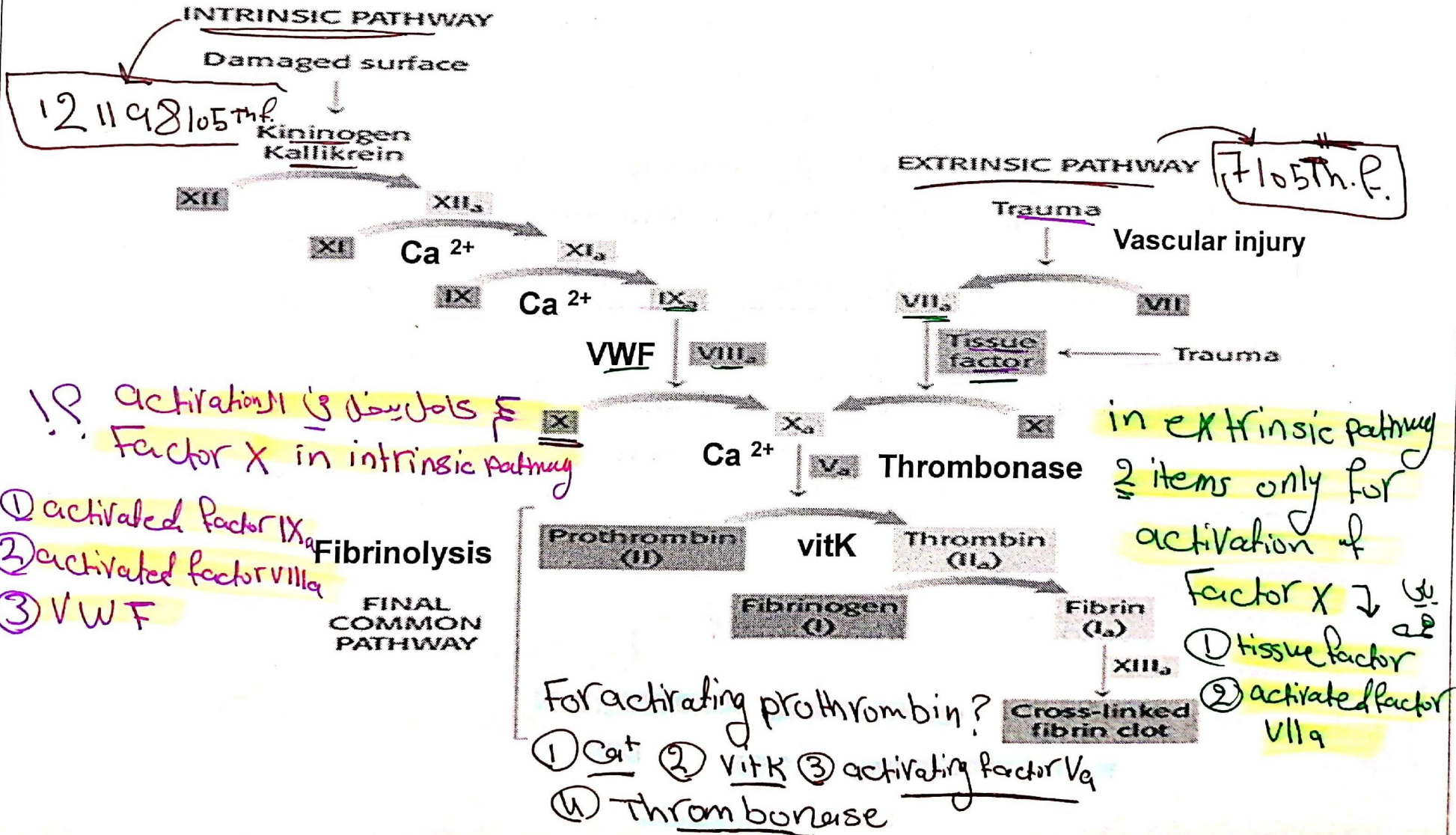


# Blood coagulation cascade



Vitamin K → K<sub>3</sub> (synthesized) injection

Vitamin K<sub>1</sub> is abundant in vegetable oils and green leafy vegetables e.g. Spinach, peas and cabbage.

