

وسهلا

أهلا



الأستاذ الدكتور يوسف حسين

أستاذ التشريح وعلم الأجنة - كلية الطب - جامعة الزقازيق - مصر

رئيس قسم التشريح و الأنسجة و الأجنة - كلية الطب - جامعة مؤتة - الأردن

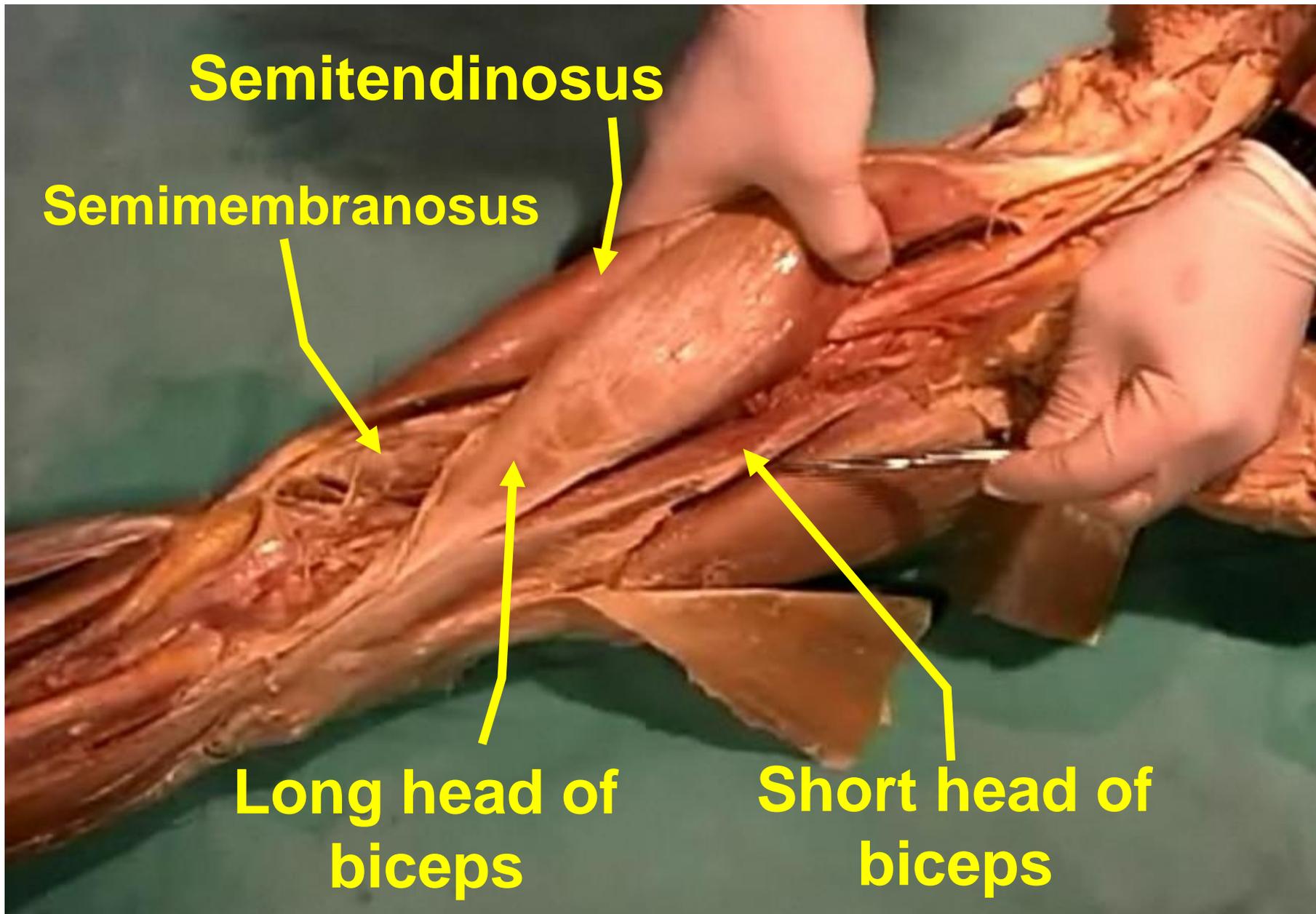
دكتورة من جامعة كولونيا المانيا

Dr. Youssef Hussein Anatomy اليوتيوب

جروب الفيس د. يوسف حسين (استاذ التشريح)

- Muscles of the posterior compartment of the thigh.
 - **Hamstrings** because they have a long course from origin to insertion form **cord** (**string**) descending down to the popliteal region (**Ham**).
 - **Origin** ischial tuberosity.
 - **Nerve:** **sciatic** nerve.
- ** Actions:**
- 1- Extension of the hip Joint
 - 2- Flexion of the knee joint.



