

Drug / dose	Tab	Drop	Syrup	Injection	Elixir	Eff. Tab
Dextromethorphan	15 mg	4 mg / ml	15 mg / 5 ml			
Bromhexine	8 mg			4 mg / 5 ml	4 mg / 5 ml	
NAC	200 mg			200 mg / ml		600 mg
Guaifenesin			100 mg / 5 ml			

Guaifenesin (5 ml syrup = 1 teaspoonful “ ts “ = 100 mg)

	Teaspoonful dose	mg dose	Time	Maximum dose
Adult – 12 years	2 - 4 teaspoonful	200 - 400	Every 4 hours	2400 mg / 24 ts
12 years – 6 years	1 - 2 teaspoonful	100 - 200	Every 4 hours	1200 mg / 12 ts
6 years – 2 years	0.5 - 1 teaspoonful	50 - 100	Every 4 hours	600 mg / 6 ts
2 years – 6 months	0.25 - 0.5 teaspoonful	25 - 50	Every 4 hours	300 mg / 3 ts

Guaifenesin (5 ml syrup = 1 teaspoonful “ ts “ = 100 mg)

	Teaspoonful dose	mg dose	Time	Maximum dose
Adult – 12 years				
12 years – 6 years				
6 years – 2 years				
2 years – 6 months				