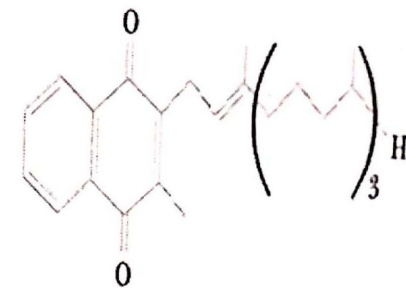
Vitamin K<sub>2</sub> is synthesized by intestinal flora and is found in animal tissues. Putrefied fish meal is a rich source. *we are belonging to kingdom animalia*

Sources of vitamin K include tomatoes, cheese, egg yolk, and liver.

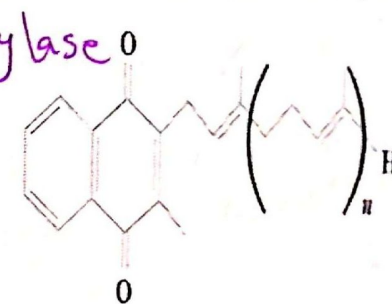
Breast milk is NOT a good source of vitamin K.

Vitamin K is required for post translational modifications of several proteins required in the coagulation cascade.  
*→ by Gamma-glutamyl carboxylase*

It converts blood clotting factors (II, VII, IX and X) to the active state. They are synthesized in liver in an inactive precursor form.



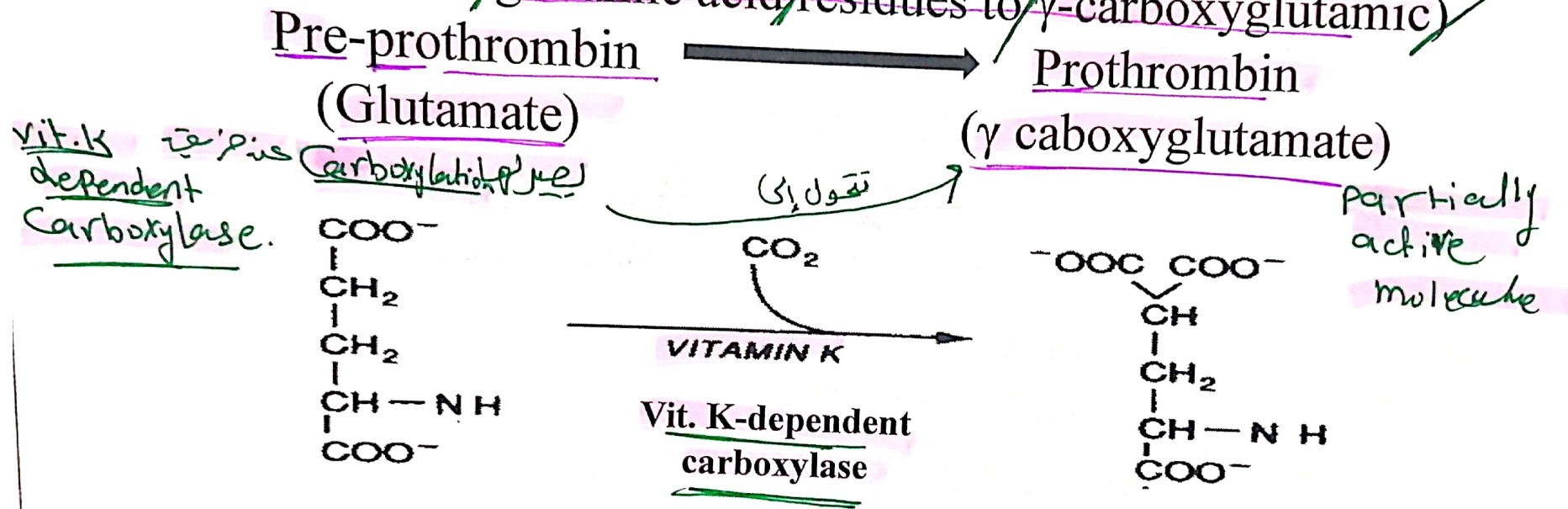
Vitamin K<sub>1</sub>  
(phylloquinone)



Vitamin K<sub>2</sub>  
(menaquinone series)

Vitamin K-dependent activation for prothrombin  
 1. Prothrombin is synthesized in liver in an inactive precursor form called pre-prothrombin.