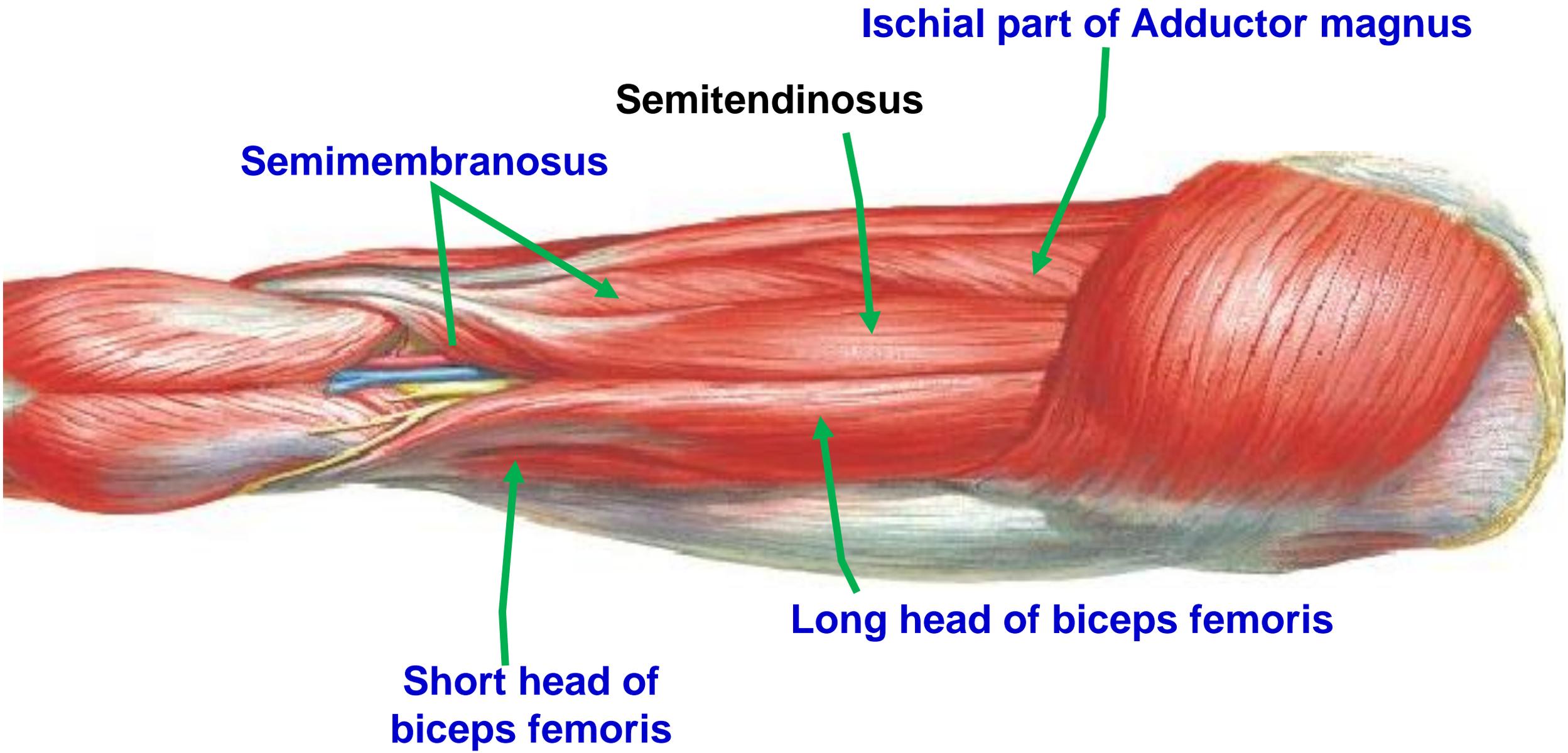


Semitendinosus

Semimembranosus

**Long head of
biceps**

**Short head of
biceps**



Ischial part of Adductor magnus

Semitendinosus

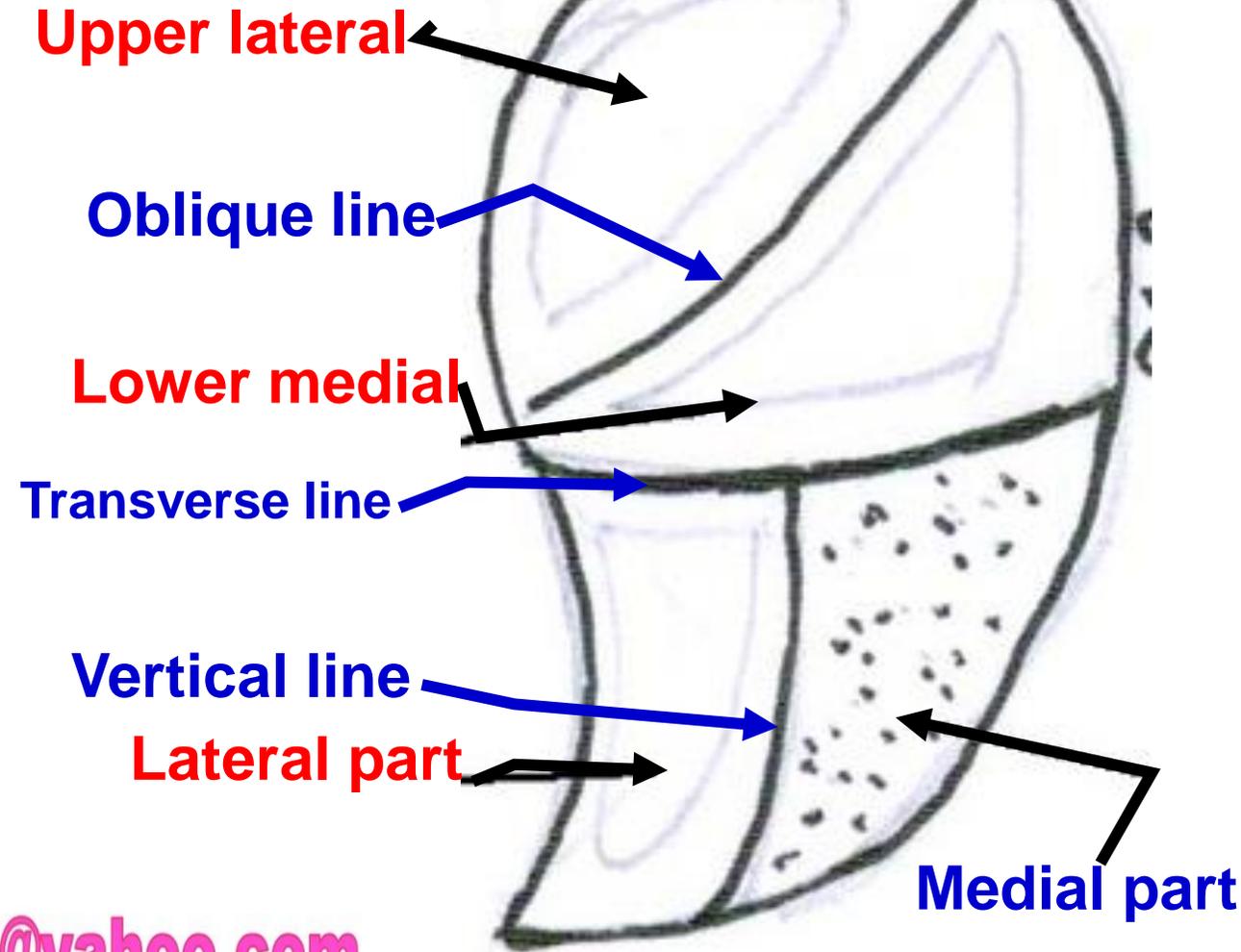
Semimembranosus

Long head of biceps femoris

Short head of biceps femoris

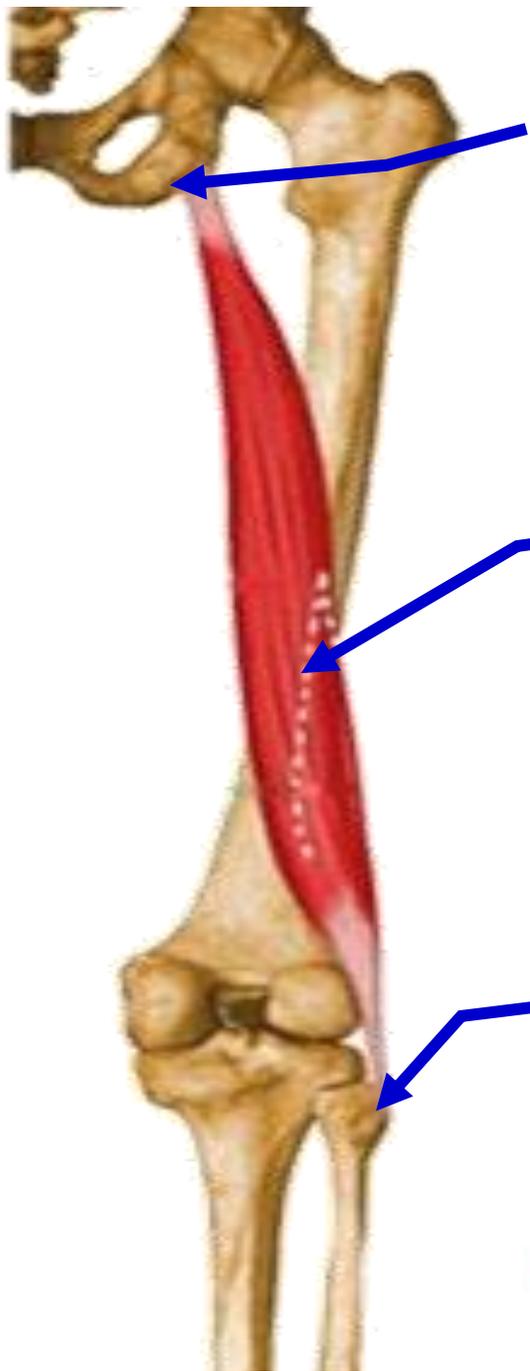
Origin of hamstring muscles

- Ischial tuberosity
- **Upper lateral part of the Upper area** (origin of semimembranosus)
- **Lower medial part of Upper area** (origin of semitendinosus and long head of biceps femoris) .
- **Lateral part of the lower area** (origin of ischial part of adductor magnus)



Left ischial tuberosity

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Origin of Long head of biceps (Lower medial part of Upper area)

Origin of Short head of biceps from lower part of the linea aspera and upper part of the lateral supracondylar line

Insertion of biceps apex of head (styloid process of the fibula)

- **Biceps Femoris**

**** Nerve supply:**

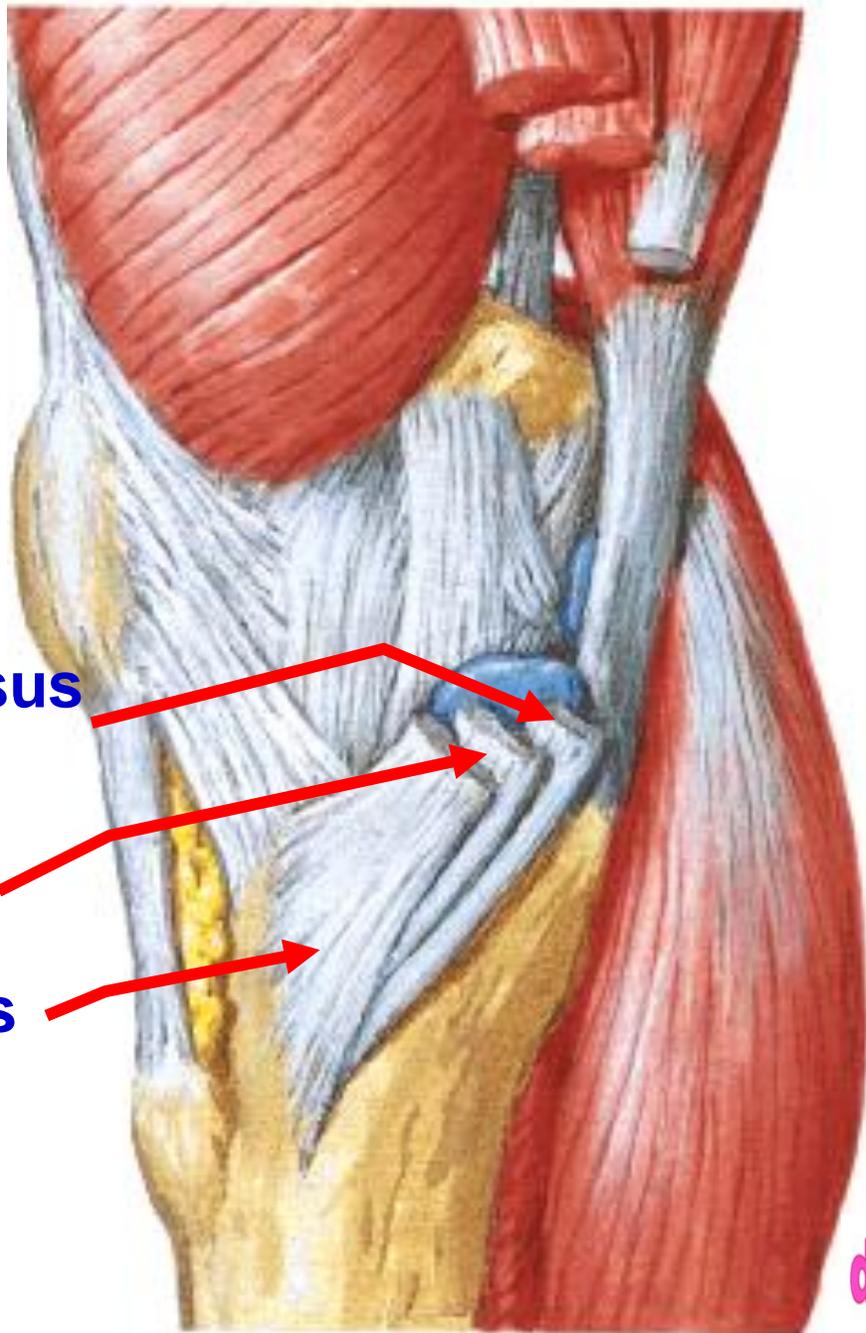
- 1- Long head by sciatic nerve.
- 2- Short head by sciatic nerve through common peroneal nerve.