2. Pre-prothrombin (prothrombin precursor) conversion to prothrombin requires vitamin K-dependent carboxylation (of specific glutamic acid residues to  $\gamma$ -carboxyglutamic)



preprothrombin  $\rightarrow$  active form تقوول ياي

by more than one step? why? it means what?

for regulation لانه تقوول ياي من اكله

3. The  $\gamma$ -carboxyglutamic acid residues are good chelators which allow prothrombin (active) to bind (chelate) calcium

active  $\rightarrow$  تقوول ياي  
 Coagulation تقوول ياي

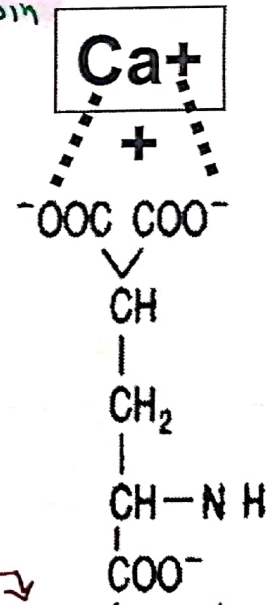
form by more than one step? why? it means what?

to regulation  
لأنه لو يفرز من الجاب  
active →

Coagulation  
تخثر

- The γ-carboxyglutamic acid residues are good chelators which allow prothrombin (active) to bind (chelate) calcium.
- Prothrombin-Ca<sup>++</sup>-complex binds to phospholipids of cell membrane where proteolytic/conversion to thrombin can occur.

So prothrombin converted to thrombin by proteolytic cleavage



Function:

- Vitamin K is an essential cofactor for the carboxylase enzyme in specific protein molecules such as:

- Blood clotting factors (II, VII, IX, X).
- Bone calcium-binding proteins as osteocalcin.
- The product of Growth arrest specific gene Gas6 which is involved in differentiation & development of nervous system.

play role in regulating blood glucose level in diabetic patients

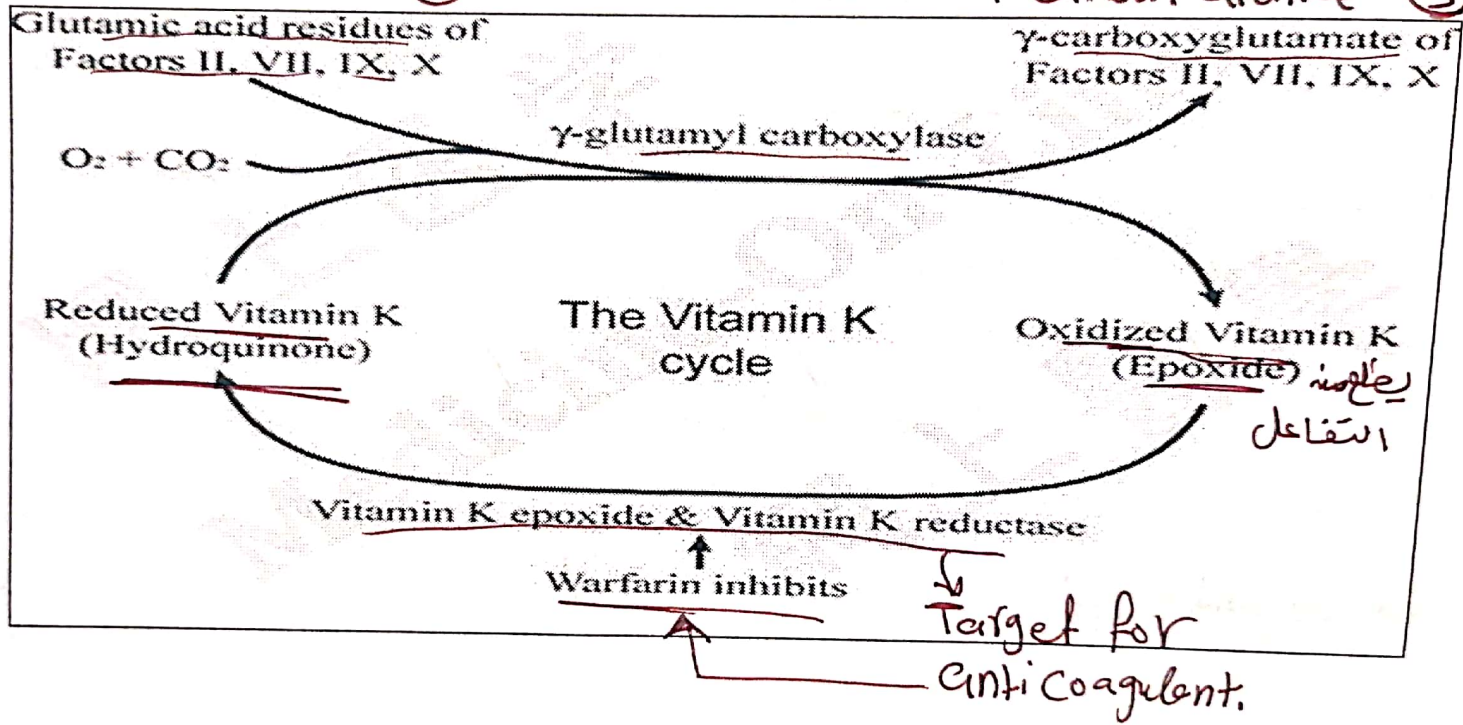
! Carboxylation reaction

أثبت الحاجة المفروضة تكونه من مواد كيميائية

# Vitamin K cycle

- ① source of carbon dioxide (bicarbonate)
- ② Biotin as a carrier of carbon dioxide

- ③ manganese
- ④ ATP



يعمل على التفاعل

يعمل على التفاعل

Role of liver in blood clotting:

1. Site of clotting factors synthesis.
2. Site of bile salts synthesis (to help vit. K absorption).

Liver failure: results in severe bleeding problems.

# Anti-coagulants

- Dicumarol & warfarin are antagonists of vitamin K (anti-coagulants).
- Are used to reduce blood coagulation in patients at risk of thrombosis. Thus, vitamin K is the (antidote) to an overdose of warfarin.

## Deficiency

### Causes:

Primary deficiency: rare

Secondary deficiency:

- Fat malabsorption. → bile salts
- In newborn who lack bacterial colonization.
- long-term or high-dose administration of antibiotics (they kill the bacteria in large intestine).
- Anticoagulant Therapy.
- In patients suffering from Liver diseases (obstructive jaundice).

unable to absorb bile salt  
be in small intestine.

الحاجة للاختصاصي  
? breast milk  
عنايه صحه  
بالنهار لازم بتعرفه  
الفضل للشعر  
① iron ② Vit. K  
ما تله صغره عوده

so during the first period before  
the bacteria flora existing in large  
intestine of newly born infant  
we have  
to supply  
mother with  
Vit. K to increase  
the amount of  
vit. K in  
breast  
milk

## Vitamin K deficiency

Manifested by:

- Bleeding tendency (GIT, ecchymoses) from minor wounds.
- Nose & gum bleeding.
- Heavy menstrual bleeding.
- Increased risk for osteoporosis. *at long period of time with vit. K deficiency*

Diagnosed by:

- Prolonged blood coagulation time: prolonged prothrombin time ( $\uparrow\uparrow$  PT). [ blood takes 10-13.5 sec to clot].

Prevention: single shot of vit. K at birth in newborn.

Thrombin  $\xrightarrow{d\&}$  switching off to blood coagulation and in the same time switching on of the deactivation by activating protein C

## The clotting process must be precisely regulated

- Hemorrhage and thrombosis must be regulated by mechanisms that normally limit clot formation to the site of injury.
- Activated factors are short-lived because they are diluted by blood flow, removed by the liver, and degraded by proteases → because the coagulation factors are dynamic globular proteins

### Regulation-Two Mechanisms

- 1- Va and VIIIa factors are digested by protein C, a protease that is switched on by the action of thrombin which has dual function:
  - a- It catalyzes the formation of fibrin
  - b- it initiates the deactivation of the clotting cascade. by starting activation protein c
- 2- Specific Inhibitors of clotting factors are crucial in terminating blood clotting as:
  - a- Tissue factor pathway inhibitor (TFPI), inhibits the complex of TF- VIIa - Xa.
  - b- Anti-thrombin-III, another inhibitor which is inactivates thrombin, its inhibitory action is enhanced by negatively charged heparin.



## Diagnostic Tests

A- Activated partial thromboplastin time (aPTT): measures effectiveness of clotting factors (in seconds) (intrinsic pathway)

It is only elevated in:

- 1- Factor XI, IX, or VIII deficiency
- 2- Factor XI, IX, or VIII specific factor inhibitor
- 3- Heparin contamination
- 4- Antiphospholipid antibodies

B- Prothrombin time (PT) (extrinsic pathway)

It is only elevated in:

- 1- Factor VII deficiency
- 2- Congenital (very rare)
- 3- Acquired (Vit K deficiency, liver disease)
- 4- Factor VII inhibitor

5- Rarely in patients with modest decreases of factor V or X

C- Measurement of the amount of each factor in the plasma and aPTT test performed as routine diagnostic tests for bleeding disorders

D- ELISA detects the presence of antibodies to clotting factor proteins.