**** Actions:**

- 1- Extension of the hip Joint (long head).
- 2- Flexion of the knee joint.

3- Only Lateral rotator of the semi flexed leg.

S
G
S



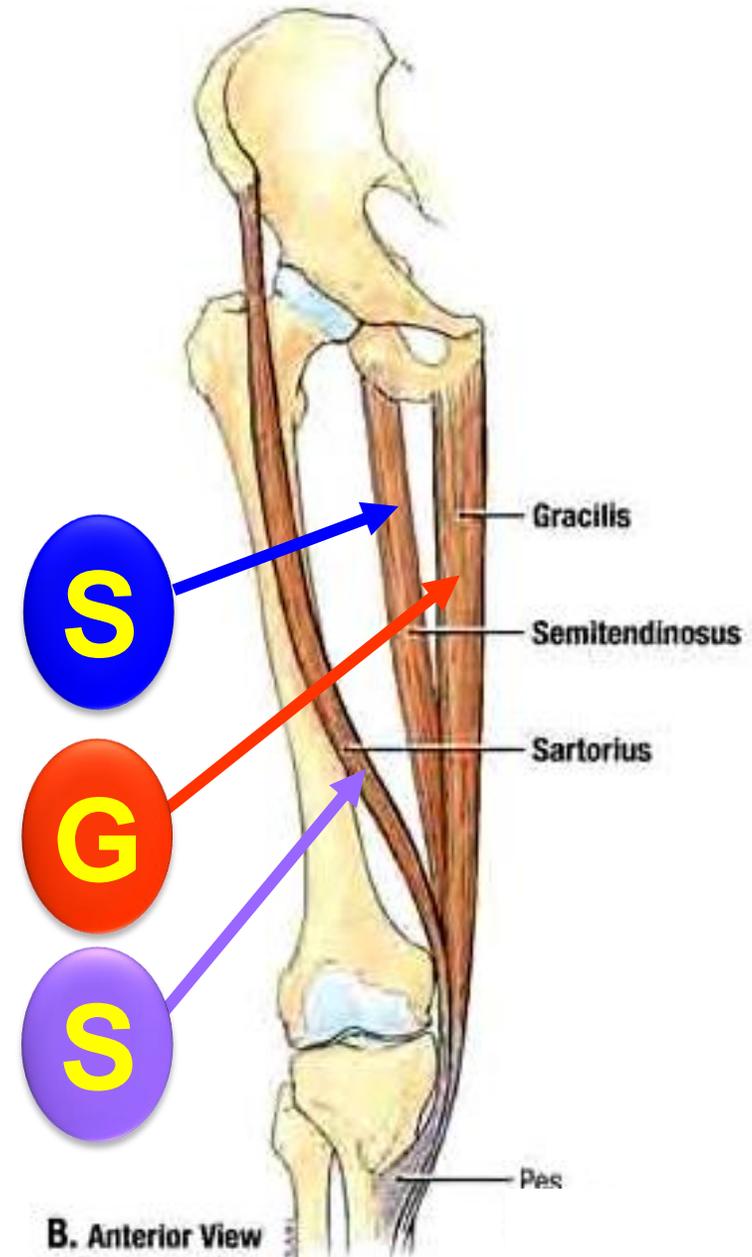
Semitendinosus

Gracilis

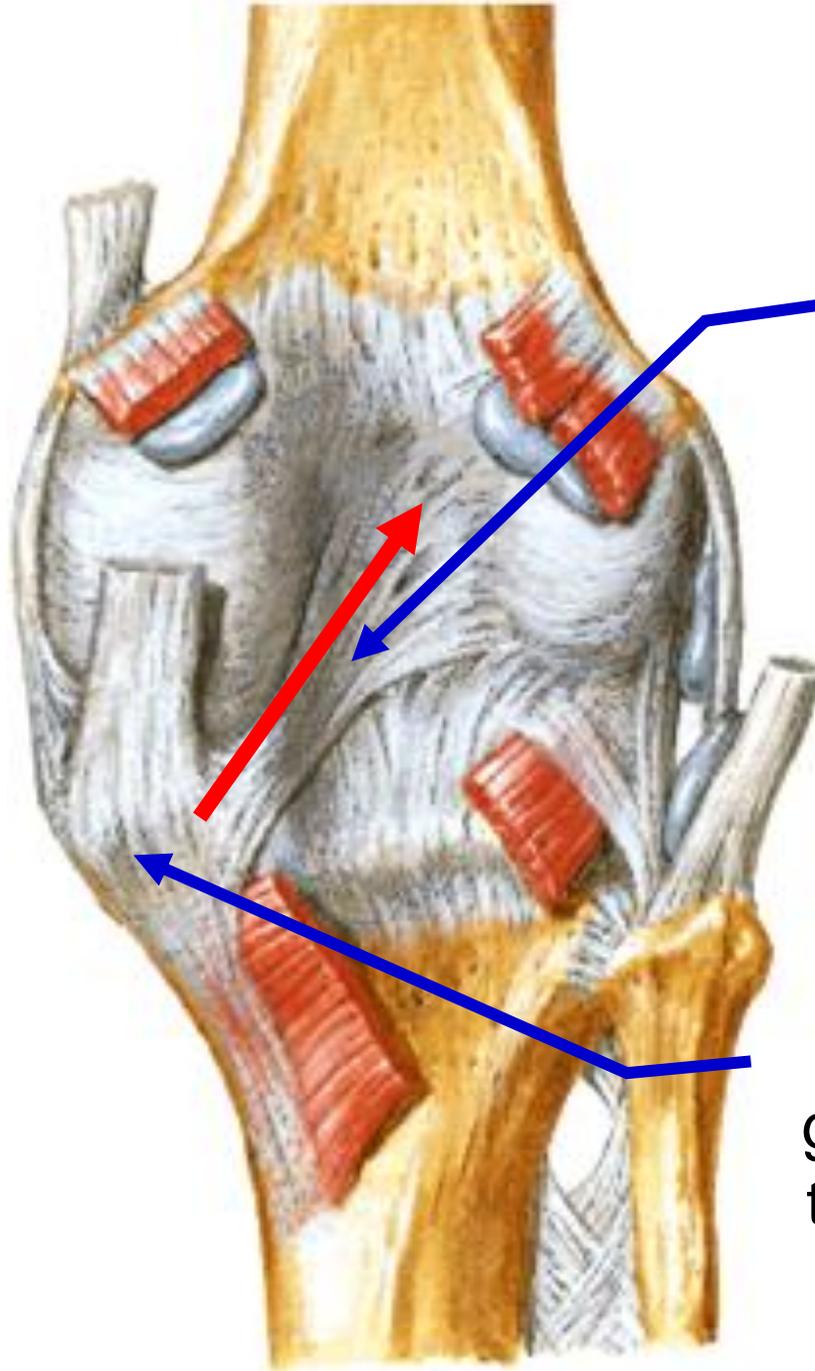
Sartorius

- **Insertion of Semitendinosus**
- **Pes anserinus** ("goose foot") refers to the conjoined tendons of three muscles (**S.G.S**) that **insert into upper part of the medial surface of the tibia** (sartorius, gracilis and semitendinosus from superficial to deep).

- Three muscles (SGS) form an inverted “**tripod**” with its base separated at the hip bone and its apex attached to upper part of the medial side of tibia
- Helping to stabilize the bony pelvis during standing.



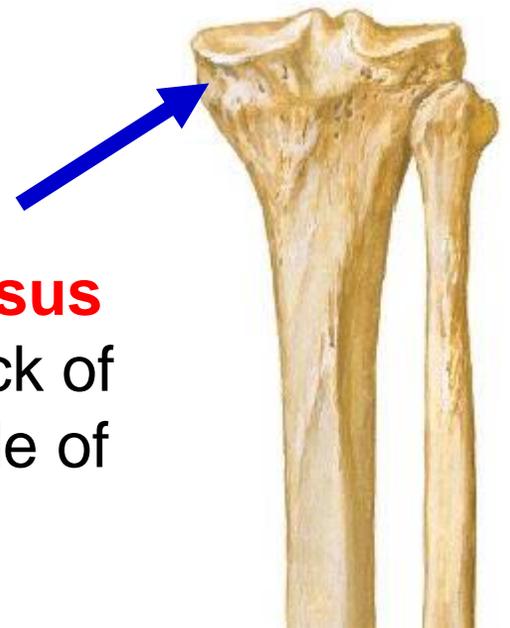
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Insertion of Semimembranosus

Some fibers are reflected upwards and laterally to form the **posterior oblique ligament** of knee joint.

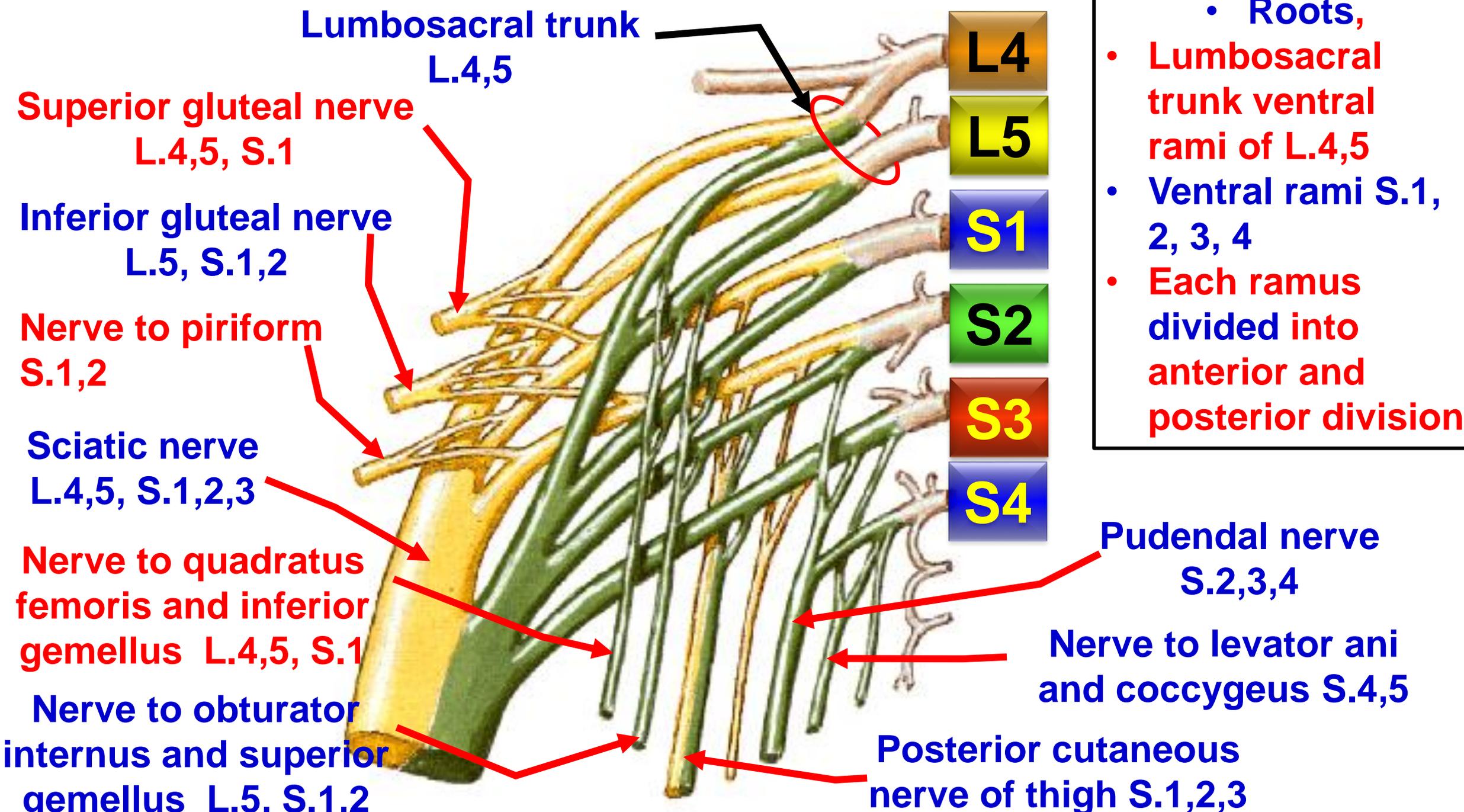
Insertion of Semimembranosus groove on the back of the medial condyle of the tibia.



- **Semitendinosus**
- **Semimembranosus**
- **Nerve supply** sciatic nerve.
- ** Actions:**
- 1- Extension of the hip Joint
- 2- Flexion of the knee joint.
- 3- Medial rotator of the semi flexed leg.**



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Posterior cutaneous nerve of thigh

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Posterior cutaneous nerve of the thigh

Gluteus maximus

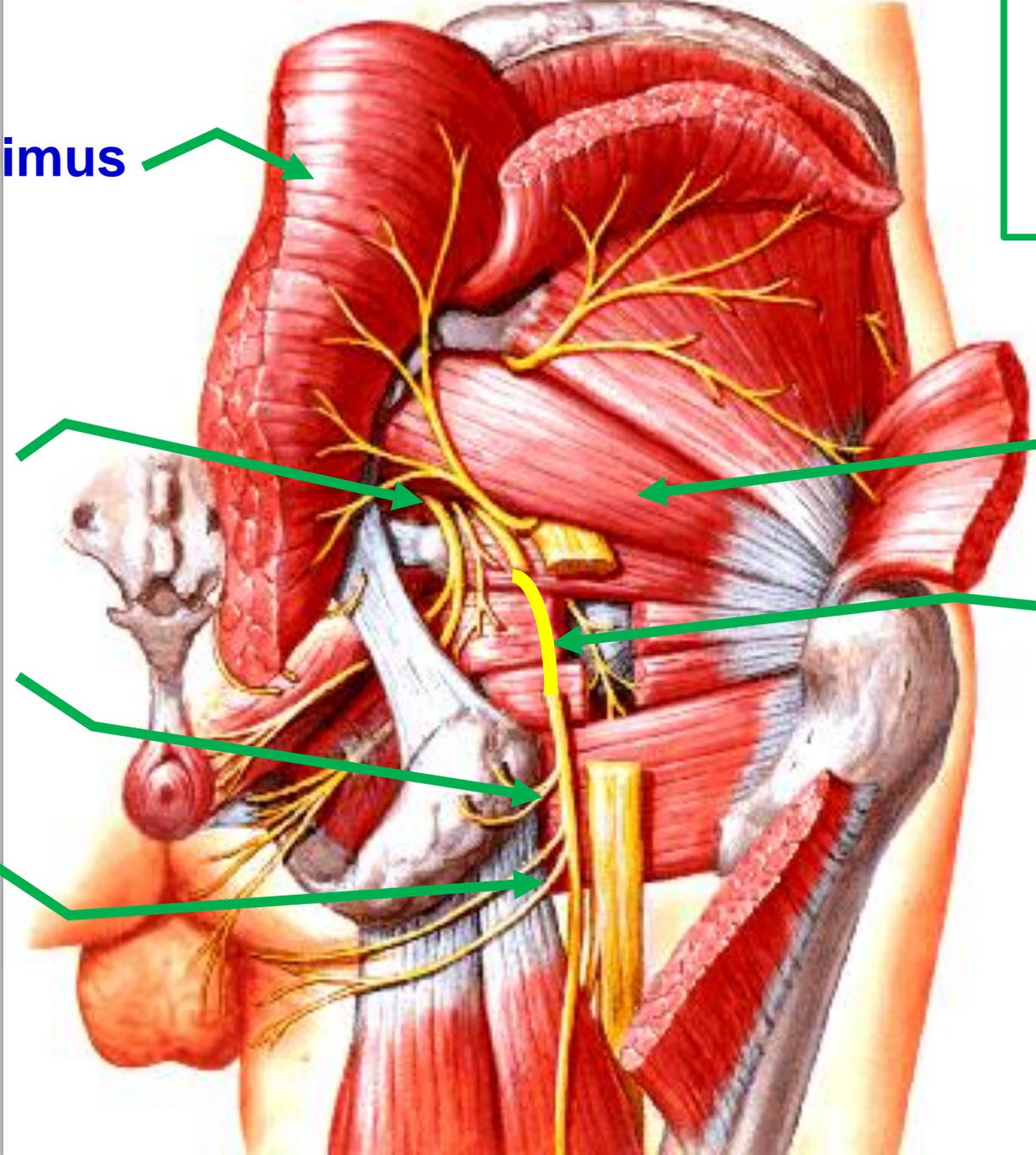
Greater sciatic foramen

Gluteal branch

Perineal branches

Piriform

Posterior cutaneous nerve of thigh



- **Posterior cutaneous nerve of the thigh (S1, 2, 3)**

* **Roots;** from anterior divisions (S.2,3) and posterior divisions (S.1,2) of sacral plexus.