طريقة التحليل

في بيض

Spectrophotometric  
determination of  
concentration of  
different types of  
coagulation factors

## Molecular basis of some blood clotting disorders

1- Von Willebrand disease: most common inherited bleeding disorder

- The genetic mutations result in inherited deficiency of Von Willebrand
- It is associated with an increase in aPTT, thus prolonged bleeding time despite normal platelet count
- Because vWF binds factor VIII and stabilizes it, a deficiency of vWF gives rise to a secondary decrease in factor VIII levels.

so intrinsic pathway will be affected

vIII / IX / XI rises

### Von Willebrand disease types

- Gene is located on chromosome 12

q.un. - Type-1 and type-3, both have reduced quantity of circulating vWF

- Type-1, an autosomal dominant disorder, accounts for 70% of all cases and the level of vWF in the blood range from 20%-50% of normal.

more dangerous  
لا  
autosomal  
dominant  
هيبت صبي لاغبار  
امر

q.un. - Type-3 is autosomal recessive due to deletions or frameshift mutations with total deficiency, accounts for 5-10% of the cases.

1. - 0 - 1  
مقادير vWF في الدم تكون منخفضة  
لاغبار  
autosomal recessive  
mutated

- Type-2 is associated with qualitative defects in vWF, autosomal dominant due to missense mutations resulting in nonfunctional vWF levels. *amount of vWF is not affected but it's*
- Accounts for 20% of all cases.
- Type 2 is broken down into four subtypes: type 2A, type 2B, type 2M and type 2N, depending on the presence and behavior of multimers of vWF.

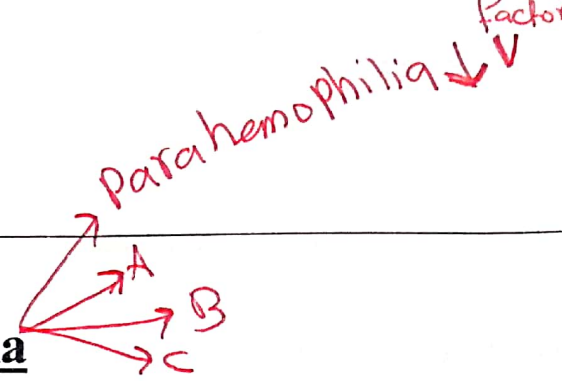
- Acquired vWD: This type of vWD in adults results after a diagnosis of an autoimmune disease, such as SLE, or from heart disease or some types of cancer.

- Also, it can also occur after taking certain medications.

by suppression  
to gene encoding  
for vWF or  
activating the enzyme  
that degrade  
vWF.

*thrombophilia ↓ v factor*

vwf.



## 2- Classic Hemophilia

X-linked - Hemophilia A: most common blood clotting defect-permanent tendency for hemorrhage due to missing factor VIII of the intrinsic pathway or marked reduction of its activity. It is X-linked recessive disorder due to an inversion mutation in intron 1 (5%) or 22 (45%). Nonsense/stop mutations prevent factor production. Missense mutations may affect factor production, activity or half-life. Over 600 missense mutations identified

SPlicing in introns  
 mature mRNA  
 very hard

- Hemophilia B: factor IX deficiency (X-linked recessive disorder).

Most cases associated with point mutations. Deletions in about 3% of cases. Promoter mutations in about 2%

→ it means RNA polymerase is not going to recognize the starting point for transcription

- Hemophilia C: factor XI deficiency (autosomal recessive disorder).

- Parahemophilia: autosomal recessive disorder due to deficiency of factor V.

لغي البروتين  
 عن الاعراض  
 لغي كذلك لغي  
 mutation in promoter

- Their clinical features are similar to that of hemophilia A

- The blood level of factor VIII in severe hemophilia A patient is less than 5% of normal.

- Drug-induced thrombocytopenia as quinine, sulfonamide and other antibiotics. → suppressing the process of production of thrombocyte / or degradation of thrombocyte
- Heparin therapy, misdiagnosis can have severe consequences.

## 5- Disseminated intravascular coagulation (DIC)

- Disorders ranging from obstetric complications to advanced malignancy and bacterial sepsis → Common → Female after cesarean section and after hysterectomy
- Organ involved release thrombolytic substances, factor X, endotoxins and cytokines
- ① All increase tissue factor expression.
- ② Inhibit protein C activity by suppressing thrombomodulin expression on endothelium
- Sudden widespread of fibrin thrombi in the microcirculation
- Cause diffuse circulatory insufficiency, in the brain, lungs, heart and kidneys → end stage organ