* **Course and relations;**

- It comes out from the **greater sciatic foramen below the piriformis.**

- It descends **under cover of the gluteus maximus** then under cover of the **deep fascia in the back of the thigh.**

- It **pierces** the deep fascia covering the **popliteal fossa** and terminates by supplying the skin of the upper part of the calf.

- **It descends on** Superior gemellus muscle, Tendon of obturator internus muscle, Inferior gemellus muscle, Quadratus femoris muscle.

* **Branches:**

1- Gluteal branch to skin of lower part of the gluteal region.

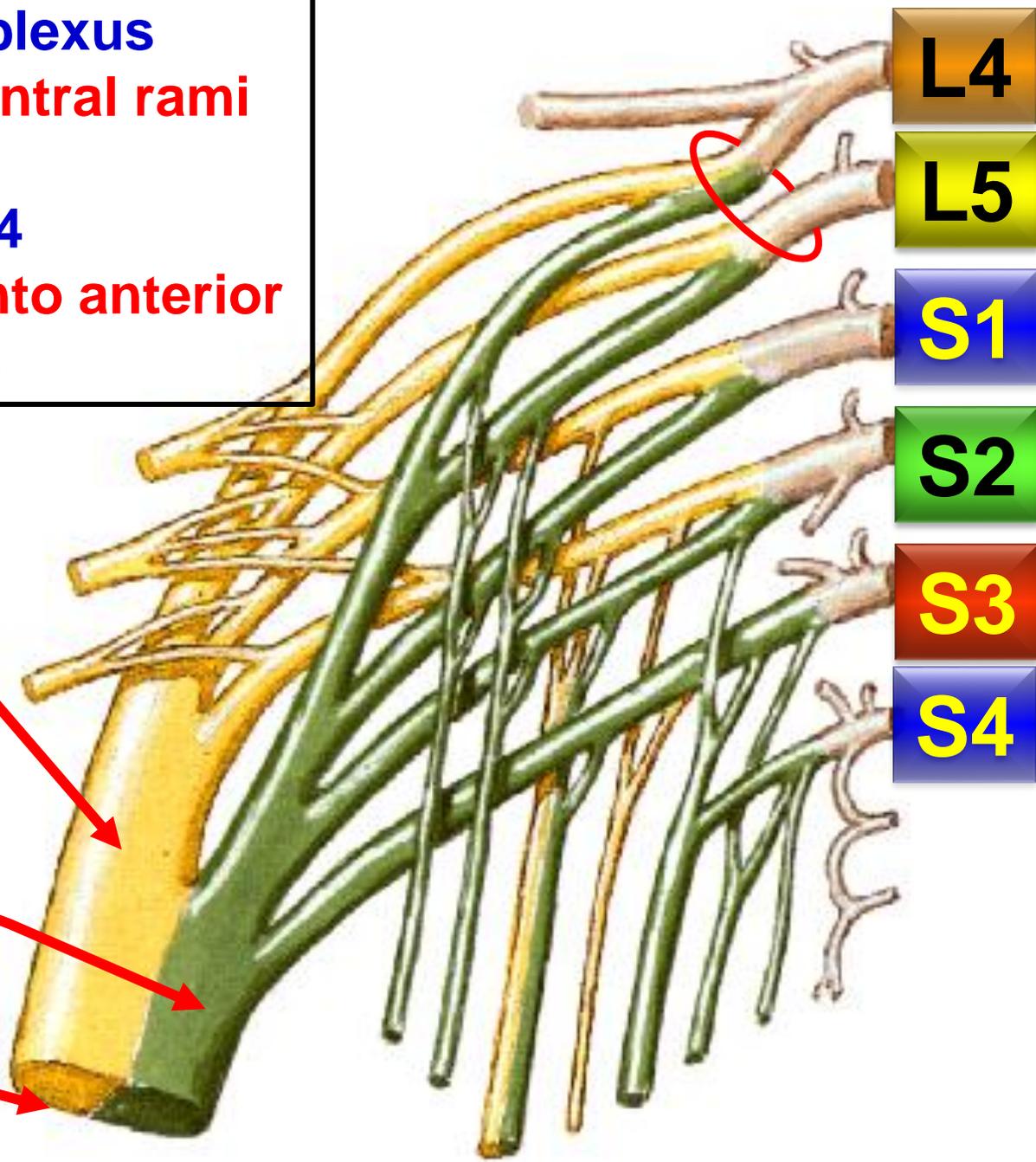
2- Perineal branch; to the skin of the perineum.

3- Cutaneous branches: to the back of the thigh, roof of the popliteal fossa and upper part of the calf.



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- **Roots of sacral plexus**
- **Lumbosacral trunk ventral rami of L.4,5**
- **Ventral rami S.1, 2, 3, 4**
- **Each ramus divided into anterior and posterior division**



Common peroneal (fibular) nerve L.4,5, S.1,2

Tibial nerve L.4,5, S.1,2,3

Sciatic nerve L.4,5, S.1,2,3

sciatic bed

Gluteus maximus

Piriform

Greater sciatic foramen

Sciatic nerve

Long head of biceps (lat)

Semitendinosus (med)

Semimembranosus (med)

Tibial nerve

1- Superior gemellus

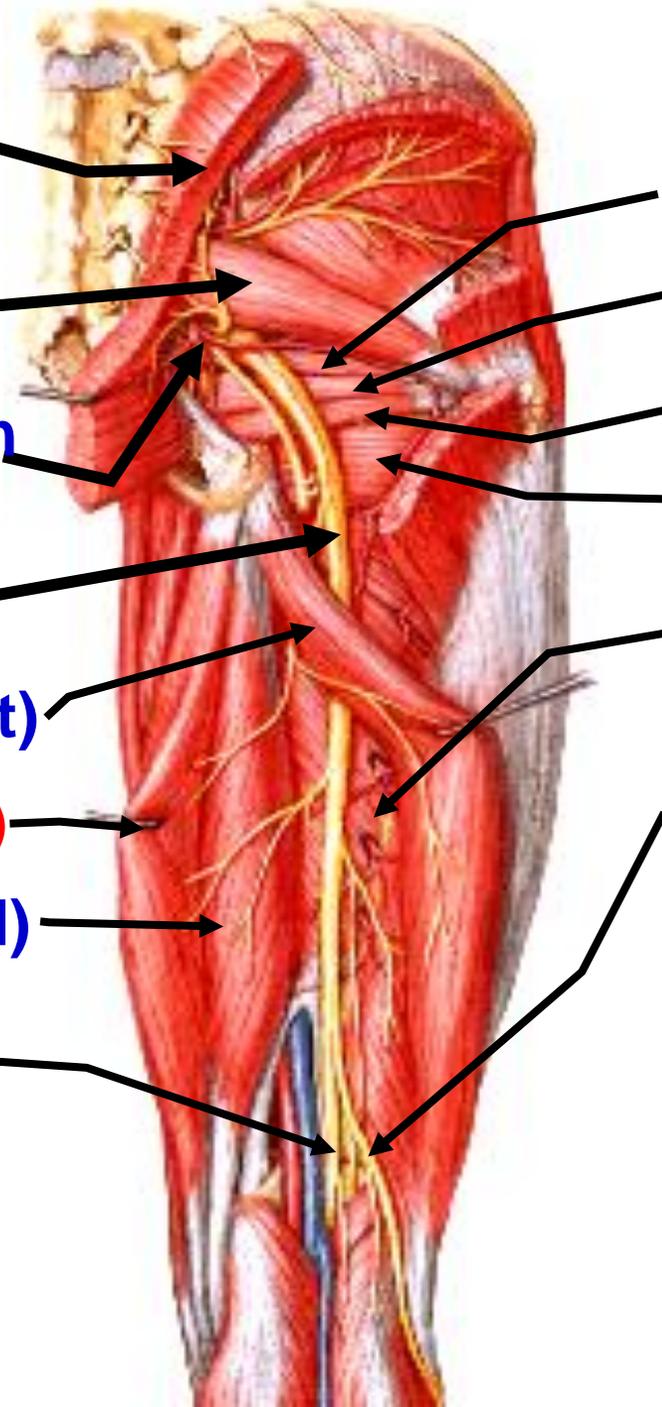
2- Obturator internus

3- Inferior gemellus

4- Quadratus femoris

5- Adductor magnus

Common peroneal nerve



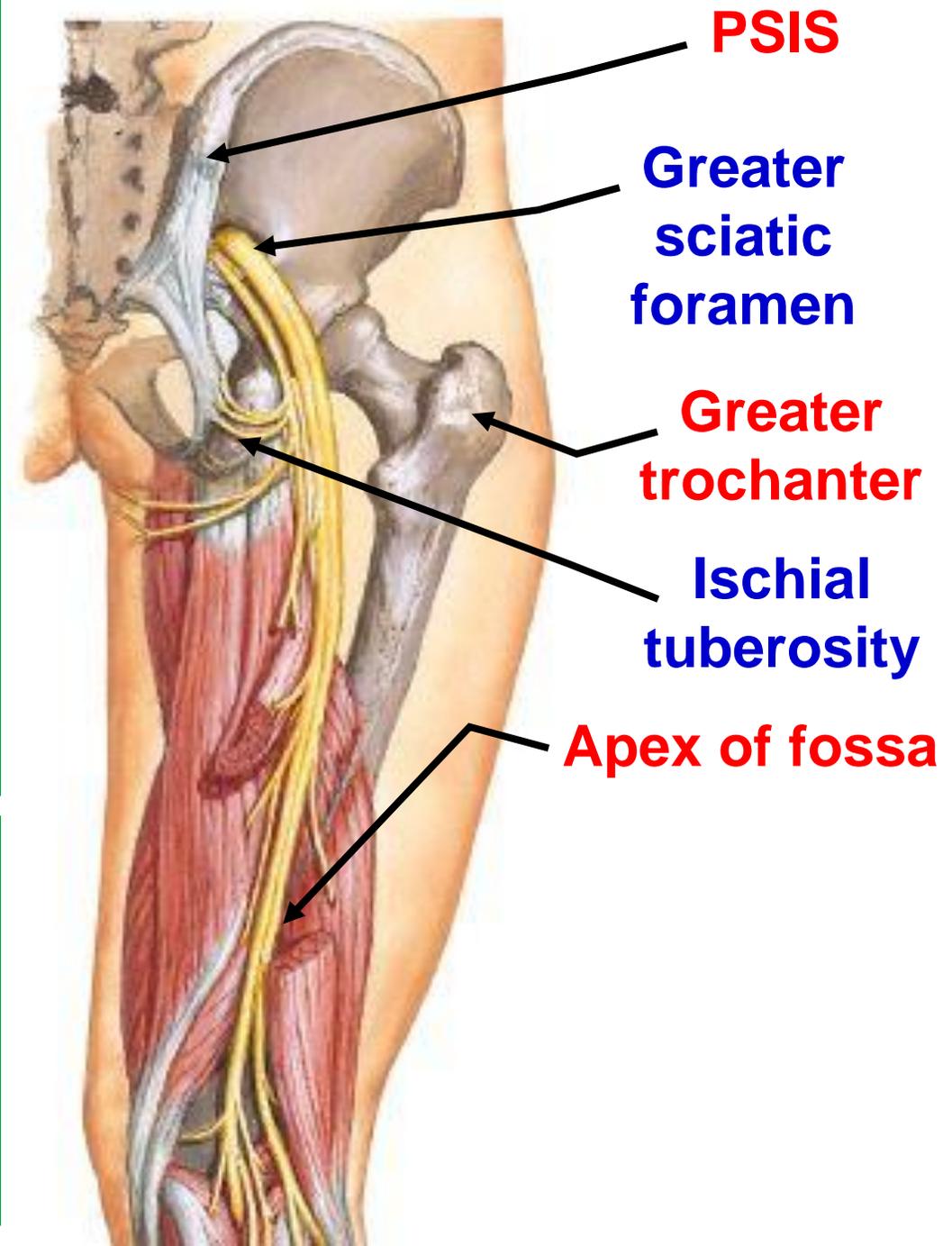
**** Surface marking of sciatic nerve**

1- A point at junction of upper 1/3 and lower 2/3 of a line between **posterior superior iliac spine** (PSIS) and **ischial tuberosity** (**Exit from greater sciatic foramen**).

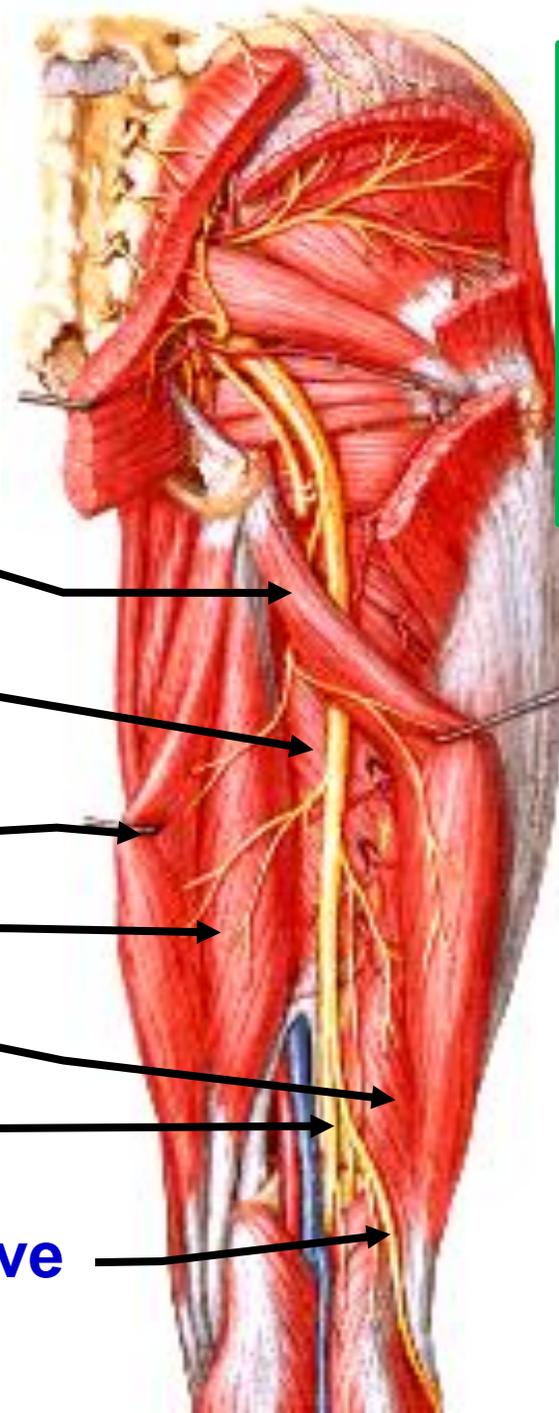
2- A point nearly **midway** between the **ischial tuberosity** and **greater trochanter**.

3- A point in the back of the thigh at the **apex of the popliteal fossa** where divided into tibial nerve and common peroneal nerve

**** During an above knee amputation**, The nerve is accompanied by an artery called **companion artery of sciatic nerve** (**a branch from inferior gluteal artery**). This artery must be ligated to avoid severe bleeding.



Branches of sciatic nerve



1- Muscular branches

2- Articular branches to the hip joint.

3- Terminal branches

1- Tibial nerve (medial).

2- Common peroneal nerve (lateral).

Long head of biceps

Ischial part of Adductor magnus

Semitendinosus

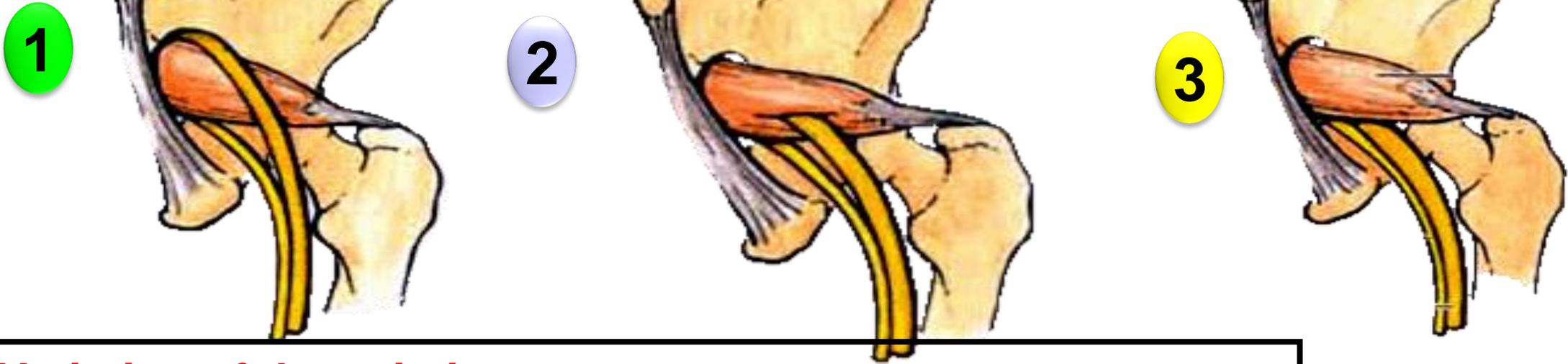
Semimembranosus

Short head of biceps

Tibial nerve

Common peroneal nerve

**** During operation the nerve exposed from the lateral side** because all muscular branches arise from **medial side** except branch to the **short head of the biceps**.



**** Variation of the sciatic nerve:**

- The nerve may leave the pelvis as two separate parts:

a- Tibial nerve passes **below** the piriformis muscle and takes course of the sciatic nerve.

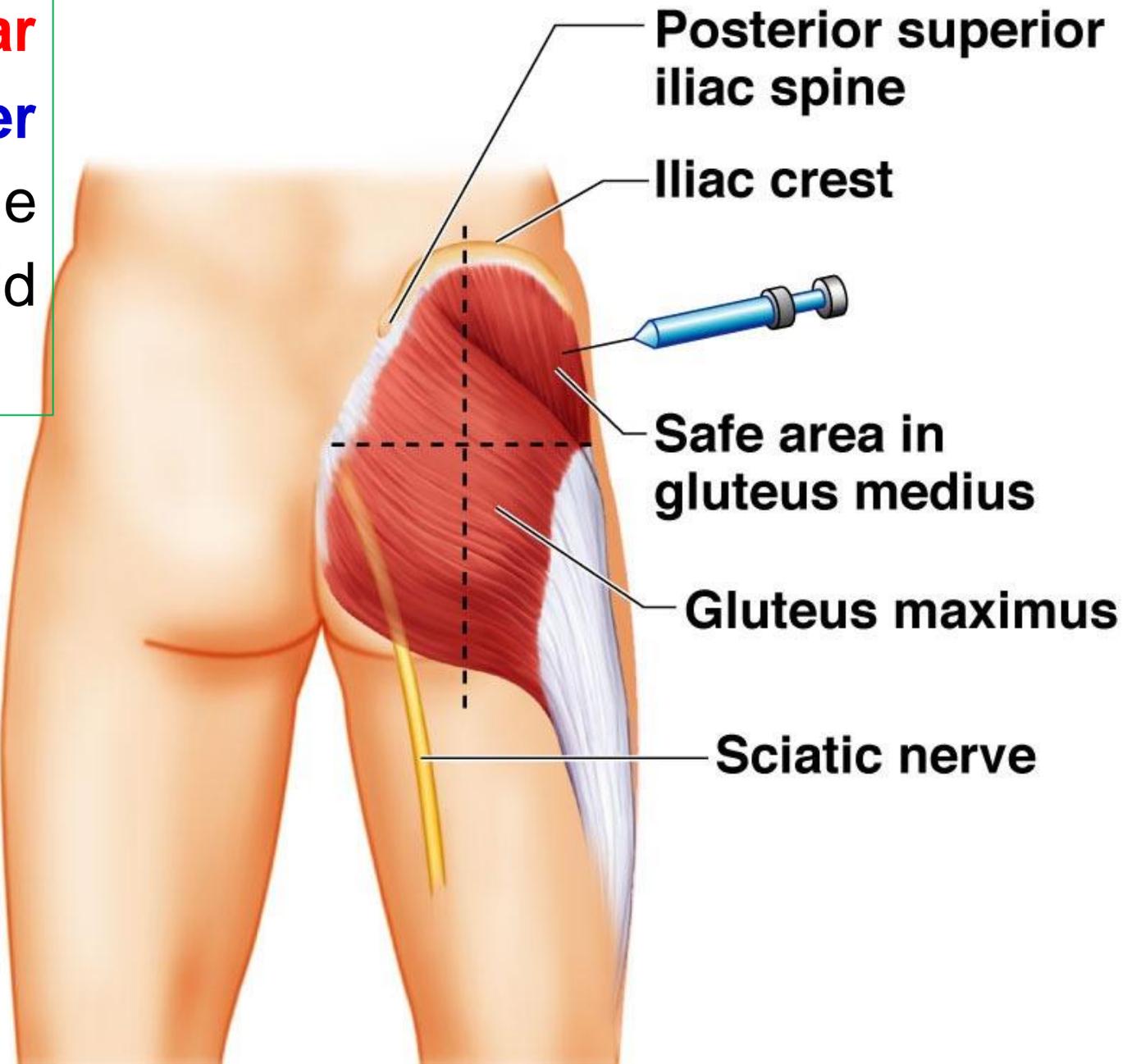
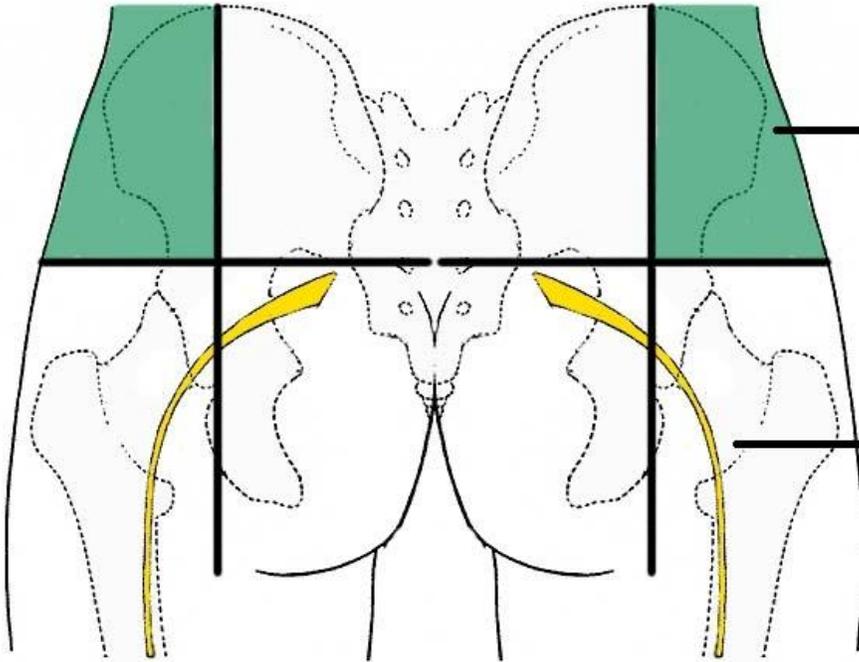
b- Common peroneal nerve passes **either**

1- Above the **piriformis** muscle.

2- Through the **piriformis** muscle.

3- Below the **piriformis** muscle..

**** Intramuscular Injections** in the **upper lateral quadrant** of the gluteal region to avoid Injection in **sciatic nerve**.



❖ Sciatica

- Sudden and severe pain in low back (lumbar)
- Pain radiates to buttock, down to back of leg and foot (along the nerve pathway)
- The pain vary widely, from a mild to sharp, burning sensation or severe pain.
- Sometimes it can feel like an electric shock.
- Numbness and tingling sensation along the nerve pathway
- Muscle weakness

❖ Injury of the sciatic nerve

1- Motor; foot drop (resulting from the effect of gravity)

a- Paralysis of the hamstring muscles.

c- Complete paralysis of all muscles of the leg and foot.

2- Sensory; Loss of cutaneous sensations of the leg and foot except

a- **Medial** side of leg and foot supplied by **saphenous** nerve (femoral N).

b- Upper part of calf supplied by **posterior cutaneous nerve** of the thigh.

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Popliteal fossa

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** Boundaries

**Upper
medial**

Semimembranosus

Semitendinosus

**Lower
medial**

**Medial head of
gastrocnemius**

Upper lateral

Biceps femoris

Plantaris

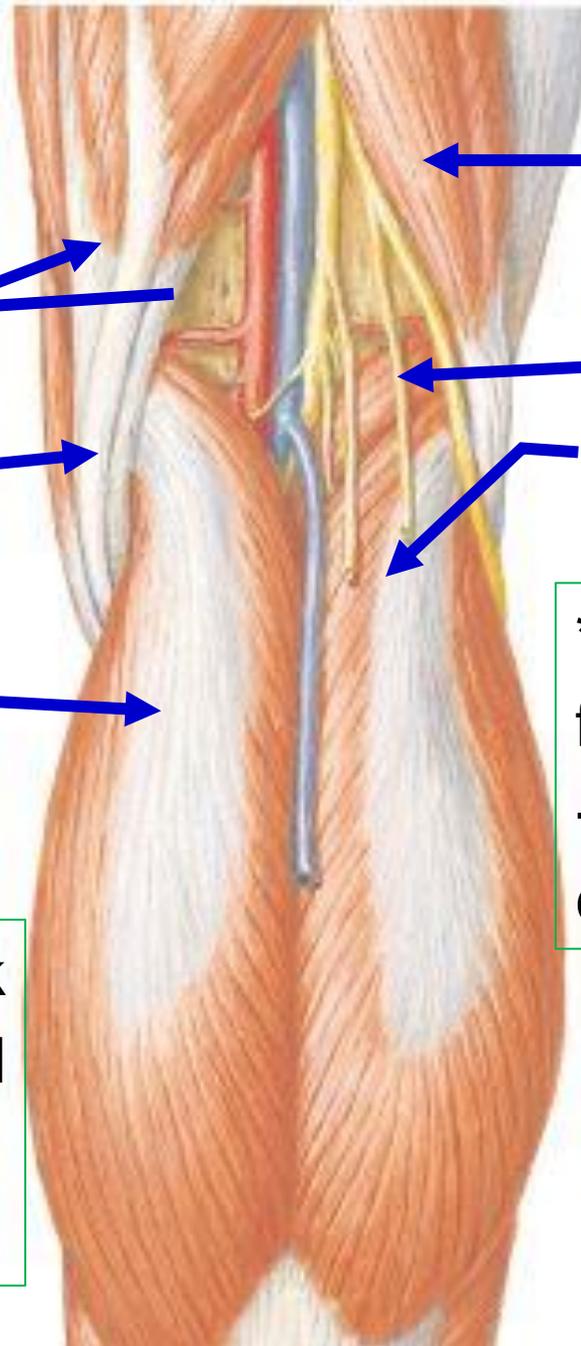
**Lateral head of
gastrocnemius**

**Lower
lateral**

**** Roof:** skin, superficial fascia and deep fascia.
- It is pierced by posterior cutaneous nerve of thigh

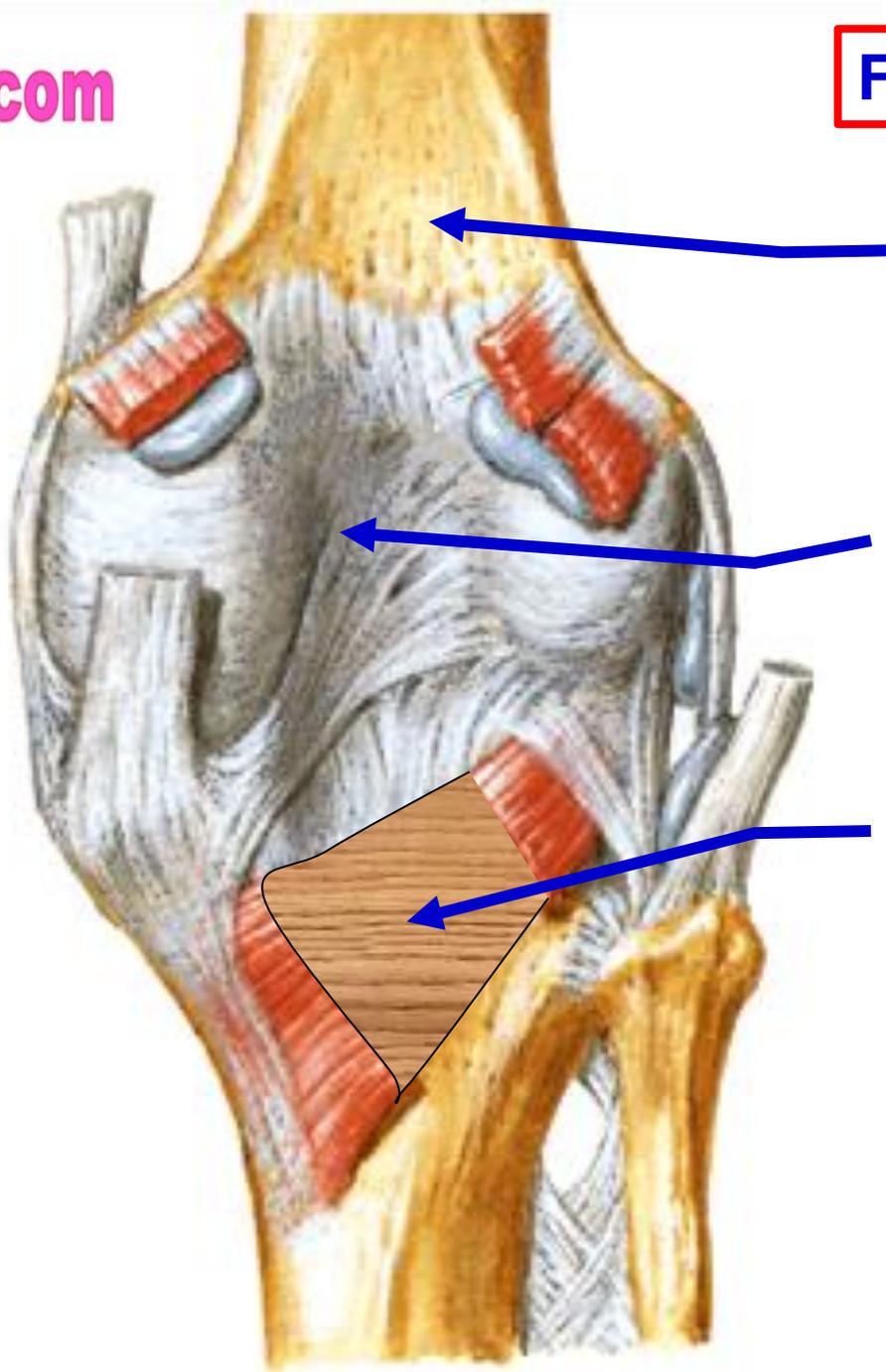
**** Site,** intermuscular space in the back of the lower part of the thigh, knee and upper part of the leg.

**** Shape,** diamond-shape.



Floor of popliteal fossa

- The distal border of the popliteus forms the lower limit of the fossa.
- When the knee is **flexed**: the fossa will **form a hollow** because the tendons of the upper boundaries stand away from the femur.
- When the knee is **extended**: the fossa bulge backward as the tendons lie close to the femur.



Upper part is formed by the popliteal surface of the femur.

Middle part is formed by the back of the capsule of knee joint.

Lower part is formed by the fascia covering the popliteus muscle.

Popliteal vein
Popliteal artery

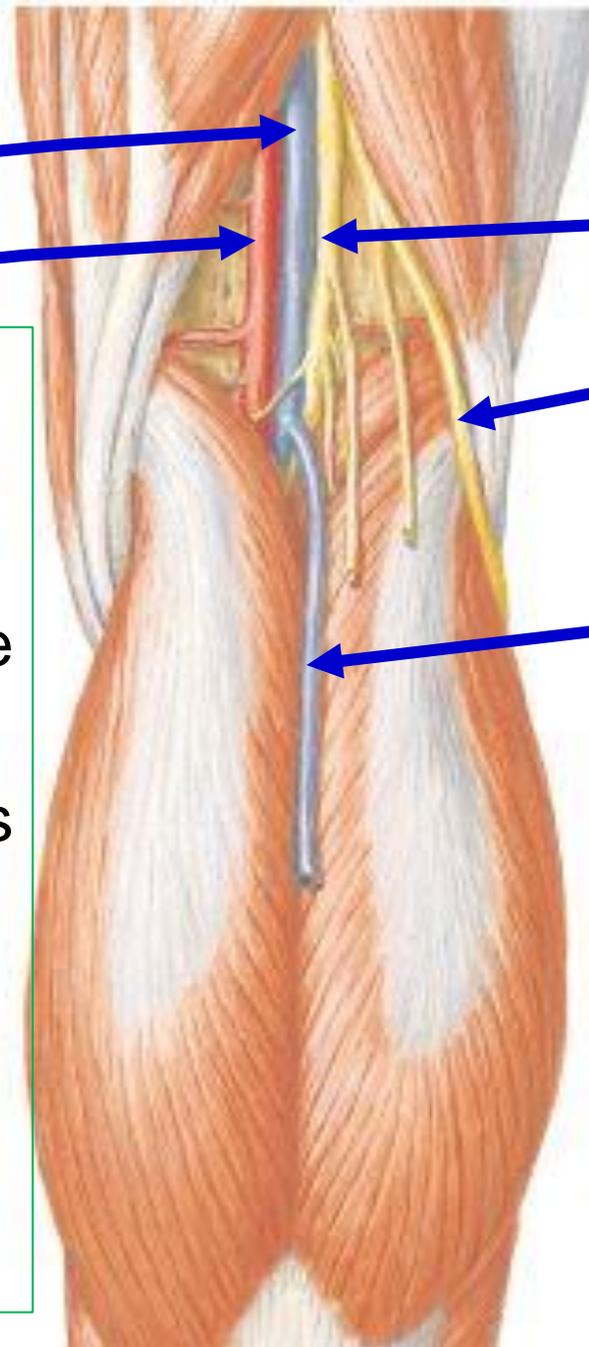
Tibial nerve

**Common
peroneal
nerve**

**Small
saphenous
vein**

**** Contents**

- 1- **Tibial nerve** and its branches.
- 2- **Common peroneal nerve** and its branches.
- 3- **Popliteal artery** and its branches (the deepest structures).
- 4- **Popliteal vein** and its tributaries (it lies superficial to the artery).
- 5- **Popliteal lymph nodes.**
- 6- **Popliteal fat.**
- 7- **Posterior cutaneous nerve of the thigh.**
- 8- **Small saphenous vein.**



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